




## Contact Plus Precautions

In addition to [Routine Practices](#)

(Note: diarrhea and/or vomiting **AND** gastroenteritis suspected)


Additional Precautions are sometimes necessary to protect everyone from the spread of infection. However, this should not interfere with the quality of care.

Remember to engage with your patients who are on Additional Precautions and be mindful of other strategies to prevent social isolation.




 	<h3>Accommodation</h3> <ul style="list-style-type: none"> <li>• Private room with bathroom.</li> <li>• <a href="#">Contact Plus Precautions</a> sign visible on entry to room or bed space.</li> <li>• Room door may remain open (close door if an aerosol generating medical procedure (AGMP) is in progress).</li> </ul> <p>Temporary Accommodation of Patients on Contact Plus Precautions (i.e. Emergency Room, Ambulatory Care areas, not including inpatient hallways) until private room becomes available:</p> <ul style="list-style-type: none"> <li>• Create a barrier to define the precautions space (i.e. privacy curtains or portable, wipe-able screen).</li> <li>• Ensure alcohol based hand rub (ABHR) <b>AND</b> hand washing sink is readily available at point of care.</li> <li>• The precaution space shall be treated as though it is a separate room.</li> <li>• Assign the isolated patient a dedicated commode at the bedside.</li> </ul>
	<h3>Hand Hygiene</h3> <ul style="list-style-type: none"> <li>• Perform hand hygiene using <a href="#">soap and water</a> as described in the <a href="#">4 Moments for Hand Hygiene</a> and when:             <ul style="list-style-type: none"> <li>• Hands are visibly soiled</li> <li>• Caring for patients with diarrhea and/or vomiting.</li> </ul> </li> <li>• If soap and water is not readily available, clean hands with <a href="#">ABHR</a> and wash with soap and water at first opportunity.</li> <li>• Perform hand hygiene before accessing and putting on gown and gloves.</li> <li>• Perform hand hygiene after taking off gloves and gown.</li> </ul>





	<ul style="list-style-type: none"> <li>• If reusable equipment cannot be dedicated to a single isolation patient, <a href="#">clean and disinfect</a> thoroughly between patients.</li> <li>• Rooms should contain a dedicated soiled linen hamper.</li> <li>• Do not share any items between patients that cannot be cleaned or disinfected (i.e. <a href="#">shared toys, puzzles, games and reading materials</a>).</li> <li>• Meal trays, dishes, and beverage containers <a href="#">do not require special handling</a>.</li> <li>• Facility showers should only be used when no other option is available, and only at the end of the day with thorough cleaning and disinfection after patient use. Use hospital approved cleaning and disinfection products to clean showers. Do not use bathing tubs until all symptoms have resolved.</li> <li>• On discharge discard single-use supplies that remain and launder unused linens.</li> </ul>
	<h2>Patient Ambulation Outside Room, Bed Space, or Transfer</h2> <ul style="list-style-type: none"> <li>• Notify the receiving area before departure of the need for Contact Plus Precautions.</li> <li>• Patients are to remain in their room or bed space unless required for diagnostic, therapeutic or ambulatory purposes.</li> <li>• Before patient leaves their room, educate or assist them to:             <ul style="list-style-type: none"> <li>• Perform hand hygiene</li> <li>• Put on a procedure/surgical mask</li> <li>• Put on clean clothing or hospital gown/housecoat or cover with a clean blanket.</li> <li>• Ensure dressings and incontinence products contain drainage.</li> </ul> </li> <li>• Hard surface medical chart covers should be wiped and stored to prevent soiling during transport (in plastic bag under stretcher or in wheelchair pocket).</li> </ul> <h3>Transport Staff:</h3> <ul style="list-style-type: none"> <li>• Use PPE according to the <a href="#">Contact Plus Precautions</a> sign on entry to the patient room.</li> <li>• On picking up patient use a <a href="#">Point of Care Risk Assessment</a> to assess the risk of patient contact during transport and choose to carry clean PPE if</li> </ul>



	<p>indicated. If used during transport, PPE is to be removed and hand hygiene performed when patient handling is complete.</p> <ul style="list-style-type: none"> <li>• At destination, don PPE on entry to room if patient handling is required and remove on exit followed by hand hygiene.</li> <li>• Clean and disinfect wheelchair/stretchers.</li> </ul>
	<h3>Patient Hygiene</h3> <p>Daily access to or assistance with:</p> <ul style="list-style-type: none"> <li>• Clean gown/clothes (additionally when soiled)</li> <li>• Linen change (sheets, pillowcase, towels, face cloth) (additionally when soiled)</li> <li>• Oral care</li> <li>• Bathing (including use of cleaning wipes and/or bath basin)</li> </ul>
	<h3>Family and Visitors</h3> <ul style="list-style-type: none"> <li>• Encourage family members and visitors to perform hand hygiene.</li> <li>• Instruct visitors to:             <ul style="list-style-type: none"> <li>• Put on and take off gown/gloves and perform hand hygiene if participating in patient care.</li> <li>• Keep visitors to a minimum.</li> </ul> </li> </ul>
	<h3>Environmental Cleaning</h3> <p>Room surfaces and equipment cleaning/disinfection is required on a daily basis or more frequently if directed by IPAC, using VCH approved cleaning and disinfection products and procedures for Contact Plus Precautions.</p> <p>After patient discharge or transfer:</p> <ul style="list-style-type: none"> <li>• Do not remove <a href="#">Contact Plus Precautions</a> sign until after settle time and environmental cleaning are complete.</li> <li>• Replace privacy curtains.</li> </ul>

