

VCH Physician Occupational Safety and Health



What is POSH?

The Physician Occupational Safety and Health (POSH) service was set up to help keep physicians safe and healthy throughout this crisis. POSH works closely with Public Health, as well as with Infection Prevention and Control (IPAC), and Employee Safety, Health and Wellness (ESHW). POSH is available to all VCH physicians.



Who are we?

POSH is staffed by physicians specializing in Public Health, Occupational Medicine, and Family Practice, assisted by senior medical students.

What does POSH do?



Answers questions about protective measures, exposures, symptoms, rationale for approaches, or physician well-being



Follows up on possible inadequately protected close contact with COVID+ patient or staff member



Communicates with physicians tested for COVID-19 and provide advice for their own health and that of others



Symptom monitoring to ensure protection of their own health and that of others.



Monitor occupational exposures to identify further needs, such as PPE, training, fit-testing or other guidance at individual, departmental or regional levels



Information sheets summarizing new evidence relevant specifically to protecting healthcare workers.

How to contact POSH?



POSH operates from 8 am to 8 pm Monday-Saturday.
Email POSH.COVID@UBC.CA and POSH will get back to you promptly.