

## Infection Prevention and Control (IPAC) Diseases and Conditions Table

Transmission Based Precautions and Recommendations for Management  
of Patients, Residents, and Clients in Vancouver Coastal Health Settings

June 17, 2025



# Territorial Acknowledgement

We wish to acknowledge that the land on which we gather is the traditional and unceded territory of the Coast Salish Peoples, including the Musqueam, Squamish, and Tsleil-Waututh Nations.

Vancouver Coastal Health is committed to delivering exceptional care to 1.25 million people, including the First Nations, Métis and Inuit, within the traditional territories of the Heiltsuk, Kitasoo-Xai'xais, Lil'wat, Musqueam, N'Quatqua, Nuxalk, Samahquam, shíshálh, Skatin, Squamish, Tla'amin, Tsleil-Waututh, Wuikinuxv and Xa'xtsa.



# Introduction

The Diseases and Conditions Table is a comprehensive reference manual to support staff with managing known or presumed infectious patients, clients or residents. The primary objective is to mitigate the risk of disease transmission to susceptible populations within healthcare settings including staff, patients, residents, clients and visitors.

This manual was developed using current evidenced-based sources, such as the British Columbia Centre for Disease Control (BCCDC), Public Health Agency of Canada (PHAC), academic literature, as well as subject matter experts, including physicians and infection control practitioners. The recommendations extend beyond the Acute Care hospital setting to include Ambulatory, Community, Long-Term Care, Mental Health and Pediatric settings, reflecting the diverse communities of care within the Vancouver Coastal Health (VCH) region.

This document provides guidance on the transmission characteristics of diseases, conditions, and microorganisms based on etiology or symptomology. Recommendations are provided on routine practices and appropriate additional precautions that can be implemented by frontline staff as required.

# Instructions For Use

This manual is organized in a table format, listing diseases, conditions, and microorganisms in alphabetical order by either their common or scientific name. The most current version of the electronic document will be available on the Infection Prevention and Control (IPAC) website.

## 1. Viewing a disease, condition, or microorganism in the Table:

- Use the alphabet at the bottom of the page to navigate to the first letter of the disease, condition, or microorganism you are looking for. This will take you to the index. Click the page you would like to see.

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## 2. If the disease, condition, or microorganism is not listed:

- Follow Routine Practices and if there are any questions or concerns, [contact IPAC](#).

## 3. For any disease, condition, or microorganism page:

- Any page that recommends Additional Precautions also includes the use of Routine Practices.
- Reportable diseases are taken from the Public Health Act Schedule of listed communicable diseases, last amended in March 2024. The most up to date version of the schedule is available online through the Ministry of Health or BCCDC.
- This manual uses public health case definitions for invasive disease, available through the BCCDC website.
- Additional Precautions signage and Routine Practices information sheets referenced in the table are colour coded and hyperlinked below:

- ◇ **Routine Practices**
- ◇ **Contact Precautions**
- ◇ **Contact Plus Precautions**
- ◇ **Droplet Precautions**
- ◇ **Droplet and Contact Precautions**
- ◇ **Airborne Precautions**
- ◇ **Airborne and Contact Precautions**
- ◇ **Enhanced Barrier Precautions for Long-Term Care**

- Routine practices refer to the minimum practices that should be used with all clients, patients or residents. All blood, body fluids, secretions, mucous membranes, non-intact skin, or soiled items must be considered potentially infectious. To prevent the spread of microorganisms, routine practices should be used routinely with all patients, residents, or clients at all times, in all healthcare settings, regardless of medical status.

[A](#) [B](#) [C](#) [D](#) [E](#) [F](#) [G](#) [H](#) [I](#) [J](#) [K](#) [L](#) [M](#) [N](#) [O](#) [P](#) [Q](#) [R](#) [S](#) [T](#) [U](#) [V](#) [W](#) [X](#) [Y](#) [Z](#)

- Consistently and appropriately using Routine Practices lessens the transmission risks in healthcare settings.
- Additional Precautions are used in addition to Routine Practices for individuals who have a known or presumed illness or microorganism that require an increased level of intervention to prevent transmission. The type of Additional Precautions used may differ depending on the healthcare setting and the population being served (e.g., acute, long-term care, community, pediatric, mental health, or high-risk units).
- Enhanced Barrier Precautions are measures designed to minimize the spread of organisms transmitted through direct or indirect contact, particularly during higher-risk, direct patient care activities in long-term care (e.g., toileting, dressing, bathing, etc.). Enhanced Barrier Precautions employs targeted Personal Protective Equipment (PPE) used during high contact resident care activities, in addition to routine practices.

For more information on Routine Practices, Additional Precautions, and Enhanced Barrier Precautions, please visit the [IPAC website](#).

Please [contact IPAC](#) or your local Medical Health Officer or designate with any questions.

# Index of Diseases and Conditions

## A

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Acinetobacter  
Acquired Immunodeficiency Syndrome (AIDS)  
Actinomycosis (*Actinomyces* spp.)  
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Adenovirus - Cystitis  
Adenovirus – Gastroenteritis  
Adenovirus - Respiratory Tract Infection  
Aeromonas spp., Enterotoxigenic *E. coli* (STEC)  
Alphavirus (multiple organisms)  
Amebiasis (*Entamoeba histolytica*)  
Anaplasmosis (*Anaplasma phagocytophilum*) & Ehrlichiosis (*Ehrlichia* spp.)  
Anthrax (*Bacillus anthracis*) - confirmed, probable or presumed case  
Antibiotic Resistant Organisms (ARO)  
Arboviruses – Arthropod-Borne Viruses  
Ascariasis  
Aspergillosis (*Aspergillus* spp.)  
Astrovirus  
Avian Influenza

## B

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Babesiosis  
Bacillus anthracis  
Bacillus cereus  
Bartonellosis (*Bartonella* spp.)  
Bedbugs  
BK Virus  
Blastomycosis (*Blastomyces dermatitidis*)  
Bocavirus  
Borrelia burgdorferi  
Borrelia spp.  
Botulism (*Clostridium botulinum*)  
Brucellosis (Undulant Fever, Malta Fever, Mediterranean Fever)  
Burkholderia cepacia complex (*Burkholderia* spp.)

## C

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Caliciviridae  
California encephalitis Virus  
California serogroup (CSG) Viruses (*Orthobunyavirus*)  
Campylobacter jejuni  
Candidiasis (*Candida* spp.)  
Candida auris Multi-drug Resistant (MDR)  
Carbapenemase Producing Organism (CPO)  
Cat-Scratch Fever (*Bartonella henselae*)  
Cellulitis, not yet diagnosed (NYD)

Chancroid (*Haemophilus ducreyi*)  
Chickenpox - Exposed Susceptible Contact  
Chickenpox - Known Case  
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Chlamydia pneumoniae  
Chlamydia psittaci  
Cholera (*Vibrio cholerae*)  
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Clostridium botulinum  
Clostridium perfringens (Food Poisoning)  
Clostridium perfringens (Gas Gangrene)  
Coccidioidomycosis (*Coccidioides* spp.)  
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Colorado Tick Fever (*Coltivirus*)  
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Conjunctivitis, Viral  
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Coronavirus, COVID-19 (SARS-CoV-2)  
Coronavirus, SARS & MERS  
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Cryptosporidiosis (*Cryptosporidium parvum*)  
Cyclosporiasis (*Cyclospora* spp.)  
Cystic Fibrosis (CF)  
Cytomegalovirus (CMV)

## D

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Dengue Fever (*Orthoflavivirus*)  
Diarrhea, not yet diagnosed (NYD)  
Diphtheria (*Corynebacterium diphtheriae*)

## E

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Eastern Equine (EEE) and Western Equine (WEE) Encephalitis (*Alphavirus*)  
Ebola Viral Disease (EVD) - Viral Hemorrhagic Fever (VHF)  
Echinococcosis  
Ehrlichiosis (*Ehrlichia* sp.)  
Encephalitis, not yet diagnosed (NYD)  
Endometritis, not yet diagnosed (NYD)  
Enterobiasis (*Enterobius vermicularis*)  
Enteroinvasive *E. coli* (EIEC)  
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Enteroviral Infections Non-Polio (Echovirus, Coxsackievirus)  
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Erysipelas  
Erythema infectiosum  
ESBL (Extended Spectrum Beta Lactamase producers)  
Escherichia coli O157: H7, Shiga-like toxin-producing E.coli (STEC)

## F

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Fever of unknown origin, Fever without focus  
Fifth Disease  
Food Poisoning

## G

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Gas Gangrene  
Group A Streptococcus (GAS) – Skin Infection  
Group A Streptococcus – Invasive (iGAS)  
Group A Streptococcus (GAS) – Scarlet Fever, Pharyngitis  
Group B Streptococcus  
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Giardiasis (*Giardia lamblia*)  
Gingivostomatitis  
Gonococcus (*Neisseria gonorrhoeae*)  
Granuloma inguinale (Donovanosis)  
Guillain-Barré Syndrome (GBS)

## H

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Haemophilus ducreyi  
Haemophilus influenzae (Hi) – invasive & non-invasive  
Hand, Foot and Mouth Disease  
Hantavirus  
Helicobacter pylori  
Hemolytic Uremic Syndrome (HUS)  
Hepatitis A Virus (HAV) & Hepatitis E Virus (HEV)  
Hepatitis B Virus (HBV), Hepatitis C Virus (HCV) & Hepatitis D Virus (HDV)  
Hepatitis of unknown etiology  
Herpangina (Enteroviruses)  
Herpes Simplex Virus, type 1 & 2 (HSV1 & 2) - Disseminated or extensive lesions  
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Histoplasmosis (*Histoplasma capsulatum*)  
Hook Worm (*Necator americanus*, *Ancylostoma Duodenale*)  
Human Herpes Virus 6 and 7 (Sixth Disease)  
Human Immunodeficiency Virus (HIV)  
Human Metapneumovirus  
Human Papillomaviruses (HPV)  
Human T-cell Leukemia Virus (HTLV-I) & Human T-Lymphotropic Virus (HTLV-II)

## I

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Impetigo  
Infectious Mononucleosis  
Influenza - Avian  
Influenza – New Pandemic Strain  
Influenza – Seasonal

## J

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Jamestown Canyon Virus

## K

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Kawasaki Disease  
*Klebsiella granulomatis*

## L

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La Crosse Virus  
Lassa Fever (Lassa Virus)  
Legionellosis (*Legionella* spp.)  
Leprosy (Hansen's Disease) (*Mycobacterium leprae*, *Mycobacterium lepromatosis*)  
Leptospirosis (*Leptospira* sp.)  
Lice, Head Lice & Pubic Lice/Crab Lice  
Listeriosis (*Listeria monocytogenes*)  
Lyme disease (*Borrelia burgdorferi*)  
Lymphocytic Choriomeningitis (LCM) Virus  
Lymphogranuloma Venereum

## M

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Malaria (*Plasmodium* spp.)  
Marburg Virus  
Measles (Rubeola)  
Measles (Rubeola) - Exposed Susceptible Contact  
Meloidosis (*Burkholderia pseudomallei*)  
Meningitis, not yet diagnosed (NYD)  
Meningococcal Disease (*Neisseria meningitidis*)  
MERS CoV (Middle East Respiratory Syndrome Coronavirus)  
Methicillin Resistant *Staphylococcus aureus* (MRSA)  
Methicillin-sensitive *Staphylococcus aureus* - Pneumonia (MSSA)

Methicillin-sensitive *Staphylococcus aureus* - Skin Infection (MSSA)  
Molluscum Contagiosum  
Mononucleosis  
Mpox  
Mucormycosis (Zygomycosis, Phycomycosis)  
Multi-Drug Resistant Gram Negative Bacilli  
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Mumps – Exposed Susceptible Contact  
Mycobacterium - Nontuberculous Mycobacterium (NTM)  
Mycobacterium tuberculosis (TB) - Extrapulmonary Disease  
Mycobacterium tuberculosis (TB) - Pulmonary Disease  
Mycoplasma pneumoniae

## N

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Necrotizing Enterocolitis (NEC)  
Necrotizing Fasciitis  
*Neisseria gonorrhoeae*  
*Neisseria meningitidis*  
Nocardiosis (*Nocardia* spp.)  
Nontuberculous mycobacterium (NTM)  
Norovirus (Norwalk virus)

## O

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Orf – Parapoxvirus  
Orthobunyavirus  
Orthonairovirus  
Orthoflavivirus (multiple organisms)

## P

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Parainfluenza Virus  
Parvovirus B19  
Pertussis (*Bordetella pertussis*)  
Pharyngitis, not yet diagnosed (NYD)  
Phlebovirus  
Pinworm (*Enterobius vermicularis*)  
Plague – Bubonic (*Yersinia pestis*)  
Plague – Pneumonic (*Yersinia pestis*)  
Pleurodynia (Group B Coxsackieviruses)  
*Pneumocystis jirovecii* pneumonia (PJP - formerly *Pneumocystis carinii* pneumonia PCP)  
Pneumonia, not yet diagnosed (NYD)  
Poliomyelitis (Poliovirus)  
Powassan Virus (*Orthoflavivirus*)  
Prion Disease  
Pseudomembranous colitis  
*Pseudomonas aeruginosa*  
Psittacosis (*Ornithosis*)  
Puerperal sepsis

## Q

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Q Fever (*Coxiella burnetii*)

## R

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Rabies

Ramsay Hunt Syndrome (Herpes Zoster Oticus)

Rash, not yet diagnosed (NYD)

Rat-bite fever

Relapsing Fever (*Borrelia* spp.)

Respiratory Tract Infection, not yet diagnosed (NYD)

Rhinovirus

Rickettsial Diseases

Rickettsialpox (*Rickettsia akari*)

Rift Valley Fever (*Phlebovirus*)

Ringworm

Ritter's Disease

Rocky Mountain Spotted Fever (*Rickettsia rickettsii*)

Roseola Infantum

Rotavirus

Roundworm (*Ascaris* spp.)

Roundworm (*Trichinella* spp.)

RSV – Respiratory Syncytial Virus

Rubella (German Measles) – Acquired

Rubella – Congenital

Rubella (German measles) – Exposed Susceptible Contact

Rubeola

Rubeola - Exposed susceptible Contact

## S

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Saint Louis Encephalitis (*Orthoflavivirus*)

Salmonellosis (*Salmonella* spp.) – Non-typhoidal *Salmonella*

Sapovirus

SARS CoV (Severe Acute Respiratory Syndrome Coronavirus)

Scabies (*Sarcoptes scabiei*)

Scarlet Fever

Schistosomiasis (*Schistosoma* spp.)

*Shigella* (*Shigella* spp.), Enteroinvasive *E. coli* (EIEC)

Shingles - Disseminated

Shingles - Exposed Susceptible Contact

Shingles - Localized Rash

Smallpox (*Variola* Virus)

Snowshoe Hare Virus

Sporotrichosis (*Sporothrix schenckii*)

Staphylococcal Scalded Skin Syndrome (SSSS)

*Staphylococcus aureus*, Methicillin-resistant (MRSA)

*Staphylococcus aureus* – Food Poisoning (Toxin Mediated)  
*Staphylococcus aureus*, Methicillin-sensitive – Pneumonia (MSSA)  
*Staphylococcus aureus*, Methicillin-sensitive – Skin infection (MSSA)  
*Staphylococcus aureus* - Toxic Shock Syndrome  
*Stenotrophomonas maltophilia*  
*Streptobacillus moniliformis*, *Spirillum minus*  
*Streptococcus agalactiae* (Group B Streptococcus)  
*Streptococcus pyogenes* (Group A Streptococcus) - Skin Infection  
*Streptococcus pyogenes* (Group A Streptococcus) - Invasive  
*Streptococcus pyogenes* (Group A Streptococcus) - Scarlet Fever, Pharyngitis  
*Streptococcus pneumoniae* (Pneumococcus)  
*Strongyloidiasis* (*Strongyloides stercoralis*)  
*Syphilis* (*Treponema pallidum*)

## T

Tapeworm Diseases  
 Tetanus (*Clostridium tetani*)  
 Tinea – (*Trichophyton* sp., *Microsporum* sp., *Epidermophyton* sp.)  
 Toxic Shock Syndrome (TSS) (*Clostridium sordellii*)  
 Toxocariasis (*Toxocara canis*, *Toxocara cati*)  
 Toxoplasmosis (*Toxoplasma gondii*)  
 Trachoma (*Chlamydia trachomatis*)  
 Trench Fever (*Bartonella quintana*)  
 Trench Mouth  
 Trichinosis (Roundworm - *Trichinella* spp.)  
 Trichomoniasis (*Trichomonas vaginalis*)  
 Trichuriasis (*Trichuris trichiura*)  
 Tuberculosis – Extrapulmonary Disease (EPTB)  
 Tuberculosis (TB) – Pulmonary Disease  
 Tularemia (*Francisella tularensis*)  
 Typhoid or Paratyphoid Fever – (*Salmonella* Typhi, *Salmonella* Paratyphi)  
 Typhus fevers

## U

No organisms at this time

## V

Vancomycin-Resistant Enterococcus (VRE)  
 Vancomycin-Resistant *Staphylococcus aureus* (VRSA) &  
 Vancomycin-Intermediate *Staphylococcus aureus* (VISA)  
 Varicella Zoster Virus: Chickenpox – Known Case  
 Varicella Zoster Virus: Chickenpox or Herpes Zoster (Shingles) – Exposed Susceptible Contact  
 Varicella Zoster Virus: Herpes Zoster (Shingles) – Disseminated  
 Varicella Zoster Virus: Herpes Zoster (Shingles) Localized Rash  
 Varicella Zoster Virus: no visible lesions

Variola Virus (Smallpox)  
Vibrio cholerae  
Vibrio paraheamolyticus Enteritis  
Vincent's Angina (Acute Necrotizing Ulcerative Gingivitis)  
Viral Hemorrhagic Fever (VHF), not yet diagnosed (NYD)  
Vomiting, not yet diagnosed (NYD)

## W

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West Nile Virus (*Orthoflavivirus*)  
Western Equine Encephalitis (WEE)  
Whipworm (*Trichuris Trichiura*)  
Whooping Cough

## X

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No organisms at this time

## Y

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Yaws (*Treponema pallidum* subspecies *pertenue*)  
Yellow Fever (*Orthoflavivirus*)  
Yersinia Pestis  
Yersiniosis (*Yersinia* spp.)

## Z

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Zika Virus (*Orthoflavivirus*)  
Zygomycosis (Phycomycosis, Mucormycosis)

**Acinetobacter****CLINICAL PRESENTATION**

Colonization or infection at any body site

**INFECTIOUS SUBSTANCES**

Colonized or infected secretions and excretions

**HOW IT IS TRANSMITTED**

Direct contact, indirect contact

**PRECAUTIONS NEEDED****ACUTE CARE****Routine Practices****LONG-TERM CARE****Routine Practices****COMMUNITY****Routine Practices****PEDIATRICS****Routine Practices****DURATION OF PRECAUTIONS**

Additional Precautions may be used at the discretion of IPAC.

**INCUBATION PERIOD**

Variable

**PERIOD OF COMMUNICABILITY**

While organism is present

**COMMENTS**

- If reported as Carbapenemase Producing Organism, see [CPO](#).

## Actinomycosis (*Actinomyces* spp.)

CLINICAL PRESENTATION	
Cervicofacial, thoracic or abdominal infection (painful abscesses)	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Endogenous oral flora	No human-to-human transmission
PRECAUTIONS NEEDED	
ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices
DURATION OF PRECAUTIONS	
Not applicable	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable	Not applicable
COMMENTS	
<ul style="list-style-type: none"> <li>Normal flora.</li> <li>Infection is usually secondary to trauma.</li> </ul>	

## Adenovirus - Conjunctivitis

Also known as “epidemic keratoconjunctivitis (EKC)” or “Pink Eye”

### CLINICAL PRESENTATION

Conjunctivitis (swelling, redness and soreness of the whites of the eyes, watery discharge, itching)

#### INFECTIOUS SUBSTANCES

Discharge from eyes

#### HOW IT IS TRANSMITTED

Direct contact, indirect contact

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Contact Precautions**

#### LONG-TERM CARE

**Contact Precautions**

#### COMMUNITY

**Contact Precautions**

#### PEDIATRICS

**Contact Precautions**

### DURATION OF PRECAUTIONS

Until symptoms resolve

#### INCUBATION PERIOD

Late in incubation period until 14 days after onset

#### PERIOD OF COMMUNICABILITY

Until acute symptoms resolve

### COMMENTS

- Careful attention to aseptic technique and reprocessing of ophthalmology equipment is required.

## Adenovirus - Cystitis

### CLINICAL PRESENTATION

Urinary tract infection (pain/burning during urination, frequency, urgency, suprapubic/back pain)

#### INFECTIOUS SUBSTANCES

Urine

#### HOW IT IS TRANSMITTED

Direct contact, indirect contact

### PRECAUTIONS NEEDED

#### ACUTE CARE

Routine Practices

#### LONG-TERM CARE

Routine Practices

#### COMMUNITY

Routine Practices

#### PEDIATRICS

Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

#### INCUBATION PERIOD

Late in incubation period until 14 days after onset

#### PERIOD OF COMMUNICABILITY

Until acute symptoms resolve

### COMMENTS

## Adenovirus – Gastroenteritis

CLINICAL PRESENTATION		
Diarrhea		
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED
Feces		Direct contact, indirect contact, fecal-oral
PRECAUTIONS NEEDED		
ACUTE CARE	Routine Practices	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"><li>• Incontinent</li><li>• Stool not contained</li><li>• Poor hygiene</li><li>• Contaminating their environment</li></ul>
LONG-TERM CARE	Routine Practices	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"><li>• Incontinent</li><li>• Stool not contained</li><li>• Poor hygiene</li><li>• Contaminating their environment</li></ul>
COMMUNITY	Routine Practices	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"><li>• Incontinent</li><li>• Stool not contained</li><li>• Poor hygiene</li><li>• Contaminating their environment</li></ul>
PEDIATRICS		<b>Contact Precautions</b>
DURATION OF PRECAUTIONS		
<ul style="list-style-type: none"><li>• Until symptoms have stopped for 48 hours AND return to baseline bowel movements, OR (for adults) until they are continent and have good hygiene.</li><li>• For immunocompromised individuals, isolation precautions need to be maintained for a longer duration due to prolonged viral shedding. <b>Contact IPAC</b> for discontinuation of precautions.</li></ul>		
INCUBATION PERIOD		PERIOD OF COMMUNICABILITY
Late in incubation period until 14 days after onset		Until acute symptoms resolve
COMMENTS		
<ul style="list-style-type: none"><li>• <a href="#">REPORTABLE DISEASE</a></li></ul>		

## Adenovirus - Respiratory Tract Infection

### CLINICAL PRESENTATION

Respiratory tract infection (fever, viral respiratory symptoms: cough, runny nose, sore throat, pneumonia)

#### INFECTIOUS SUBSTANCES

Respiratory secretions

#### HOW IT IS TRANSMITTED

Direct contact, indirect contact

### PRECAUTIONS NEEDED

<b>ACUTE CARE</b>	<b>Routine Practices</b>	<b>Droplet and Contact Precautions</b> • Adults in high risk units* only
<b>LONG-TERM CARE</b>	<b>Routine Practices</b>	
<b>COMMUNITY</b>	<b>Routine Practices</b>	
<b>PEDIATRICS</b>		<b>Droplet and Contact Precautions</b>

### DURATION OF PRECAUTIONS

- Until symptoms resolve.
- For immunocompromised individuals, isolation precautions need to be maintained for a longer duration due to prolonged viral shedding – **Contact IPAC** for discontinuation of precautions.

#### INCUBATION PERIOD

Late in incubation period until 14 days after onset

#### PERIOD OF COMMUNICABILITY

Until acute symptoms resolve

### COMMENTS

- If an individual has Cystic Fibrosis, see [Cystic Fibrosis](#)
- Minimize exposure to high-risk patients. See [Definition of Moderately to Severely Immunocompromised Patient](#).
- Individuals on Droplet & Contact Precautions may need additional **Airborne Precautions** if [Aerosol Generating Medical Procedures \(AGMPs\)](#) are used.
- \*High-risk units - Solid Organ Transplant (SOT), Bone Marrow Transplant (BMT), Intensive Care Unit (ICU), Neonatal ICU (NICU), Cardiac Surgery ICU (CSICU), Cardiac Care Unit (CCU), Thoracic, Burns Trauma High Acuity (BTHA).

## ***Aeromonas* spp., Enterotoxigenic *E. coli* (STEC)**

Commonly known as "Traveler's Diarrhea"

CLINICAL PRESENTATION		
Diarrhea		
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED
Feces		Fecal-oral, direct contact, indirect contact
PRECAUTIONS NEEDED		
ACUTE CARE	<b>Routine Practices</b>	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"><li>• Incontinent</li><li>• Stool not contained</li><li>• Poor hygiene</li><li>• Contaminating their environment</li></ul>
LONG-TERM CARE	<b>Routine Practices</b>	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"><li>• Incontinent</li><li>• Stool not contained</li><li>• Poor hygiene</li><li>• Contaminating their environment</li></ul>
COMMUNITY	<b>Routine Practices</b>	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"><li>• Incontinent</li><li>• Stool not contained</li><li>• Poor hygiene</li><li>• Contaminating their environment</li></ul>
PEDIATRICS		<b>Contact Precautions</b>
DURATION OF PRECAUTIONS		
Until symptoms have stopped for 48 hours AND return to baseline bowel movements, OR (for adults) until they are continent and have good hygiene.		
INCUBATION PERIOD		PERIOD OF COMMUNICABILITY
3 - 10 days		Until symptoms resolve
COMMENTS		

## Amebiasis (*Entamoeba histolytica*)

CLINICAL PRESENTATION		
Dysentery, diarrhea, and liver abscesses		
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED
Feces		Fecal-oral, direct contact, indirect contact Human-to-human transmission is rare
PRECAUTIONS NEEDED		
ACUTE CARE	Routine Practices	Contact Precautions For Adults if: <ul style="list-style-type: none"><li>• Incontinent</li><li>• Stool not contained</li><li>• Poor hygiene</li><li>• Contaminating their environment</li></ul>
LONG-TERM CARE	Routine Practices	Contact Precautions For Adults if: <ul style="list-style-type: none"><li>• Incontinent</li><li>• Stool not contained</li><li>• Poor hygiene</li><li>• Contaminating their environment</li></ul>
COMMUNITY	Routine Practices	Contact Precautions For Adults if: <ul style="list-style-type: none"><li>• Incontinent</li><li>• Stool not contained</li><li>• Poor hygiene</li><li>• Contaminating their environment</li></ul>
PEDIATRICS		Contact Precautions
DURATION OF PRECAUTIONS		
Until symptoms have stopped for 48 hours AND return to baseline bowel movements, OR (for adults) until they are continent and have good hygiene.		
INCUBATION PERIOD		PERIOD OF COMMUNICABILITY
2 - 4 weeks		Until symptoms resolve
COMMENTS		
<ul style="list-style-type: none"><li>• <a href="#">REPORTABLE DISEASE</a></li><li>• Transmission in mental health and family group settings has been reported. Use care when handling disposable hygiene products in these populations.</li></ul>		

## Anthrax (*Bacillus anthracis*) - confirmed, probable or presumed case

### CLINICAL PRESENTATION

Skin lesions or pulmonary (shortness of breath, discomfort during breathing), loss of appetite, vomiting and diarrhea

#### INFECTIOUS SUBSTANCES

Soil, infected animals or carcasses most commonly in livestock and contaminated animal products (hides, fur, wool)

#### HOW IT IS TRANSMITTED

No human-to-human transmission.

Modes of transmission include:

- Cutaneous - spores enter via breaks in the skin
- Ingestion - eating infected meat or meat products
- Injection - soft tissue infection from injection drug use, contaminated heroine
- Pulmonary - inhalation of airborne spores

### PRECAUTIONS NEEDED

<b>ACUTE CARE</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>• Skin lesions covered &amp; drainage is contained</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>• Major wound drainage not contained by dressing</li> </ul>	<b>Airborne &amp; Contact Precautions</b> <ul style="list-style-type: none"> <li>• Pulmonary</li> </ul>
<b>LONG-TERM CARE</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>• Skin lesions covered &amp; drainage is contained</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>• Major wound drainage not contained by dressing</li> </ul>	<b>Airborne &amp; Contact Precautions</b> <ul style="list-style-type: none"> <li>• Pulmonary</li> </ul>
<b>COMMUNITY</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>• Skin lesions covered &amp; drainage is contained</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>• Major wound drainage not contained by dressing</li> </ul>	<b>Airborne &amp; Contact Precautions</b> <ul style="list-style-type: none"> <li>• Pulmonary</li> </ul>
<b>PEDIATRICS</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>• Skin lesions covered &amp; drainage is contained</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>• Major wound drainage not contained by dressing</li> </ul>	<b>Airborne &amp; Contact Precautions</b> <ul style="list-style-type: none"> <li>• Pulmonary</li> </ul>

### DURATION OF PRECAUTIONS

Until wound drainage is contained and as directed by IPAC

#### INCUBATION PERIOD

1 - 7 days, may be up to 60 days

#### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- [REPORTABLE DISEASE](#)
- Acute care provider to **call or page the Medical Microbiologist On-Call** at presumed stage.
- Notify lab of presumed diagnosis when specimen is submitted. Specimen is hazardous to lab staff.

## Antibiotic Resistant Organisms (ARO)

CLINICAL PRESENTATION	
Infection or colonization of any body site	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Infected or colonized secretions and excretions	Direct contact, indirect contact
PRECAUTIONS NEEDED	
See specific organism for precautions indicated	<p>See <a href="#">Candida auris</a></p> <p>See <a href="#">Carbapenemase Producing Organism (CPO)</a></p> <p>See <a href="#">Methicillin Resistant <i>Staphylococcus aureus</i> (MRSA)</a></p> <p>See <a href="#">Vancomycin-resistant <i>Enterococcus</i> (VRE)</a></p> <p>See <a href="#">Vancomycin-resistant <i>Staphylococcus aureus</i> (VRSA) &amp; Intermediate <i>Staphylococcus aureus</i> (VISA)</a></p>
DURATION OF PRECAUTIONS	
As directed by Infection Prevention and Control	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable	Variable
COMMENTS	
<ul style="list-style-type: none"> <li>Refer to <a href="#">ARO Acute Care Patient Placement Algorithm</a></li> </ul>	

## Arboviruses – Arthropod-Borne Viruses

### CLINICAL PRESENTATION

Encephalitis, fever, rash, arthralgia, meningitis

#### INFECTIOUS SUBSTANCES

See specific organism for details

#### HOW IT IS TRANSMITTED

- Arthropod/Insect borne vectors (mosquitos, ticks, sandflies)
- No human-to-human transmission (except Crimean Congo & Zika)

### PRECAUTIONS NEEDED

See specific organism for precautions indicated

See [California serogroup \(CSG\) viruses \(Orthobunyavirus\)](#)  
 See [Chikungunya virus \(Alphavirus\)](#)  
 See [Colorado Tick Fever \(Coltivirus\)](#)  
 See [Crimean Congo Hemorrhagic Fever \(Orthonairovirus\)](#)  
 See [Dengue Fever - \(Orthoflavivirus\)](#)  
 See [Eastern Equine \(EEE\) and Western Equine \(WEE\) Encephalitis \(Alphavirus\)](#)  
 See [Powassan Encephalitis \(Orthoflavivirus\)](#)  
 See [Rift Valley Fever \(Phlebovirus\)](#)  
 See [Saint Louis Encephalitis \(Orthoflavivirus\)](#)  
 See [West Nile Virus \(Orthoflavivirus\)](#)  
 See [Yellow Fever \(Orthoflavivirus\)](#)  
 See [Zika Virus \(Orthoflavivirus\)](#)

### DURATION OF PRECAUTIONS

Variable

#### INCUBATION PERIOD

Variable

#### PERIOD OF COMMUNICABILITY

Variable

### COMMENTS

- Hundreds of different viruses exist. Most are limited to specific geographic areas.
- Most arboviruses require **Routine Practice**, except Crimean Congo Hemorrhagic fever which is a high-threat pathogen. Follow organism specific precautions if Crimean Congo is presumed.
- Most common North American arboviruses that cause human disease: California encephalitis serogroup (orthobunyavirus), Colorado Tick Fever (Coltivirus), Powassan Encephalitis (Orthoflavivirus), and St. Louis Encephalitis (Orthoflavivirus).

## Ascariasis

Roundworm (*Ascaris spp.*) or Hookworm (*Ancylostoma duodenale* and *Necator americanus*)

### CLINICAL PRESENTATION

Usually asymptomatic

#### INFECTIOUS SUBSTANCES

Contaminated soil or water

#### HOW IT IS TRANSMITTED

**Roundworm:** Ingestion of infectious eggs  
**Hookworm:** Acquired from larvae in soil, feces, and other contaminated surfaces through exposed skin, oral ingestion, and from pregnant individual to fetus in utero or infant during breastfeeding  
 No human-to-human transmission

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Routine Practices**

#### LONG-TERM CARE

**Routine Practices**

#### COMMUNITY

**Routine Practices**

#### PEDIATRICS

**Routine Practices**

### DURATION OF PRECAUTIONS

Not applicable

#### INCUBATION PERIOD

Roundworm: 6 - 8 weeks  
 Hookworm: 4 - 12 weeks

#### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- Roundworm: eggs must incubate in certain soil conditions for 2 - 4 weeks before becoming infectious.
- Hookworm: larvae must hatch in the soil to become infectious.
- Adult egg-laying female worms can live in the host for months to years.

## Aspergillosis (*Aspergillus* spp.)

### CLINICAL PRESENTATION

Infection of skin, lung, wound or central nervous system

#### INFECTIOUS SUBSTANCES

Ubiquitous in nature, particularly in decaying material and in soil, air, water and food

#### HOW IT IS TRANSMITTED

Inhalation of airborne spores  
No human-to-human transmission

### PRECAUTIONS NEEDED

#### ACUTE CARE

##### Routine Practices

#### LONG-TERM CARE

##### Routine Practices

#### COMMUNITY

##### Routine Practices

#### PEDIATRICS

##### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

#### INCUBATION PERIOD

Variable

#### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- Spores may be present in dust; infection in immunocompromised patients has been associated with exposure to dust generated by construction, renovation and maintenance activities.
- If patient has cutaneous aspergillosis (skin and soft tissue infection) with copious drainage, use **Airborne & Contact Precautions** during wound care (including irrigations and bedside/ surgical debridement). See [VCH Bioaerosol Management Guideline](#).
- Notify IPAC of all cases of cutaneous aspergillosis (rare).

# Astrovirus

## CLINICAL PRESENTATION

Diarrhea accompanied by low-grade fever, malaise, nausea, vomiting, mild dehydration

## INFECTIOUS SUBSTANCES

Feces

## HOW IT IS TRANSMITTED

Fecal-oral, direct contact, indirect contact

## PRECAUTIONS NEEDED

### ACUTE CARE

#### Routine Practices

#### Contact Precautions

For Adults if:

- Incontinent
- Stool not contained
- Poor hygiene
- Contaminating their environment

### LONG-TERM CARE

#### Routine Practices

#### Contact Precautions

For Adults if:

- Incontinent
- Stool not contained
- Poor hygiene
- Contaminating their environment

### COMMUNITY

#### Routine Practices

#### Contact Precautions

For Adults if:

- Incontinent
- Stool not contained
- Poor hygiene
- Contaminating their environment

### PEDIATRICS

#### Contact Precautions

## DURATION OF PRECAUTIONS

Until symptoms have stopped for 48 hours AND return to baseline bowel movements, OR (for adults) until they are continent and have good hygiene.

## INCUBATION PERIOD

3 - 4 days

## PERIOD OF COMMUNICABILITY

Until symptoms resolve

## COMMENTS

- [REPORTABLE DISEASE](#)

# Avian Influenza

Commonly known as “Bird Flu”

## CLINICAL PRESENTATION

Asymptomatic, conjunctivitis, influenza-like illness (sore throat, cough, fever, fatigue, myalgia, headache), pneumonia, dyspnea, respiratory failure, altered mental status, multi-organ failure, meningoencephalitis

### INFECTIOUS SUBSTANCES

Handling of infected sick or dead birds/animals, their feathers, fluids or feces  
Respiratory secretions, infectious specimens

### HOW IT IS TRANSMITTED

Direct contact, indirect contact, airborne, droplet

## PRECAUTIONS NEEDED

### ACUTE CARE

**Airborne & Contact + Droplet Precautions**

### LONG-TERM CARE

**Airborne & Contact + Droplet Precautions**

### COMMUNITY

**Airborne & Contact + Droplet Precautions**

### PEDIATRICS

**Airborne & Contact + Droplet Precautions**

## DURATION OF PRECAUTIONS

**Acute Care and LTC:** Contact IPAC for discontinuation of precautions

**Community:** Contact Public Health for discontinuation of precautions

### INCUBATION PERIOD

Generally 2 - 5 days, up to 7 - 10 days

### PERIOD OF COMMUNICABILITY

Up to 21 days

## COMMENTS

- [REPORTABLE DISEASE](#).
- Acute care provider to **call or page the Medical Microbiologist On-Call** at presumed stage.
- **Call or page IPAC immediately** at presumptive stage.
- High index of suspicion for those who present with viral influenza-like illness and/or conjunctivitis and close contact with infected sick or dead bird/animal within 10 days of symptom onset.
- Post exposure anti-viral prophylaxis can be considered based on an exposure risk assessment.
- Cohorting of patients with known exposures is not recommended.
- See [BCCDC Management of Specific Diseases Interim H5NI Avian Influenza Outbreak](#)
- See [Guidance on human health issues related to avian influenza in Canada](#)
- See [Interim recommendations for infection prevention and control of avian influenza in healthcare settings](#)

## Babesiosis

### CLINICAL PRESENTATION

Often asymptomatic, non-specific respiratory illness-like symptoms such as fever, chills, sweats, headache, body aches, loss of appetite, nausea, or fatigue

#### INFECTIOUS SUBSTANCES

Not applicable

#### HOW IT IS TRANSMITTED

Insect-borne (tickborne)  
No human-to-human transmission except rarely by blood transfusion from asymptomatic parasitaemic donors or by congenital/perinatal transmission: pregnant individual to fetus in utero or newborn at birth

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Routine Practices**

#### LONG-TERM CARE

**Routine Practices**

#### COMMUNITY

**Routine Practices**

#### PEDIATRICS

**Routine Practices**

### DURATION OF PRECAUTIONS

Not applicable

#### INCUBATION PERIOD

Weeks to months

#### PERIOD OF COMMUNICABILITY

Not applicable

#### COMMENTS

**Bacillus cereus****CLINICAL PRESENTATION**

Nausea, vomiting, diarrhea, abdominal cramps (food poisoning)

**INFECTIOUS SUBSTANCES**

Ubiquitous in the environment and commonly found in the soil

**HOW IT IS TRANSMITTED**

Foodborne, no human-to-human transmission

**PRECAUTIONS NEEDED****ACUTE CARE****Routine Practices****LONG-TERM CARE****Routine Practices****COMMUNITY****Routine Practices****PEDIATRICS****Routine Practices****DURATION OF PRECAUTIONS**

Not applicable

**INCUBATION PERIOD**

30 minutes - 15 hours

**PERIOD OF COMMUNICABILITY**

Not applicable

**COMMENTS**

- [REPORTABLE DISEASE](#)

## Bartonellosis (*Bartonella* spp.)

Includes: Cat-scratch fever (*Bartonella henselae*), Trench fever (*Bartonella quintana*), *Bartonella bacilliformis*

### CLINICAL PRESENTATION

Fever, lymphadenopathy (swelling and pain of the lymph nodes with night sweats and weight loss), rash

#### INFECTIOUS SUBSTANCES

Infected domestic cats  
Bite from infected louse or flea

#### HOW IT IS TRANSMITTED

Louse-borne, flea-borne  
Scratch, bite, or lick from infected cat  
No human-to-human transmission

#### ACUTE CARE

##### Routine Practices

#### LONG-TERM CARE

##### Routine Practices

#### COMMUNITY

##### Routine Practices

#### PEDIATRICS

##### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

#### INCUBATION PERIOD

7 - 30 days

#### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

## Bedbugs

### CLINICAL PRESENTATION

Small, hard, swollen, white welts that become inflamed and itchy. Bites are usually in rows.

### INFECTIOUS SUBSTANCES

Bed linens, mattresses, bed frames, dresser tables, wooden furniture, clothing, purses/bags/suitcases

### HOW IT IS TRANSMITTED

No human-to-human transmission but requires direct personal contact with infested material

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Routine Practices**

#### LONG-TERM CARE

**Routine Practices**

#### COMMUNITY

**Routine Practices**

#### PEDIATRICS

**Routine Practices**

### DURATION OF PRECAUTIONS

Not applicable

### INCUBATION PERIOD

Not applicable

### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- **Notify Environmental Services and/or Pest Control Company** if bedbugs are found. They will determine what type of cleaning is required and can assist with monitoring for bedbugs.
- **Use [Point-of-Care Risk Assessment](#) to determine if PPE is required when providing care.**
- In Acute Care, if it becomes apparent that a patient has bedbugs or they are visible on admission, have all belongings that are potentially infested placed in sealed plastic bags or taken straight home.
- See [IPAC Quick Reference for Management of Bed Bugs](#)

## BK Virus

Also known as “Human Polyomavirus 1”

### CLINICAL PRESENTATION

For **immunocompetent individuals**: Generally asymptomatic. May occasionally cause hematuria or cystitis.

For **immunocompromised individuals**: Fever, non-specific respiratory infection, hemorrhagic and non-hemorrhagic cystitis, nephritis, ureteral stenosis, pneumonitis, encephalitis, and hepatitis.

### INFECTIOUS SUBSTANCES

Respiratory secretions, transplacental, infected transplanted kidney organs

### HOW IT IS TRANSMITTED

- Direct contact and indirect contact
- Pregnant individual to fetus in utero
- Organ transplantation

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Routine Practices**

#### LONG-TERM CARE

**Routine Practices**

#### COMMUNITY

**Routine Practices**

#### PEDIATRICS

**Routine Practices**

### DURATION OF PRECAUTIONS

Not applicable

### INCUBATION PERIOD

Exhibits primary infection in early childhood and latent infection later in life

### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- Infection in humans usually occur in early childhood and often leads to lifelong persistence. Rarely cause symptoms, except in people with weakened immune system.

## Blastomycosis (*Blastomyces dermatitidis*)

### CLINICAL PRESENTATION

Respiratory infection (fever, cough, runny nose, sore throat); pneumonia (shortness of breath, chest pain)

Disseminated blastomycosis: skin lesions, abscesses, osteoarticular infection, rare nervous system or congenital infections

#### INFECTIOUS SUBSTANCES

Spores from moist soil

#### HOW IT IS TRANSMITTED

Inhalation of spore-laden dust  
No human-to-human transmission

#### ACUTE CARE

##### Routine Practices

#### LONG-TERM CARE

##### Routine Practices

#### COMMUNITY

##### Routine Practices

#### PEDIATRICS

##### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

#### INCUBATION PERIOD

14 - 90 days

#### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- *Blastomyces dermatitidis* is a fungus that lives in moist soil. Fungal spores can become airborne when the soil is disturbed.
- Skin lesions may develop when the infection disseminates from the lungs.

## Bocavirus

### CLINICAL PRESENTATION

Respiratory tract infection (fever, cold-like symptoms: cough, runny nose, sore throat)  
Otitis media

### INFECTIOUS SUBSTANCES

Respiratory secretions

### HOW IT IS TRANSMITTED

Droplet, direct contact, indirect contact

### PRECAUTIONS NEEDED

<b>ACUTE CARE</b>	<b>Routine Practices</b>	<b>Droplet &amp; Contact Precautions</b> • Adults on high risk units*
<b>LONG-TERM CARE</b>	<b>Routine Practices</b>	
<b>COMMUNITY</b>	<b>Routine Practices</b>	
<b>PEDIATRICS</b>		<b>Droplet &amp; Contact Precautions</b>

### DURATION OF PRECAUTIONS

Until symptoms resolve

For immunocompromised individuals, isolation precautions may need to be maintained for a longer duration – **Contact IPAC** for discontinuation of precautions

### INCUBATION PERIOD

Unknown

### PERIOD OF COMMUNICABILITY

Until acute symptoms resolve

### COMMENTS

- Minimize exposure to high-risk patients. See [Definition of Moderately to Severely Immunocompromised Patient](#).
- Individuals on Droplet & Contact Precautions may need additional **Airborne Precautions** if [Aerosol Generating Medical Procedures \(AGMPs\)](#) are used.
- \*High-risk units - Solid Organ Transplant (SOT), Bone Marrow Transplant (BMT), Intensive Care Unit (ICU), Neonatal ICU (NICU), Cardiac Surgery ICU (CSICU), Cardiac Care Unit (CCU), Thoracic, Burns Trauma High Acuity (BTHA).

## Botulism (*Clostridium botulinum*)

### CLINICAL PRESENTATION

Nausea, vomiting, diarrhea, flaccid paralysis, cranial nerve palsies

### INFECTIOUS SUBSTANCES

Toxin producing spores in soil, agricultural products, honey, and animal intestine

### HOW IT IS TRANSMITTED

Foodborne  
Wounds contaminated by soil  
No human-to-human transmission

### PRECAUTIONS NEEDED

#### ACUTE CARE

#### Routine Practices

#### LONG-TERM CARE

#### Routine Practices

#### COMMUNITY

#### Routine Practices

#### PEDIATRICS

#### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

### INCUBATION PERIOD

Variable

### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- [REPORTABLE DISEASE](#).
- Acute care provider to **call or page the Medical Microbiologist On-Call** at presumed stage.
- May be bioterrorism related.
- Infants may colonize *C. botulinum* in the gut.

## Brucellosis (Undulant fever, Malta fever, Mediterranean fever)

*Brucella* spp. including *B. melitensis*, *B. abortus*, and *B. suis*

### CLINICAL PRESENTATION

Systemic bacterial disease with either acute or insidious onset. Continued, intermittent or irregular fever, headache, weakness, profuse sweating, arthralgia

#### INFECTIOUS SUBSTANCES

Infected animals and tissues such as cattle, sheep, goats, bison, wild hogs, elk, moose and camels and their byproducts/tissues including milk, feces, etc.

#### HOW IT IS TRANSMITTED

Direct contact with infected animals or contaminated animal products (ingestion or through breaks in skin barrier).  
Very rare human-to-human transmission by banked spermatozoa, sexual contact, or via breastmilk.

### PRECAUTIONS NEEDED

#### ACUTE CARE

##### Routine Practices

#### LONG-TERM CARE

##### Routine Practices

#### COMMUNITY

##### Routine Practices

#### PEDIATRICS

##### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

#### INCUBATION PERIOD

Weeks to months

#### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- [REPORTABLE DISEASE](#)
- **Notify lab** of presumed diagnosis when specimen submitted. Specimen is hazardous to laboratory staff.
- If organism is found in draining lesions, use personal protective equipment as per [point of care risk assessment](#).

## ***Burkholderia cepacia* complex (*Burkholderia* spp.)**

### CLINICAL PRESENTATION

**Respiratory infections:** Pneumonia, exacerbation of chronic lung disease in immunocompromised patients

**Non-respiratory infections:** Skin and soft-tissue infections, surgical wound infections, and urinary tract infections

### INFECTIOUS SUBSTANCES

Respiratory secretions, skin and body fluids

### HOW IT IS TRANSMITTED

Direct contact and indirect contact. Large droplets in respiratory infections. Inhaled dust or soil particles

### PRECAUTIONS NEEDED

<b>ACUTE CARE</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>Non-respiratory infections</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Cystic fibrosis patients*</li> <li>CGD patients*</li> <li>Non-respiratory infections on high risk units*</li> </ul>	<b>Droplet &amp; Contact Precautions</b> <ul style="list-style-type: none"> <li>Respiratory infections on high-risk units*</li> <li>Cystic fibrosis/CGD patients with respiratory infections*</li> </ul>
<b>LONG-TERM CARE</b>	<b>Routine Practices</b>		
<b>COMMUNITY</b>	<b>Routine Practices</b>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Cystic fibrosis patients*</li> <li>CGD patients*</li> </ul>	<b>Droplet &amp; Contact Precautions</b> <ul style="list-style-type: none"> <li>Cystic fibrosis/CGD patients with respiratory infections*</li> </ul>
<b>PEDIATRICS</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>Non-respiratory infections</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Cystic fibrosis patients*</li> <li>CGD patients*</li> <li>Non-respiratory infections on high risk units*</li> </ul>	<b>Droplet &amp; Contact Precautions</b> <ul style="list-style-type: none"> <li>Respiratory infections on high-risk units</li> <li>Cystic fibrosis/CGD patients with respiratory infections*</li> </ul>

### DURATION OF PRECAUTIONS

As directed by IPAC

### INCUBATION PERIOD

Variable

### PERIOD OF COMMUNICABILITY

Variable

### COMMENTS

- \*Can cause severe respiratory infections in individuals with cystic fibrosis (CF) and chronic granulomatous disease (CGD).
- Outbreaks have been linked to contaminated oral medications, medical products, inhaled medications, and disinfectant solutions.
- Cystic fibrosis patients should wear a medical mask when outside of the room.
- \*High-risk units - Solid Organ Transplant (SOT), Bone Marrow Transplant (BMT), Intensive Care Unit (ICU), Neonatal ICU (NICU), Cardiac Surgery ICU (CSICU), Cardiac Care Unit (CCU), Thoracic, Burns Trauma High Acuity (BTHA).

## California Serogroup (CSG) Viruses (*Orthobunyavirus*)

Includes: California Encephalitis Virus, Jamestown Canyon Virus, La Crosse Virus, Snowshoe Hare Virus

CLINICAL PRESENTATION	
Encephalitis. Fever, stiff neck, lethargy, focal signs, nausea and vomiting	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Bite from infected mosquito	Insect borne (vector) No human-to-human transmission
PRECAUTIONS NEEDED	
ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices
DURATION OF PRECAUTIONS	
Not applicable	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
3 - 7 days	Not applicable
COMMENTS	
<ul style="list-style-type: none"> <li>All cases of encephalitis are <a href="#">REPORTABLE DISEASE</a>.</li> <li>Provider to report to Medical Health Officer if encephalitis is presumed</li> </ul>	

## *Campylobacter jejuni*

CLINICAL PRESENTATION		
Diarrhea (possibly bloody), abdominal pain and fever		
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED
Feces		Direct contact and indirect contact (fecal-oral and contaminated food and water)
PRECAUTIONS NEEDED		
ACUTE CARE	Routine Practices	<b>Contact Precautions</b> If adult is: <ul style="list-style-type: none"><li>• Incontinent</li><li>• Stool not contained</li><li>• Poor hygiene</li><li>• Contaminating their environment</li></ul>
LONG-TERM CARE	Routine Practices	<b>Contact Precautions</b> If adult is: <ul style="list-style-type: none"><li>• Incontinent</li><li>• Stool not contained</li><li>• Poor hygiene</li><li>• Contaminating their environment</li></ul>
COMMUNITY	Routine Practices	<b>Contact Precautions</b> If adult is: <ul style="list-style-type: none"><li>• Incontinent</li><li>• Stool not contained</li><li>• Poor hygiene</li><li>• Contaminating their environment</li></ul>
PEDIATRICS		<b>Contact Precautions</b>
DURATION OF PRECAUTIONS		
Until symptoms have stopped for 48 hours AND return to baseline bowel movements, OR (for adults) until they are continent and have good hygiene		
INCUBATION PERIOD		PERIOD OF COMMUNICABILITY
2 - 5 days		Until symptoms resolve
COMMENTS		
<ul style="list-style-type: none"><li>• <a href="#">REPORTABLE DISEASE</a></li></ul>		

## Candidiasis (*Candida* spp.)

CLINICAL PRESENTATION	
Various, mucocutaneous lesions, systemic disease	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Mucocutaneous secretions and excretions	Not applicable
PRECAUTIONS NEEDED	
ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices
DURATION OF PRECAUTIONS	
Not applicable	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable	Not applicable
COMMENTS	
<ul style="list-style-type: none"> <li><i>Candida auris</i> can be multi-drug resistant – See <a href="#">Candida auris</a> if indicated.</li> </ul>	

## ***Candida auris* Multi-Drug Resistant (MDR)**

CLINICAL PRESENTATION		
Various, mucocutaneous lesions, systemic disease. Colonization or infection		
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED	
Mucocutaneous secretions and excretions	Direct contact, indirect contact	
PRECAUTIONS NEEDED		
ACUTE CARE	<b>Contact Preautions</b> <ul style="list-style-type: none"><li>• <i>C. auris</i> colonization and infection</li></ul>	<b>Droplet &amp; Contact Precautions</b> <ul style="list-style-type: none"><li>• If <i>C. auris</i> found in sputum or tracheos- tomy and have a productive cough or ventilated</li></ul>
LONG-TERM CARE & MENTAL HEALTH	<b>Enhanced Barrier Precautions</b> <ul style="list-style-type: none"><li>• <i>C. auris</i> colonization</li></ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"><li>• <i>C. auris</i> infection Use <b>Droplet &amp; Contact Precautions</b> if <i>C. auris</i> found in sputum or tracheostomy and have a productive cough or ventilated</li></ul>
COMMUNITY	<b>Routine Practices</b> <ul style="list-style-type: none"><li>• Lower risk of transmission*</li></ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"><li>• Higher risk of transmission* Use <b>Droplet &amp; Contact Precautions</b> if <i>C. auris</i> found in sputum or tracheostomy and have a productive cough or ventilated</li></ul>
PEDIATRICS	<b>Contact Precautions</b> <ul style="list-style-type: none"><li>• <i>C. auris</i> colonization and infection</li></ul>	<b>Droplet &amp; Contact Precautions</b> <ul style="list-style-type: none"><li>• If <i>C. auris</i> found in sputum or tracheostomy and have a productive cough or ventilated</li></ul>
DURATION OF PRECAUTIONS		
<b>Acute Care:</b> As directed by Infection Prevention and Control (IPAC).		
<b>Long-Term Care:</b> Maintain additional precautions until infection is resolved and then return to Enhanced Barrier Precautions.		
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	
Variable	Not applicable	
COMMENTS		
<ul style="list-style-type: none"><li>• <a href="#">REPORTABLE DISEASE</a></li><li>• *Refer to <a href="#">Additional Precautions in Community Healthcare Settings</a> for definition of lower risk and higher risk transmission.</li><li>• Infection affects vulnerable populations (e.g., immunocompromised, prolonged hospitalization, antimicrobial or antifungal use, indwelling devices).</li><li>• See <a href="#">C. auris resources - Acute Care</a> or <a href="#">C. auris resources - Long-Term Care</a></li></ul>		

## Carbapenemase Producing Organism (CPO)

Gram negative bacilli including the following but not limited to: *E. coli*, *Klebsiella* spp., *Serratia* spp., *Providencia* spp., *Proteus* spp., *Citrobacter* spp., *Enterobacter* spp., *Morganella* spp., *Salmonella* spp., *Hafnia* spp., *Acinetobacter* spp., *Pseudomonas* spp.

### CLINICAL PRESENTATION

Colonization or infection. Symptoms based on sites involved

#### INFECTIOUS SUBSTANCES

Colonized or infected body fluids or sites. Sink drain colonization.

#### HOW IT IS TRANSMITTED

Direct contact, indirect contact

### PRECAUTIONS NEEDED

#### ACUTE CARE

##### Contact Precautions

- CPO colonization and infection

##### Droplet & Contact Precautions

- If CPO found in sputum or tracheostomy and have a productive cough or ventilated

#### LONG-TERM CARE & MENTAL HEALTH

##### Enhanced Barrier Precautions

- CPO colonization

##### Contact Precautions

- CPO infection
- Use **Droplet & Contact Precautions** if CPO found in sputum or tracheostomy and have a productive cough or ventilated

#### COMMUNITY

##### Routine Practices

- Lower risk of transmission\*

##### Contact Precautions

- Higher risk of transmission\*
- Use **Droplet & Contact Precautions** if CPO found in sputum or tracheostomy and have a productive cough or ventilated

#### PEDIATRICS

##### Contact Precautions

- CPO colonization and infection

##### Droplet & Contact Precautions

- If CPO found in sputum or tracheostomy and have a productive cough or ventilated

### DURATION OF PRECAUTIONS

**Acute Care:** As directed by IPAC

**Long-Term Care:** Maintain additional precautions until infection is resolved and then return to Enhanced Barrier Precautions

#### INCUBATION PERIOD

Variable

#### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- [REPORTABLE DISEASE](#)
- \*Refer to [Additional Precautions in Community Healthcare Settings](#) for definition of lower risk and higher risk transmission
- See [VCH CPO resources](#) on the IPAC website.
- Refer to [ARO Acute Care Patient Placement Algorithm](#).
- The most common CPO genes are NDM, OXA, KPC.

## Cellulitis, not yet diagnosed (NYD)

Many types of bacteria, most commonly Group A streptococcus (*Streptococcus pyogenes*), and *Staphylococcus aureus*

### CLINICAL PRESENTATION

Inflammation of dermal or subcutaneous tissue  
May also present with generalized malaise, fatigue, and fevers

#### INFECTIOUS SUBSTANCES

Wound drainage

#### HOW IT IS TRANSMITTED

Direct contact, indirect contact

### PRECAUTIONS NEEDED

*If a pathogen is identified, follow organism specific instructions in this manual.*

<b>ACUTE CARE</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>Minor drainage contained by dressing</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Major drainage not contained by dressing</li> </ul>	
<b>LONG-TERM CARE</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>Minor drainage contained by dressing</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Major drainage not contained by dressing</li> </ul>	
<b>COMMUNITY</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>Minor drainage contained by dressing</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Major drainage not contained by dressing</li> </ul>	
<b>PEDIATRICS</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>Minor drainage contained by dressing</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Major drainage not contained by dressing</li> </ul>	<b>Droplet Precautions</b> <ul style="list-style-type: none"> <li>Orbital cellulitis in children &lt;5 years old</li> <li>Until <i>Haemophilus influenzae</i> is ruled out</li> </ul>

### DURATION OF PRECAUTIONS

Until drainage is contained  
**For iGAS and H. influenzae:** until 24 hours effective antimicrobial therapy is completed

#### INCUBATION PERIOD

Variable

#### PERIOD OF COMMUNICABILITY

Variable

### COMMENTS

- Most Group A Streptococcus (GAS) cellulitis is non-invasive.
- If invasive Group A Streptococcal infection is presumed or there is clinical evidence of soft-tissue necrosis, myositis, or gangrene, add **Droplet & Contact Precautions** for the first 24 hours of antimicrobial therapy. See GAS – [Group A Streptococcus \(\*Streptococcus pyogenes\*\) – Invasive](#).

## Chancroid (*Haemophilus ducreyi*)

CLINICAL PRESENTATION	
Genital ulcers, papules or pustules	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Drainage from ulcers	Sexual contact
PRECAUTIONS NEEDED	
ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices
DURATION OF PRECAUTIONS	
Not applicable	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
1 - 10 days	As long as ulcerations remain unhealed
COMMENTS	
<ul style="list-style-type: none"> <li><a href="#">REPORTABLE DISEASE</a></li> <li>Chancroid rarely spreads from the genital tract and does not cause systemic disease.</li> </ul>	

## Chikungunya virus (*Alphavirus*)

### CLINICAL PRESENTATION

Fever, joint pain, headache, muscle pain, joint swelling and rash

#### INFECTIOUS SUBSTANCES

Bite from an infected mosquito

#### HOW IT IS TRANSMITTED

Mosquito borne (vector)  
No human-to-human transmission

### PRECAUTIONS NEEDED

#### ACUTE CARE

##### Routine Practices

#### LONG-TERM CARE

##### Routine Practices

#### COMMUNITY

##### Routine Practices

#### PEDIATRICS

##### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

#### INCUBATION PERIOD

2 - 12 days

#### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

## Chlamydia (*Chlamydia trachomatis*)

CLINICAL PRESENTATION	
Genital tract infection, ulcerative lesions on genitals, pneumonia (infants), conjunctivitis, trachoma, Lymphogranuloma venereum (LGV),	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Conjunctival and genital secretions	Trachoma: direct contact, indirect contact Sexually transmitted Pregnant individuals to newborn at birth
PRECAUTIONS NEEDED	
ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices
DURATION OF PRECAUTIONS	
Not applicable	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable	As long as organism is present in secretions
COMMENTS	

***Chlamydia pneumoniae*****CLINICAL PRESENTATION**

Pneumonia

**INFECTIOUS SUBSTANCES**

Respiratory secretions

**HOW IT IS TRANSMITTED**

Unknown

**PRECAUTIONS NEEDED****ACUTE CARE****Routine Practices****LONG-TERM CARE****Routine Practices****COMMUNITY****Routine Practices****PEDIATRICS****Routine Practices****DURATION OF PRECAUTIONS**

Not applicable

**INCUBATION PERIOD**

21 days

**PERIOD OF COMMUNICABILITY**

Unknown

**COMMENTS**

- [REPORTABLE DISEASE](#)

## Clostridioides difficile Infection (CDI, C. difficile)

### CLINICAL PRESENTATION

Diarrhea, abdominal cramping and discomfort, toxic megacolon, pseudomembranous colitis  
In rare cases, a symptomatic patient will present with ileus or colonic distention

### INFECTIOUS SUBSTANCES

Feces

### HOW IT IS TRANSMITTED

Fecal-oral, direct contact, indirect contact

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Contact Plus Precautions**

#### LONG-TERM CARE

**Contact Plus Precautions**

#### COMMUNITY

**Contact Precautions**

#### PEDIATRICS

**Contact Plus Precautions**

### DURATION OF PRECAUTIONS

- Until symptoms have stopped for 48 hours AND return to baseline bowel movements.
- A negative or repeat C. difficile test is not recommended as a test of cure.
- Shedding of C. difficile in stool can persist for several months after infection has resolved and may result in positive test results.

### INCUBATION PERIOD

Variable

### PERIOD OF COMMUNICABILITY

Until symptoms resolve

### COMMENTS

- Soap and water is the preferred method of hand hygiene.
- Environmental cleaning: Use a product that is effective against C. difficile as spores are known to be durable and resistant to routine disinfectant processes.
- Only send specimens on **symptomatic individuals**. Do not test children < 12 months.

## *Clostridium perfringens* (Food Poisoning)

CLINICAL PRESENTATION	
Gastroenteritis (abdominal pain, severe diarrhea)	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Feces, soil, contaminated food	Foodborne No human-to-human transmission
PRECAUTIONS NEEDED	
ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices
DURATION OF PRECAUTIONS	
Not applicable	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
6 - 24 (usually 8 - 12) hours	Not applicable
COMMENTS	
<ul style="list-style-type: none"> <li><a href="#">REPORTABLE DISEASE</a></li> </ul>	

## ***Clostridium perfringens* (Gas Gangrene)**

Gas gangrene is also known as “clostridial myonecrosis”

### CLINICAL PRESENTATION

Severe pain, edema, tenderness, pallor, discoloration, hemorrhagic bullae, production of gas at wound site, muscle necrosis

Systemic presentation includes shock, renal failure, hypotension, bacteremia with intravascular hemolysis leading to coma and death

### INFECTIOUS SUBSTANCES

Soil, contaminated foreign bodies, feces

### HOW IT IS TRANSMITTED

No human-to-human transmission  
Contamination of deep open wounds (fractures, bullet wounds) with dirt or foreign material

### PRECAUTIONS NEEDED

<b>ACUTE CARE</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>Minor drainage contained by dressing</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Major drainage that is not covered or contained by dressing</li> </ul>
<b>LONG-TERM CARE</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>Minor drainage contained by dressing</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Major drainage that is not covered or contained by dressing</li> </ul>
<b>COMMUNITY</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>Minor drainage contained by dressing</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Major drainage that is not covered or contained by dressing</li> </ul>
<b>PEDIATRICS</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>Minor drainage contained by dressing</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Major drainage that is not covered or contained by dressing</li> </ul>

### DURATION OF PRECAUTIONS

Until drainage can be contained and covered

### INCUBATION PERIOD

After injury 6 hours - 4 days

### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- Gas gangrene can also be caused by other bacteria such as *Streptococcus*, *Staphylococcus*, *Clostridium spp.*

## Coccidioidomycosis (*Coccidioides* spp.)

Commonly known as “Valley Fever”

### CLINICAL PRESENTATION

Usually self-limiting. Pneumonia, pleural effusion, malaise, fever, myalgia, headache. Pleural effusion, empyema. Cutaneous lesions and soft tissue infections, rash. Rare central nervous system involvement.

### INFECTIOUS SUBSTANCES

Fungal spores from soil and dust  
Wound drainage (rare)

### HOW IT IS TRANSMITTED

Inhalation of spores  
No human-to-human transmission  
Rare cutaneous infection via direct contact with draining lesions, and organ transplantation

### PRECAUTIONS NEEDED

#### ACUTE CARE

#### Routine Practices

#### LONG-TERM CARE

#### Routine Practices

#### COMMUNITY

#### Routine Practices

#### PEDIATRICS

#### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

### INCUBATION PERIOD

1 - 3 weeks

### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- Transmission can occur when soil or dust is disturbed.
- Use [point of care risk assessment](#) when changing or discarding dressings, casts or other materials that may be contaminated with exudate.

## Colorado Tick Fever (Coltivirus)

### CLINICAL PRESENTATION

Fever, chills, headache, body aches, fatigue  
Rare cases of encephalitis, meningitis, unexplained bleeding

#### INFECTIOUS SUBSTANCES

Bite from infected tick

#### HOW IT IS TRANSMITTED

Tick borne (vector)  
No human-to-human transmission

### PRECAUTIONS NEEDED

#### ACUTE CARE

##### Routine Practices

#### LONG-TERM CARE

##### Routine Practices

#### COMMUNITY

##### Routine Practices

#### PEDIATRICS

##### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

#### INCUBATION PERIOD

3 - 6 days

#### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- All cases of encephalitis are [REPORTABLE DISEASE](#).
- Provider to report to Medical Health Officer if encephalitis is presumed.

## Conjunctivitis - Bacterial

Commonly known as “Pink Eye”

### CLINICAL PRESENTATION

Inflammation of the conjunctiva, redness of the sclera, purulent discharge, itching or irritation

### INFECTIOUS SUBSTANCES

Eye discharge (mucoid/purulent)

### HOW IT IS TRANSMITTED

Direct contact, indirect contact

### PRECAUTIONS NEEDED

*If a pathogen is identified, follow organism specific instructions in this manual.*

<b>ACUTE CARE</b>	<b>Routine Practices</b>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>If viral etiology not ruled out</li> </ul>
<b>LONG-TERM CARE</b>	<b>Routine Practices</b>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>If viral etiology not ruled out</li> </ul>
<b>COMMUNITY</b>	<b>Routine Practices</b>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>If viral etiology not ruled out</li> </ul>
<b>PEDIATRICS</b>		<b>Contact Precautions</b>

### DURATION OF PRECAUTIONS

Until viral etiology ruled out or until symptoms are resolved

### INCUBATION PERIOD

24 - 72 hours

### PERIOD OF COMMUNICABILITY

During active infection

### COMMENTS

- The most common cause of bacterial conjunctivitis are *Staphylococcus aureus*, *Haemophilus influenzae*, *Streptococcus pneumoniae*, *Moraxella catarrhalis*.
- If bacterial conjunctivitis is caused by **Antibiotic Resistant Organism**, then refer to specific organism.
- Bacterial conjunctivitis is less common in children older than 5 years.

## Conjunctivitis - Viral

Commonly known as “Pink Eye”

### CLINICAL PRESENTATION

Inflammation of the conjunctiva, redness of the sclera, watery discharge

### INFECTIOUS SUBSTANCES

Eye discharge (watery)

### HOW IT IS TRANSMITTED

Direct contact, indirect contact

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Contact Precautions**

#### LONG-TERM CARE

**Contact Precautions**

#### COMMUNITY

**Contact Precautions**

#### PEDIATRICS

**Contact Precautions**

### DURATION OF PRECAUTIONS

Until symptoms are resolved or a non-viral cause is found

### INCUBATION PERIOD

Variable

### PERIOD OF COMMUNICABILITY

Up to 14 days

### COMMENTS

- The most common causes of viral conjunctivitis are Adenovirus, Enteroviruses, HSV, Rubella, and Rubeola.
- Careful attention to aseptic technique and reprocessing of ophthalmology equipment is required.

## Coronavirus, Human – Common Cold (not SARS/MERS/COVID-19)

Includes: Human coronavirus 22E, HKU1, NL63, and OC43

### CLINICAL PRESENTATION

Usually self-limiting. Respiratory tract infection (fever, viral respiratory symptoms: cough, runny nose, sore throat, pneumonia)

### INFECTIOUS SUBSTANCES

Respiratory secretions

### HOW IT IS TRANSMITTED

Direct contact, indirect contact, droplet

### PRECAUTIONS NEEDED

<b>ACUTE CARE</b>	<b>Routine Practices</b>	<b>Droplet &amp; Contact Precautions</b> • Adults in high risk units* only
<b>LONG-TERM CARE</b>	<b>Routine Practices</b>	
<b>COMMUNITY</b>	<b>Routine Practices</b>	
<b>PEDIATRICS</b>		<b>Droplet &amp; Contact Precautions</b>

### DURATION OF PRECAUTIONS

Until symptoms resolve.

For immunocompromised individuals, isolation precautions need to be maintained for a longer duration due to prolonged viral shedding – **Contact IPAC** for discontinuation of precautions.

### INCUBATION PERIOD

2 - 5 days

### PERIOD OF COMMUNICABILITY

Until acute symptoms resolve

### COMMENTS

- Minimize exposure to high-risk patients. Refer to [Definition of Moderately to Severely Immunocompromised Patients](#).
- Individuals on Droplet & Contact Precautions may need additional **Airborne Precautions** if [Aerosol Generating Medical Procedures \(AGMPs\)](#) are used.
- \*High-risk units - Solid Organ Transplant (SOT), Bone Marrow Transplant (BMT), Intensive Care Unit (ICU), Neonatal ICU (NICU), Cardiac Surgery ICU (CSICU), Cardiac Care Unit (CCU), Thoracic, Burns Trauma High Acuity (BTHA).

## Coronavirus, COVID-19 (SARS-CoV-2)

### CLINICAL PRESENTATION

Respiratory tract infection (fever, respiratory-like symptoms: cough, runny nose, sore throat); Pneumonia (shortness of breath, discomfort during breathing)

### INFECTIOUS SUBSTANCES

Respiratory secretions and exhaled droplets and particles

### HOW IT IS TRANSMITTED

Direct contact, indirect contact, droplet

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Droplet & Contact Precautions**

#### LONG-TERM CARE & MENTAL HEALTH

**Droplet & Contact Precautions**

#### COMMUNITY

**Droplet & Contact Precautions**

#### PEDIATRICS

**Droplet & Contact Precautions**

### DURATION OF PRECAUTIONS

**Acute Care:** 7 days post symptom onset **AND** symptom improvement for 24 hours **AND** return to baseline oxygenation **AND** resolution of fever without the use of fever-reducing medication  
For [moderately/severely immunocompromised individuals](#), isolation precautions need to be maintained for 20 days. Contact IPAC for discontinuation of precautions.

**Long-Term Care and Mental Health:** Maintain precautions for 5 days from symptom onset date. Precautions remain in place until improvement of symptoms AND resolution of fever for 24 hours without the use of fever-reducing medication.

**Home & Community:** Follow [Interim Guidance: Public Health Management of COVID-19 in the Community](#) (page 8).

### INCUBATION PERIOD

1 - 14 days (average 5 days)

### PERIOD OF COMMUNICABILITY

Variable

### COMMENTS

- Individuals on Droplet & Contact Precautions may need additional **Airborne Precautions** if [Aerosol Generating Medical Procedures \(AGMPs\)](#) are used.
- In **Acute Care**, if a patient in a multibed room tests positive, move to a private room whenever possible and place roommates on Droplet & Contact Precautions for 5 days.
- Refer to [BCCDC COVID-19 Resources](#).

## Coronavirus, SARS & MERS

Includes: Severe Acute Respiratory Syndrome Coronavirus (SARS CoV) & Middle East Respiratory Syndrome Coronavirus (MERS CoV)

### CLINICAL PRESENTATION

Respiratory tract infection (fever, cold-like symptoms: cough, runny nose, sore throat); pneumonia (shortness of breath, discomfort during breathing), nausea, vomiting & diarrhea

### INFECTIOUS SUBSTANCES

Respiratory secretions and exhaled droplets and particles

### HOW IT IS TRANSMITTED

Direct contact, indirect contact, droplet

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Airborne & Contact + Droplet Precautions**

#### LONG-TERM CARE

**Airborne & Contact + Droplet Precautions**

#### COMMUNITY

**Airborne & Contact + Droplet Precautions**

#### PEDIATRICS

**Airborne & Contact + Droplet Precautions**

### DURATION OF PRECAUTIONS

As directed by IPAC and the Medical Health Officer on a case-by-case basis.  
Immunocompromised patients may have prolonged viral shedding.

### INCUBATION PERIOD

2 – 14 days

### PERIOD OF COMMUNICABILITY

Not yet determined

### COMMENTS

- [REPORTABLE DISEASE](#).
- Acute care provider to **call or page the Medical Microbiologist On-Call** at presumed stage.
- **Call or page IPAC immediately** if SARS or MERS is presumed.
- History of travel and/or contact with persons from endemic countries must be considered at triage.
- For more information, see [Emerging Respiratory Viruses](#).

## *Corynebacterium diphtheriae* (Diphtheria)

### CLINICAL PRESENTATION

Skin or nasopharyngeal ulcerative lesion (lesions are asymmetrical with grayish white membranes surrounded with swelling and redness)

### INFECTIOUS SUBSTANCES

Lesion drainage and/or nasopharyngeal secretions

### HOW IT IS TRANSMITTED

Direct contact, indirect contact, droplet

### PRECAUTIONS NEEDED

<b>ACUTE CARE</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>Non-toxigenic strain</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Toxigenic cutaneous diphtheria</li> </ul>	<b>Droplet &amp; Contact Precautions</b> <ul style="list-style-type: none"> <li>Toxigenic pharyngeal diphtheria</li> </ul>
<b>LONG-TERM CARE</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>Non-toxigenic strain</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Toxigenic cutaneous diphtheria</li> </ul>	<b>Droplet &amp; Contact Precautions</b> <ul style="list-style-type: none"> <li>Toxigenic pharyngeal diphtheria</li> </ul>
<b>COMMUNITY</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>Non-toxigenic strain</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Toxigenic cutaneous diphtheria</li> </ul>	<b>Droplet &amp; Contact Precautions</b> <ul style="list-style-type: none"> <li>Toxigenic pharyngeal diphtheria</li> </ul>
<b>PEDIATRICS</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>Non-toxigenic strain</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Toxigenic cutaneous diphtheria</li> </ul>	<b>Droplet &amp; Contact Precautions</b> <ul style="list-style-type: none"> <li>Toxigenic pharyngeal diphtheria</li> </ul>

### DURATION OF PRECAUTIONS

Until after antimicrobial therapy is complete AND until two cultures from skin lesions and/or both nose and throat cultures, collected at least 24 hours apart, are negative

### INCUBATION PERIOD

2 - 5 days

### PERIOD OF COMMUNICABILITY

If untreated, 2 weeks to several months.  
If treated with appropriate antibiotics, 48 hours.

### COMMENTS

- [REPORTABLE DISEASE](#).
- Provider to report all cases of respiratory diphtheria to Medical Health Officer.
- If cultures are not available, maintain precautions until 2 weeks after completion of treatment.
- Cutaneous *Corynebacterium diphtheriae* isolates are not routinely sent for toxin testing. Toxin testing by clinical request based on the clinical context (e.g., travel to endemic area and/or wound presentation).
- Toxigenic strains produce diphtheria toxin. Not all *Corynebacterium diphtheriae* strains produce toxins.
- Close contacts require antimicrobial prophylaxis. Refer to [diphtheria antitoxin](#).

## Creutzfeldt-Jakob Disease, Classic (CJD) and Variant (vCJD)

### CLINICAL PRESENTATION

**CJD:** Subclinical onset of myoclonus, chronic encephalopathy, rapidly progressive dementia

**vCJD:** Prominent psychiatric/behavioral symptoms; painful dysesthesias; delayed neurologic signs

#### INFECTIOUS SUBSTANCES

Tissues of infected animals and humans, contaminated neurosurgical instruments  
**High-risk tissue:** brain including dura mater, spinal cord, CSF, posterior eyes, pituitary gland.  
 Tonsils (vCJD)

#### HOW IT IS TRANSMITTED

**CJD:** exposure to contaminated neurosurgical instruments, infected brain or nervous system tissue during medical procedures  
**vCJD:** consuming infected livestock  
 No human-to-human transmission

### PRECAUTIONS NEEDED

#### ACUTE CARE

##### Routine Practices

#### LONG-TERM CARE

##### Routine Practices

#### COMMUNITY

##### Routine Practices

#### PEDIATRICS

##### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

#### INCUBATION PERIOD

Months to years

#### PERIOD OF COMMUNICABILITY

Variable

### COMMENTS

- [REPORTABLE DISEASE](#).
- Providers to **call or page Medical Microbiologist on call** at presumptive stage.
- Guidelines for CJD precautions on a patient and/or tissue at risk for CJD include: neurosurgical procedures, decontamination, sterile processing, specimen collection/handling and autopsy procedures – see [VCH IPAC Guidelines for Management of CJD and other Prion Diseases](#)
- For lumbar puncture at the bedside of a patient with presumed CJD - see [IPAC Recommendations for Creutzfeldt Jakob Disease \(CJD\) Lumbar Puncture \(LP\)](#)

# Crimean-Congo Hemorrhagic Fever, Viral Hemorrhagic Fever (VHF)

(Arbovirus - Orthobunyavirus)

## CLINICAL PRESENTATION

Headache, fever, back pain, joint pain, stomach pain, vomiting, red eyes, throat, petechiae, jaundice.

Hypotensive crisis can follow frank hemorrhage from gastrointestinal tract, nose, mouth, or uterus

## INFECTIOUS SUBSTANCES

Blood and body fluids shed from sick domestic animals and/or humans, tick bite

## HOW IT IS TRANSMITTED

Direct contact, indirect contact, tickborne

## PRECAUTIONS NEEDED

### ACUTE CARE

**Airborne & Contact + Droplet Precautions**

### LONG-TERM CARE

**Airborne & Contact + Droplet Precautions**

### COMMUNITY

**Airborne & Contact + Droplet Precautions**

### PEDIATRICS

**Airborne & Contact + Droplet Precautions**

## DURATION OF PRECAUTIONS

Consult IPAC prior to stopping precautions

## INCUBATION PERIOD

1 - 9 days following exposure via tick bite  
5 - 13 days following contact with infected blood or tissue

## PERIOD OF COMMUNICABILITY

From symptom onset until all symptoms resolve

## COMMENTS

- [REPORTABLE DISEASE](#)
- Acute care provider to **call or page the Medical Microbiologist On-Call** at presumed stage.
- History of travel and/or contact with persons and non-human primates from endemic countries must be considered at triage.
- **Call or page IPAC immediately** if Viral Hemorrhagic Fever is presumed.
- Maintain a log of all people entering the patient's room.
- High threat pathogens require special PPE considerations, see [VCH Response Procedures for Viral Hemorrhagic Fever and Other Unusual Communicable Diseases](#) for more information.
- For general information visit the [BC MOH Ebola webpage](#).

## Croup, not yet diagnosed (NYD)

Various organisms. Commonly associated with human parainfluenza viruses type 1 and 2

### CLINICAL PRESENTATION

Respiratory symptoms, loud barking cough, raspy hoarse voice, wheezing or grunting while breathing

#### INFECTIOUS SUBSTANCES

Respiratory secretions

#### HOW IT IS TRANSMITTED

Direct contact, indirect contact, droplet

### PRECAUTIONS NEEDED

*If a pathogen is identified, follow organism specific instructions in this manual.*

#### ACUTE CARE

**Droplet & Contact Precautions**

#### LONG-TERM CARE

**Droplet & Contact Precautions**

#### COMMUNITY

**Droplet & Contact Precautions**

#### PEDIATRICS

**Droplet & Contact Precautions**

### DURATION OF PRECAUTIONS

Variable – see specific organism

For viral infections – until symptoms resolve or return to baseline

For immunocompromised individuals, isolation precautions may need to be maintained for longer duration due to prolonged shedding - **Consult IPAC** prior to discontinuation.

#### INCUBATION PERIOD

Variable

#### PERIOD OF COMMUNICABILITY

Dependent on type of virus or bacteria

### COMMENTS

- Individuals on Droplet & Contact Precautions may need additional **Airborne Precautions** if [Aerosol Generating Medical Procedures \(AGMPs\)](#) are used.
- Minimize exposure of immunocompromised patients, children with chronic cardiac or lung disease, and neonates.
- Consult IPAC for patient co-horting, see [VCH Bed Placement VRI Algorithm](#).

## Cryptococcosis (*Cryptococcus neoformans*, *C. gattii*)

CLINICAL PRESENTATION	
Often asymptomatic. Meningitis (usually in immunocompromised individuals), pulmonary cryptococcosis (acute respiratory distress syndrome), disseminated cryptococcosis	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Soil, decaying wood, bird droppings	Inhalation of the fungal spores or possibly through infected transplanted organs. No human-to-human transmission
PRECAUTIONS NEEDED	
ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices
DURATION OF PRECAUTIONS	
Not applicable	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
<i>C. neoformans</i> is unknown but likely variable <i>C. gattii</i> is 8 weeks to 13 months	Not applicable
COMMENTS	
<ul style="list-style-type: none"> <li><a href="#">REPORTABLE DISEASE</a></li> </ul>	

## Cryptosporidiosis (*Cryptosporidium parvum*)

CLINICAL PRESENTATION		
Diarrhea, abdominal cramps, vomiting, fatigue, fever, weight loss, nausea and headache		
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED
Feces (fecal oocysts)		Fecal-oral, direct contact, indirect contact
PRECAUTIONS NEEDED		
ACUTE CARE	<b>Routine Practices</b>	<b>Contact Precautions</b> For adults if: <ul style="list-style-type: none"><li>• Incontinent</li><li>• Stool not contained</li><li>• Poor hygiene</li><li>• Contaminating their environment</li></ul>
LONG-TERM CARE	<b>Routine Practices</b>	<b>Contact Precautions</b> For adults if: <ul style="list-style-type: none"><li>• Incontinent</li><li>• Stool not contained</li><li>• Poor hygiene</li><li>• Contaminating their environment</li></ul>
COMMUNITY	<b>Routine Practices</b>	<b>Contact Precautions</b> For adults if: <ul style="list-style-type: none"><li>• Incontinent</li><li>• Stool not contained</li><li>• Poor hygiene</li><li>• Contaminating their environment</li></ul>
PEDIATRICS		<b>Contact Precautions</b>
DURATION OF PRECAUTIONS		
Until symptoms have stopped for 48 hours AND return to baseline bowel movements, OR (for adults) until they are continent and have good hygiene.		
INCUBATION PERIOD		PERIOD OF COMMUNICABILITY
2 - 10 days		From onset of symptoms until several weeks after symptoms are resolved
COMMENTS		
<ul style="list-style-type: none"><li>• <a href="#">REPORTABLE DISEASE</a></li></ul>		

## Cyclosporiasis (*Cyclospora* spp.)

### CLINICAL PRESENTATION

Vomiting, diarrhea, weight loss, abdominal cramps, nausea, fever, prolonged fatigue or may be asymptomatic

#### INFECTIOUS SUBSTANCES

Contaminated water, fruits and vegetables.  
Imported fresh produce (e.g., fresh raspberries, basil, cilantro, lettuce) from Central America

#### HOW IT IS TRANSMITTED

Fecal-oral, ingestion of contaminated food or water  
No human-to-human transmission

### PRECAUTIONS NEEDED

#### ACUTE CARE

##### Routine Practices

##### Contact Precautions

For adults if:

- Incontinent
- Stool not contained
- Poor hygiene
- Contaminating their environment

#### LONG-TERM CARE

##### Routine Practices

##### Contact Precautions

For adults if:

- Incontinent
- Stool not contained
- Poor hygiene
- Contaminating their environment

#### COMMUNITY

##### Routine Practices

##### Contact Precautions

For adults if:

- Incontinent
- Stool not contained
- Poor hygiene
- Contaminating their environment

#### PEDIATRICS

##### Contact Precautions

### DURATION OF PRECAUTIONS

Until symptoms have stopped for 48 hours AND return to baseline bowel movements, OR (for adults) until they are continent and have good hygiene

#### INCUBATION PERIOD

2 - 14 days

#### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- [REPORTABLE DISEASE](#)

## Cystic Fibrosis (CF)

### CLINICAL PRESENTATION

Clinical presentation may vary

Typical symptoms include persistent pulmonary infection, pancreatic insufficiency, and elevated sweat chloride levels

### INFECTIOUS SUBSTANCES

CF is genetic not infectious. CF patients are at high risk for infection and colonization with antibiotic resistant organisms (AROs)

### HOW IT IS TRANSMITTED

CF patients can transmit organisms to other CF patients  
Direct contact, indirect contact, droplet

### PRECAUTIONS NEEDED

<b>ACUTE CARE</b>		<b>Contact Precautions</b>	<b>Droplet &amp; Contact Precautions</b> <ul style="list-style-type: none"> <li><b>All</b> respiratory infections (e.g. adenovirus, rhinovirus, <i>Stenotrophomonas</i>, <i>Pseudomonas</i>, etc.)</li> </ul>
<b>LONG-TERM CARE</b>	<b>Routine Practices</b>		<b>Droplet &amp; Contact Precautions</b> <ul style="list-style-type: none"> <li><b>All</b> respiratory infections (e.g. adenovirus, rhinovirus, <i>Stenotrophomonas</i>, <i>Pseudomonas</i>, etc.)</li> </ul>
<b>COMMUNITY</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>Home care</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Ambulatory/outpatient care clinics</li> </ul>	<b>Droplet &amp; Contact Precautions</b> <ul style="list-style-type: none"> <li><b>All</b> respiratory infections (e.g. adenovirus, rhinovirus, <i>Stenotrophomonas</i>, <i>Pseudomonas</i>, etc.)</li> </ul>
<b>PEDIATRICS</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>Home care</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Acute care</li> <li>Ambulatory/outpatient care clinics</li> </ul>	<b>Droplet &amp; Contact Precautions</b> <ul style="list-style-type: none"> <li><b>All</b> respiratory infections (e.g. adenovirus, rhinovirus, <i>Stenotrophomonas</i>, <i>Pseudomonas</i>, etc.)</li> </ul>

### DURATION OF PRECAUTIONS

As directed by Infection Prevention and Control

### INCUBATION PERIOD

Not applicable

### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- Segregate newly diagnosed CF patients from other CF patients in all settings until IPAC education has been provided.
- CF patients should wear a mask when not inside their clinic or hospital room.
- CF patient require special infection control measures. [Contact IPAC for more information.](#)

# Cytomegalovirus (CMV)

(Human Herpesvirus 5)

## CLINICAL PRESENTATION

Usually asymptomatic; congenital infection, retinitis, mononucleosis, pneumonia, disseminated infection in immunocompromised person

### INFECTIOUS SUBSTANCES

Saliva, genital secretions, urine, breastmilk, transplanted organs

### HOW IT IS TRANSMITTED

Sexual contact, direct contact, vertical (pregnant individual to fetus in utero, newborn at birth, or infant during breastfeeding), transfusion, transplantation

## PRECAUTIONS NEEDED

### ACUTE CARE

#### Routine Practices

### LONG-TERM CARE

#### Routine Practices

### COMMUNITY

#### Routine Practices

### PEDIATRICS

#### Routine Practices

## DURATION OF PRECAUTIONS

Not applicable

### INCUBATION PERIOD

Variable, weeks to months

### PERIOD OF COMMUNICABILITY

Variable, linked to immunosuppressed status

## COMMENTS

- [REPORTABLE DISEASE](#). All cases of congenital or neonatal infection.
- Can be an uncommon cause of infectious mononucleosis.
- Requires intimate personal contact for transmission.
- No additional precautions necessary for pregnant healthcare workers.

## Dengue Fever (*Orthoflavivirus*)

### CLINICAL PRESENTATION

Fever, joint pain, macular or maculopapular rash

Disease may progress to hemorrhagic fever or dengue shock syndrome (DSS) in extreme cases

#### INFECTIOUS SUBSTANCES

Bite from an infected mosquito

#### HOW IT IS TRANSMITTED

Mosquito borne (vector)  
Rare vertical transmission or needlestick injury  
No human-to-human transmission

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Routine Practices**

#### LONG-TERM CARE

**Routine Practices**

#### COMMUNITY

**Routine Practices**

#### PEDIATRICS

**Routine Practices**

### DURATION OF PRECAUTIONS

Not applicable

#### INCUBATION PERIOD

3 - 14 days

#### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- [REPORTABLE DISEASE](#)

## Diarrhea, not yet diagnosed (NYD)

CLINICAL PRESENTATION	
Diarrhea	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Feces	Fecal-oral, direct contact, indirect contact
PRECAUTIONS NEEDED	
<i>If pathogen is identified, follow organism specific instructions in this manual.</i>	
<b>ACUTE CARE</b>	<b>Contact Plus Precautions</b> <ul style="list-style-type: none"> <li>Diarrhea and/or vomiting NYD and gastroenteritis is presumed</li> </ul>
<b>LONG-TERM CARE</b>	<b>Contact Plus Precautions</b> <ul style="list-style-type: none"> <li>Diarrhea and/or vomiting NYD and gastroenteritis is presumed</li> </ul>
<b>COMMUNITY</b>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Diarrhea and/or vomiting NYD and gastroenteritis is presumed</li> </ul>
<b>PEDIATRICS</b>	<b>Contact Plus Precautions</b> <ul style="list-style-type: none"> <li>Diarrhea and/or vomiting NYD and gastroenteritis is presumed</li> </ul>
DURATION OF PRECAUTIONS	
Refer to specific organism if identified If organism is unknown, until symptoms resolved for 48 hours AND return to baseline bowel movements or until infectious cause is ruled out	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Not applicable	Not applicable
COMMENTS	
<ul style="list-style-type: none"> <li>Soap and water is the preferred method of hand hygiene</li> <li>Refer to <a href="#">Gastrointestinal Infection (GI) Acute Care Patient Placement Algorithm</a></li> <li>Refer to <a href="#">Outbreak Resources</a></li> </ul>	

## Eastern Equine (EEE) and Western Equine (WEE) Encephalitis (Alphavirus)

### CLINICAL PRESENTATION

Fever, encephalomyelitis (headache, chills, vomiting, disorientation, seizures)

### INFECTIOUS SUBSTANCES

Bite from an infected mosquito

### HOW IT IS TRANSMITTED

Mosquito borne (vector)  
No human-to-human transmission

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Routine Practices**

#### LONG-TERM CARE

**Routine Practices**

#### COMMUNITY

**Routine Practices**

#### PEDIATRICS

**Routine Practices**

### DURATION OF PRECAUTIONS

Not applicable

### INCUBATION PERIOD

4 - 10 days

### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- All cases of encephalitis are [REPORTABLE DISEASE](#).
- Provider to report to Medical Health Officer if encephalitis is presumed.

# Ebola Viral Disease (EVD) - Viral Hemorrhagic Fever (VHF)

(Ebola virus)

## CLINICAL PRESENTATION

Fever, severe headache, fatigue, myalgia, pharyngitis, nausea, vomiting, diarrhea, unexplained bruising or bleeding  
Hemorrhagic fever in late clinical presentation

## INFECTIOUS SUBSTANCES

Blood, body fluids and respiratory secretions

## HOW IT IS TRANSMITTED

Direct contact, indirect contact, droplet

## PRECAUTIONS NEEDED

### ACUTE CARE

**Airborne & Contact + Droplet Precautions**

### LONG-TERM CARE

**Airborne & Contact + Droplet Precautions**

### COMMUNITY

**Airborne & Contact + Droplet Precautions**

### PEDIATRICS

**Airborne & Contact + Droplet Precautions**

## DURATION OF PRECAUTIONS

Until symptoms resolved, two negative PCR tests at least 24 hours apart and as directed by IPAC

## INCUBATION PERIOD

2 - 21 days

## PERIOD OF COMMUNICABILITY

Until all symptoms resolve and no virus circulating in the blood and body fluids

## COMMENTS

- [REPORTABLE DISEASE](#)
- Acute care provider to **call or page the Medical Microbiologist On-Call** at presumed stage.
- History of travel and/or contact with persons and non-human primates from endemic countries must be considered at triage.
- **Call or page IPAC immediately** if Ebola Viral Disease is presumed.
- Maintain a log of all people entering the patient's room.
- High threat pathogens require special PPE considerations, see [VCH Response Procedures for Viral Hemorrhagic Fever and Other Unusual Communicable Diseases](#) for more information.
- For general information visit the [BC MOH Ebola webpage](#).

## Echinococcosis

Cystic echinococcosis or Hydatidosis (*Echinococcus granulosus*)

Alveolar echinococcosis (*Echinococcus multilocularis*)

### CLINICAL PRESENTATION

**Cystic echinococcosis:** asymptomatic, abdominal pain, nausea, vomiting, chronic cough, chest pain shortness of breath. If cysts rupture: fever, urticaria, eosinophilia, anaphylactic shock

**Alveolar echinococcosis:** asymptomatic, weight loss, abdominal pain, general malaise and signs of hepatic failure

### INFECTIOUS SUBSTANCES

Contaminated food, water or soil and infected animals, such as dogs

### HOW IT IS TRANSMITTED

Fecal-oral  
Animal to human (**direct contact with infected animals**)  
No human to human transmission

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Routine Practices**

#### LONG-TERM CARE

**Routine Practices**

#### COMMUNITY

**Routine Practices**

#### PEDIATRICS

**Routine Practices**

### DURATION OF PRECAUTIONS

Not applicable

### INCUBATION PERIOD

Less than 5 and up to 15 years

### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- Asymptomatic incubation period can last for years until cysts become large enough to cause clinical symptoms.

## Encephalitis, not yet diagnosed (NYD)

Most commonly caused by viruses. Uncommonly caused by bacteria or fungi.

### CLINICAL PRESENTATION

Acute onset of headache, photophobia, stiff neck, vomiting, fever, and/or rash

### INFECTIOUS SUBSTANCES

Respiratory secretions and feces

### HOW IT IS TRANSMITTED

Variable

### PRECAUTIONS NEEDED

If a pathogen is identified, follow organism specific instructions in this manual.

<b>ACUTE CARE</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>Encephalitis NYD*</li> <li>Viral*</li> <li>Bacterial*</li> <li>Fungal</li> </ul>		<b>Droplet Precautions</b> <ul style="list-style-type: none"> <li>Neisseria meningitidis</li> <li>Mumps</li> <li>Mycoplasma pneumoniae</li> </ul>		<b>Airborne Precautions</b> <ul style="list-style-type: none"> <li>Mycobacterium tuberculosis **</li> <li>Measles</li> <li>Varicella zoster</li> </ul>
<b>LONG-TERM CARE</b>	Same as Acute Care				
<b>COMMUNITY</b>	Same as Acute Care				
<b>PEDIATRICS</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>Herpes simplex***</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Encephalitis NYD*</li> <li>Viral*</li> <li>Bacterial*</li> <li>Fungal</li> </ul>	<b>Droplet Precautions</b> <ul style="list-style-type: none"> <li>H. influenzae</li> <li>Neisseria meningitidis</li> <li>Mumps</li> <li>Mycoplasma pneumoniae</li> </ul>	<b>Droplet &amp; Contact Precautions</b> <ul style="list-style-type: none"> <li>NICU settings</li> </ul>	<b>Airborne Precautions</b> <ul style="list-style-type: none"> <li>Mycobacterium tuberculosis **</li> <li>Measles</li> <li>Varicella zoster</li> </ul>

### DURATION OF PRECAUTIONS

Variable. See specific organism. Consult IPAC prior to discontinuing precautions.

### INCUBATION PERIOD

Variable

### PERIOD OF COMMUNICABILITY

Variable

### COMMENTS

- [REPORTABLE DISEASE](#).
- Providers to report all cases of encephalitis to Medical Health Officer.
- **Notify IPAC** of all cases of encephalitis.
- \* Use these precautions if organism is not otherwise specified.
- \*\* Maintain airborne precautions until pulmonary TB disease is ruled out.
- \*\*\*If limited to central nervous system only, no other lesions.

## Endometritis, not yet diagnosed (NYD), Puerperal Sepsis

Group A *Streptococcus* (GAS), *Staphylococcus aureus*, *Clostridium sordellii*, *Clostridium perfringens*

### CLINICAL PRESENTATION

**Endometritis:** abdominal distension or swelling, lower abdominal pain, fever, abnormal vaginal bleeding or discharge

**Puerperal sepsis:** high fever, chills, nausea/vomiting, myalgia, atypical signs include dyspnea, rash, pharyngitis, headache, confusion, combativeness

### INFECTIOUS SUBSTANCES

Infected or colonized body fluids

### HOW IT IS TRANSMITTED

Contact, indirect contact

### PRECAUTIONS NEEDED

*If a pathogen is identified, follow organism specific instructions in this manual.*

<b>ACUTE CARE</b>	<b>Routine Practices</b>	<b>Droplet &amp; Contact Precautions</b> • If presumed to be invasive GAS
<b>LONG-TERM CARE</b>	<b>Routine Practices</b>	<b>Droplet &amp; Contact Precautions</b> • If presumed to be invasive GAS
<b>COMMUNITY</b>	<b>Routine Practices</b>	<b>Droplet &amp; Contact Precautions</b> • If presumed to be invasive GAS
<b>PEDIATRICS</b>	<b>Routine Practices</b>	<b>Droplet &amp; Contact Precautions</b> • If presumed to be invasive GAS

### DURATION OF PRECAUTIONS

Variable – see specific organism

For Group A *Streptococcus* – until 24 hours of effective antimicrobial therapy completed

### INCUBATION PERIOD

Variable

### PERIOD OF COMMUNICABILITY

Variable – see specific organism  
For GAS – until 24 hours of effective antimicrobial therapy completed

### COMMENTS

- Endometritis caused by GAS or *Clostridioides* spp. is often severe and can quickly develop into Toxic Shock Syndrome and necrotizing fasciitis, see [invasive GAS](#) page in this manual.
- Supporting resource: [BCCDC Definition of puerperal infection](#)

## Enterobiasis – Pinworm (*Enterobius vermicularis*)

CLINICAL PRESENTATION	
Nocturnal itchiness to perianal skin (most common), urethritis, vaginitis, pelvic peritonitis, sleeplessness, irritability	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Larvae on perianal skin, contaminated surfaces such as bedding, clothing, toys	Fecal-oral, direct contact, indirect contact
PRECAUTIONS NEEDED	
ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices
DURATION OF PRECAUTIONS	
Not applicable	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
1-2 months or longer from the time eggs are ingested	Until effective treatment and host colonization no longer occurs
COMMENTS	
<ul style="list-style-type: none"> <li>Secondary bacterial skin infection can occur related to perianal itchiness and irritation.</li> <li>Autoinfection is possible.</li> <li>Recommend treatment of household contacts/caregivers of the index case be given at the same time.</li> <li>Control measures: contaminated bed linens and underclothing should not be shaken (to avoid eggs being dispersed into the air) and should be laundered promptly.</li> </ul>	

## Enteroviral Infections Non-Polio (Echovirus, Coxsackievirus)

### CLINICAL PRESENTATION

**Respiratory:** Fever, cough, runny nose, sore throat, croup, bronchiolitis, pneumonia, pharyngitis, herpangina; **Skin:** Rashes, Hand, Foot, Mouth Disease; **Neurologic:** Aseptic meningitis, encephalitis; **Gastrointestinal:** Vomiting, diarrhea, abdominal pain; **Eye:** Acute hemorrhagic conjunctivitis; **Heart:** Myopericarditis; **Muscle:** Pleurodynia

### INFECTIOUS SUBSTANCES

Respiratory secretions, fecal and infective secretions or blister fluid

### HOW IT IS TRANSMITTED

Direct contact, indirect contact, droplet

### PRECAUTIONS NEEDED

*If a pathogen is identified, follow organism specific instructions in this manual.*

<b>ACUTE CARE</b>	<b>Routine Practices</b>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Conjunctivitis</li> </ul>	<b>Droplet and Contact Precautions</b> <ul style="list-style-type: none"> <li>Adults with respiratory infection in high risk units* only</li> </ul>
<b>LONG-TERM CARE</b>	<b>Routine Practices</b>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Conjunctivitis</li> </ul>	
<b>COMMUNITY</b>	<b>Routine Practices</b>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Conjunctivitis</li> </ul>	
<b>PEDIATRICS</b>	<b>Routine Practices</b>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Aseptic meningitis</li> <li>Conjunctivitis</li> <li>Encephalitis</li> <li>Hand, Foot, Mouth Disease</li> <li>Herpangina</li> <li>Pharyngitis</li> <li>Pleurodynia</li> </ul>	<b>Droplet and Contact Precautions</b> <ul style="list-style-type: none"> <li>Respiratory infection</li> <li>NICU settings</li> </ul>

### DURATION OF PRECAUTIONS

Until symptoms are resolved.

Respiratory infection: For immunocompromised individuals and NICU settings, isolation precautions need to be maintained for a longer duration due to prolonged viral shedding – **Contact IPAC** for discontinuation of precautions.

### INCUBATION PERIOD

Enterovirus infection: 3-6 days  
Acute hemorrhagic conjunctivitis: 24-72 hours

### PERIOD OF COMMUNICABILITY

Until symptoms resolve

### COMMENTS

- Minimize exposure to high-risk patients. Refer to [Definition of Moderately to Severely Immunocompromised Patients](#)
- Individuals on Droplet & Contact Precautions may need additional **Airborne Precautions** if [Aerosol Generating Medical Procedures \(AGMPs\)](#) are used.
- \*High-risk units - Solid Organ Transplant (SOT), Bone Marrow Transplant (BMT), Intensive Care Unit (ICU), Neonatal ICU (NICU), Cardiac Surgery ICU (CSICU), Cardiac Care Unit (CCU), Thoracic, Burns Trauma High Acuity (BTHA).

## Epiglottitis

(*Haemophilus influenzae*, Group A *Streptococcus*, *Staphylococcus aureus*, *Streptococcus pneumoniae*)

### CLINICAL PRESENTATION

Abrupt onset of edema and inflammation of the epiglottitis, stridor, dyspnea, hoarseness, fever, sore throat, drooling

### INFECTIOUS SUBSTANCES

Respiratory secretions

### HOW IT IS TRANSMITTED

Direct contact, indirect contact

### PRECAUTIONS NEEDED

*If a pathogen is identified, follow organism specific instructions in this manual.*

<b>ACUTE CARE</b>	<b>Routine Practices</b>	
<b>LONG-TERM CARE</b>	<b>Routine Practices</b>	
<b>COMMUNITY</b>	<b>Routine Practices</b>	
<b>PEDIATRICS</b>	<b>Routine Practices</b>	<b>Droplet Precautions</b> <ul style="list-style-type: none"> <li>If presumed with <i>H. influenzae</i></li> </ul>

### DURATION OF PRECAUTIONS

Until *H. influenzae* is ruled out

### INCUBATION PERIOD

Variable

### PERIOD OF COMMUNICABILITY

Variable

### COMMENTS

- If patient is presumed with *Haemophilus influenzae*, see disease specific page in this manual.

# Epstein-Barr Virus - Infectious Mononucleosis

(Human Herpes Virus 4)

## CLINICAL PRESENTATION

Fever, sore throat, lymphadenopathy, splenomegaly, rash

## INFECTIOUS SUBSTANCES

Saliva, breastmilk, blood

## HOW IT IS TRANSMITTED

Direct contact, indirect contact, droplet

## PRECAUTIONS NEEDED

### ACUTE CARE

Routine Practices

### LONG-TERM CARE

Routine Practices

### COMMUNITY

Routine Practices

### PEDIATRICS

Routine Practices

## DURATION OF PRECAUTIONS

Not applicable

## INCUBATION PERIOD

30 - 50 days

## PERIOD OF COMMUNICABILITY

Prolonged; pharyngeal excretion may be intermittent or persistent for years

## COMMENTS

## Erysipelas

Commonly caused by Group A *Streptococcus*

### CLINICAL PRESENTATION

Shiny, red, raised, indurated lesions with distinct margins. Lesions seen on legs (common) or face (uncommon). Pain, fever, malaise, chills

### INFECTIOUS SUBSTANCES

Wound drainage

### HOW IT IS TRANSMITTED

Direct contact, indirect contact

### PRECAUTIONS NEEDED

<b>ACUTE CARE</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>Minor drainage that can be covered and contained by dressing</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Major drainage that is not contained by a dressing</li> </ul>
<b>LONG-TERM CARE</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>Minor drainage that can be covered and contained by dressing</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Major drainage that is not contained by a dressing</li> </ul>
<b>COMMUNITY</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>Minor drainage that can be covered and contained by dressing</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Major drainage that is not contained by a dressing</li> </ul>
<b>PEDIATRICS</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>Minor drainage that can be covered and contained by dressing</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Major drainage that is not contained by a dressing</li> </ul>

### DURATION OF PRECAUTIONS

Until drainage resolves or covered/contained

### INCUBATION PERIOD

Not applicable

### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- Pediatrics:** A clear clinical distinction between erysipelas and cellulitis is often difficult to determine. For patients <5 years old presumed with *Haemophilus influenza* and presenting with orbital cellulitis, implement **Droplet Precautions** & see [cellulitis](#) page in this manual.

## ESBL (Extended Spectrum Beta Lactamase producers)

*E. coli*, *Klebsiella* spp., *Enterobacter* spp., Others

### CLINICAL PRESENTATION

Colonization or infection of any body site

#### INFECTIOUS SUBSTANCES

Secretions or excretions depending on the location of colonized/infected body site

#### HOW IT IS TRANSMITTED

Direct contact, indirect contact

### PRECAUTIONS NEEDED

#### ACUTE CARE

##### Routine Practices

#### LONG-TERM CARE

##### Routine Practices

#### COMMUNITY

##### Routine Practices

#### PEDIATRICS

##### Routine Practices

- Colonization

##### Contact Precautions

- Infection

### DURATION OF PRECAUTIONS

As directed by Infection Prevention and Control

#### INCUBATION PERIOD

Variable

#### PERIOD OF COMMUNICABILITY

Variable

### COMMENTS

## ***Escherichia coli* O157: H7, Shiga-like toxin-producing *E.coli* (STEC)**

### CLINICAL PRESENTATION

Diarrhea, hemorrhagic colitis, haemolytic-uremic syndrome (HUS), thrombotic thrombocytopenic purpura

### INFECTIOUS SUBSTANCES

Feces, contaminated foods or water (undercooked ground beef, raw leafy vegetables, unpasteurized milk and juice, and recreational water)

### HOW IT IS TRANSMITTED

Fecal-Oral, foodborne, direct contact, indirect contact

### PRECAUTIONS NEEDED

<b>ACUTE CARE</b>	<b>Routine Practices</b>	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"> <li>• Incontinent</li> <li>• Stool not contained</li> <li>• Poor hygiene</li> <li>• Contaminating their environment</li> </ul>
<b>LONG-TERM CARE</b>	<b>Routine Practices</b>	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"> <li>• Incontinent</li> <li>• Stool not contained</li> <li>• Poor hygiene</li> <li>• Contaminating their environment</li> </ul>
<b>COMMUNITY</b>	<b>Routine Practices</b>	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"> <li>• Incontinent</li> <li>• Stool not contained</li> <li>• Poor hygiene</li> <li>• Contaminating their environment</li> </ul>
<b>PEDIATRICS</b>		<b>Contact Precautions</b>

### DURATION OF PRECAUTIONS

Until symptoms have stopped for 48 hours AND return to baseline bowel movements, OR (for adults) until they are continent and have good hygiene.

**If hemolytic-uremic syndrome (HUS):** Until two successive negative stool samples (obtained at least 48 hours after any antimicrobial therapy has been discontinued) for *E.coli* O157: H7 or 10 days after onset of diarrhea and symptoms have resolved.

### INCUBATION PERIOD

Most *E.coli* strains is 10 hours to 6 days  
For *E.coli* O157: H7, it's 3 to 4 days (range 1 to 8 days)

### PERIOD OF COMMUNICABILITY

Until symptoms resolve

### COMMENTS

- [REPORTABLE DISEASE](#)

## Fever of unknown origin, Fever without focus

(Bacterial, viral, fungal)

CLINICAL PRESENTATION	
Acute fever without clear focus of infection	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Unknown	Direct contact, indirect contact, droplet
PRECAUTIONS NEEDED	
<i>If a pathogen is identified, follow organism specific instructions in this manual.</i>	
ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Droplet and Contact Precautions
DURATION OF PRECAUTIONS	
Until symptoms resolve OR until infectious cause is ruled out	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable	Variable
COMMENTS	

## Food Poisoning

*Bacillus cereus*, *Clostridium perfringens*, *Staphylococcus aureus*, *Salmonella* spp., *Vibrio paraheamolyticus*, *Escherichia coli* 0157: H7, *Listeria monocytogenes*, *Toxoplasma gondii*

### CLINICAL PRESENTATION

Nausea, vomiting, diarrhea, abdominal cramps/pain

### INFECTIOUS SUBSTANCES

Feces

### HOW IT IS TRANSMITTED

Foodborne, direct contact, indirect contact

### PRECAUTIONS NEEDED

*If a pathogen is identified, follow organism specific instructions in this manual.*

<b>ACUTE CARE</b>	<b>Routine Practices</b>	<b>Contact Precautions</b> Add <a href="#">Droplet</a> if vomiting For Adults if: <ul style="list-style-type: none"> <li>• Incontinent</li> <li>• Stool not contained</li> <li>• Poor hygiene</li> <li>• Contaminating their environment</li> </ul>
<b>LONG-TERM CARE</b>	<b>Routine Practices</b>	<b>Contact Precautions</b> Add <a href="#">Droplet</a> if vomiting For Adults if: <ul style="list-style-type: none"> <li>• Incontinent</li> <li>• Stool not contained</li> <li>• Poor hygiene</li> <li>• Contaminating their environment</li> </ul>
<b>COMMUNITY</b>	<b>Routine Practices</b>	<b>Contact Precautions</b> Add <a href="#">Droplet</a> if vomiting For Adults if: <ul style="list-style-type: none"> <li>• Incontinent</li> <li>• Stool not contained</li> <li>• Poor hygiene</li> <li>• Contaminating their environment</li> </ul>
<b>PEDIATRICS</b>		<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>• Add <a href="#">Droplet</a> if vomiting</li> </ul>

### DURATION OF PRECAUTIONS

Until symptoms have stopped for 48 hours AND return to baseline bowel movements, OR (for adults) until they are continent and have good hygiene.

### INCUBATION PERIOD

Not applicable

### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

## Group A Streptococcus (GAS) – Skin Infection

*Streptococcus pyogenes*

### CLINICAL PRESENTATION

Wound or burn infection, skin infection, impetigo, cellulitis, abscess

### INFECTIOUS SUBSTANCES

Infected body fluids

### HOW IT IS TRANSMITTED

Direct contact, indirect contact

### PRECAUTIONS NEEDED

<b>ACUTE CARE</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>Minor drainage that can be covered and contained by dressing</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Major drainage that cannot be covered and contained by a dressing</li> </ul>
<b>LONG-TERM CARE</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>Minor drainage that can be covered and contained by dressing</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Major drainage that cannot be covered and contained by a dressing</li> </ul>
<b>COMMUNITY</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>Minor drainage that can be covered and contained by dressing</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Major drainage that cannot be covered and contained by a dressing</li> </ul>
<b>PEDIATRICS</b>		<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Major drainage that cannot be covered and contained by a dressing</li> </ul>

### DURATION OF PRECAUTIONS

Until 24 hours after effective antimicrobial therapy or until drainage is contained

### INCUBATION PERIOD

1 - 3 days

### PERIOD OF COMMUNICABILITY

Until 24 hours of effective antimicrobial therapy completed

### COMMENTS

## Group A Streptococcus – Invasive (iGAS)

*Streptococcus pyogenes*

### CLINICAL PRESENTATION

**Evidence of severe disease may include several conditions and clinical presentations such as:** Streptococcal toxic shock syndrome (STSS) • Soft tissue necrosis (i.e., necrotizing fasciitis, myositis or gangrene) • Bacteria entering sterile cavity (blood, cerebrospinal fluid, pleural fluid, pericardial fluid, peritoneal fluid, deep tissue) • Meningitis • Pneumonia • Epiglottitis • Septic Arthritis • Death

### INFECTIOUS SUBSTANCES

Respiratory secretions and wound drainage, cerebrospinal fluid

### HOW IT IS TRANSMITTED

Direct contact, indirect contact, droplet

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Droplet & Contact Precautions**

#### LONG-TERM CARE

**Droplet & Contact Precautions**

#### COMMUNITY

**Droplet & Contact Precautions**

#### PEDIATRICS

**Droplet & Contact Precautions**

### DURATION OF PRECAUTIONS

Until 24 hours of effective antimicrobial therapy completed

### INCUBATION PERIOD

Typically 1 - 3 days

### PERIOD OF COMMUNICABILITY

10 - 21 days in untreated, uncomplicated cases

### COMMENTS

- [REPORTABLE DISEASE](#)
- To determine if a case is invasive, see [BCCDC Definition for iGAS Case](#).
- **Acute inpatient:** Patients who share a room with a patient who has iGAS are not usually considered as exposed and do not require prophylaxis. **Notify IPAC** if a potential exposure has occurred (rare). See [PHAC Definition of iGAS Exposures](#).

## Group A Streptococcus (GAS) – Scarlet Fever, Pharyngitis

*Streptococcus pyogenes*

### CLINICAL PRESENTATION

**Scarlet Fever** - erythematous sandpaper-like rash to trunk extending to upper extremities, flushed cheeks, “strawberry tongue”

**Pharyngitis** - sore throat, fever, pain with swallowing, swollen lymph nodes in the neck, erythematous pharynx and tonsils, swollen tonsils, commonly associated with Scarlet Fever

### INFECTIOUS SUBSTANCES

Respiratory secretions

### HOW IT IS TRANSMITTED

Direct contact, indirect contact, large droplets

### PRECAUTIONS NEEDED

#### ACUTE CARE

Routine Practices

#### LONG-TERM CARE

Routine Practices

#### COMMUNITY

Routine Practices

#### PEDIATRICS

Droplet & Contact Precautions

### DURATION OF PRECAUTIONS

Until 24 hours of effective antimicrobial therapy completed

### INCUBATION PERIOD

2 - 5 days

### PERIOD OF COMMUNICABILITY

Until 24 hours of effective antimicrobial therapy completed  
10 - 21 days if not treated

### COMMENTS

- For pharyngitis not yet diagnosed, see [pharyngitis](#)

## Gastroenteritis, not yet diagnosed (NYD)

CLINICAL PRESENTATION	
Diarrhea and/or vomiting	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Feces, emesis	Direct contact, indirect contact
PRECAUTIONS NEEDED	
<i>If a pathogen is identified, follow organism specific instructions in this manual.</i>	
<b>ACUTE CARE</b>	<b>Contact Plus Precautions</b> <ul style="list-style-type: none"> <li>Gastroenteritis NYD</li> <li>Add <a href="#">Droplet</a> if vomiting</li> </ul>
<b>LONG-TERM CARE</b>	<b>Contact Plus Precautions</b> <ul style="list-style-type: none"> <li>Gastroenteritis NYD</li> <li>Add <a href="#">Droplet</a> if vomiting</li> </ul>
<b>COMMUNITY</b>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Gastroenteritis NYD</li> <li>Add <a href="#">Droplet</a> if vomiting</li> </ul>
<b>PEDIATRICS</b>	<b>Contact Plus Precautions</b> <ul style="list-style-type: none"> <li>Gastroenteritis NYD</li> <li>Add <a href="#">Droplet</a> if vomiting</li> </ul>
DURATION OF PRECAUTIONS	
If organism is unknown, until symptoms resolved for 48 hours AND return to baseline bowel movements OR until infectious cause is ruled out.	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable	Until symptoms resolve and bowel movements return to baseline
COMMENTS	
<ul style="list-style-type: none"> <li>Soap and water is the preferred method for hand hygiene</li> <li>Refer to <a href="#">Gastroenteritis Infection Acute Care Patient Placement Algorithm</a></li> <li>Refer to <a href="#">GI Outbreak Resources</a></li> </ul>	

## Giardiasis (*Giardia lamblia*)

CLINICAL PRESENTATION		
Diarrhea, abdominal cramps, bloating, flatulence, dehydration		
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED
Feces		Direct contact, indirect contact, fecal-oral
PRECAUTIONS NEEDED		
ACUTE CARE	Routine Practices	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"><li>• Incontinent</li><li>• Stool not contained</li><li>• Poor hygiene</li><li>• Contaminating their environment</li></ul>
LONG-TERM CARE	Routine Practices	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"><li>• Incontinent</li><li>• Stool not contained</li><li>• Poor hygiene</li><li>• Contaminating their environment</li></ul>
COMMUNITY	Routine Practices	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"><li>• Incontinent</li><li>• Stool not contained</li><li>• Poor hygiene</li><li>• Contaminating their environment</li></ul>
PEDIATRICS		<b>Contact Precautions</b>
DURATION OF PRECAUTIONS		
Until symptoms have stopped for 48 hours AND return to baseline bowel movements, OR (for adults) until they are continent and have good hygiene.		
INCUBATION PERIOD		PERIOD OF COMMUNICABILITY
1 - 3 weeks		Weeks to months
COMMENTS		
<ul style="list-style-type: none"><li>• <a href="#">REPORTABLE DISEASE</a></li></ul>		

## Granuloma inguinale (Donovanosis) – *Klebsiella granulomatis*

CLINICAL PRESENTATION	
Painless genital ulcers, inguinal ulcers, and nodules	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Lesions	Sexual contact
PRECAUTIONS NEEDED	
ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices
DURATION OF PRECAUTIONS	
Not applicable	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
8 - 80 days	Extends throughout the duration of active lesions or rectal colonization
COMMENTS	
<ul style="list-style-type: none"> <li><a href="#">REPORTABLE DISEASE</a></li> </ul>	

## Guillain-Barré Syndrome (GBS)

### CLINICAL PRESENTATION

Acute infective polyneuritis with motor weakness and abolition of tendon reflexes

### INFECTIOUS SUBSTANCES

Not applicable

### HOW IT IS TRANSMITTED

Not applicable

### PRECAUTIONS NEEDED

*If a pathogen is identified, follow organism specific instructions in this manual.*

#### ACUTE CARE

#### Routine Practices

#### LONG-TERM CARE

#### Routine Practices

#### COMMUNITY

#### Routine Practices

#### PEDIATRICS

#### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

### INCUBATION PERIOD

Not applicable

### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- GBS may follow within weeks of a respiratory or gastrointestinal infection (e.g. *Mycoplasma pneumoniae*, *Campylobacter jejuni*).

## Haemophilus influenzae (Hi) invasive & non-invasive

Includes: Haemophilus influenza type B (Hib), Non-type b strains (a, c, d, e, and f)

### CLINICAL PRESENTATION

**Non-invasive:** Otitis media, sinusitis, buccal or periorbital cellulitis

**Invasive:** Epiglottitis, meningitis, bacteraemia, pneumonia, pericarditis, septic arthritis, empyema

### INFECTIOUS SUBSTANCES

Respiratory secretions

### HOW IT IS TRANSMITTED

Direct contact, droplet

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Routine Practices**

#### LONG-TERM CARE

**Routine Practices**

#### COMMUNITY

**Routine Practices**

#### PEDIATRICS

**Droplet Precautions**

### DURATION OF PRECAUTIONS

Until 24-48 hours of effective antimicrobial therapy completed

### INCUBATION PERIOD

Unknown

### PERIOD OF COMMUNICABILITY

Unknown. No longer considered infectious after 24-48 hours of effective antimicrobial therapy

### COMMENTS

- [REPORTABLE DISEASE](#). All invasive cases of *H.influenzae* are reportable.
- To determine if a case is invasive, see [BCCDC Case Definition for H. influenzae](#)
- **Invasive Hib:** Close contacts, especially those < 5 years old, those not immune, immunocompromised, or household contacts of infected children may also require prophylaxis or immunization.

## Hand, Foot and Mouth Disease

Enterovirus, Group A & Group B Coxsackieviruses

### CLINICAL PRESENTATION

Fever, mouth sores, lesions or skin rash to hands, feet and/or buttocks. Vomiting and/or diarrhea may also be present.

#### INFECTIOUS SUBSTANCES

Feces, respiratory secretions, blister fluid

#### HOW IT IS TRANSMITTED

Fecal-oral, direct contact, indirect contact, droplet

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Routine Practices**

#### LONG-TERM CARE

**Routine Practices**

#### COMMUNITY

**Routine Practices**

#### PEDIATRICS

#### Contact Precautions

- Add **Droplet** for NICU settings

### DURATION OF PRECAUTIONS

Until symptoms are resolved. Consult IPAC prior to stopping precautions in NICU.

#### INCUBATION PERIOD

3-6 days

#### PERIOD OF COMMUNICABILITY

Most contagious during first week of illness. Virus can remain in the body (i.e., stools) for several weeks after symptoms have resolved.

### COMMENTS

- Individuals on Droplet & Contact Precautions may need additional **Airborne Precautions** if [Aerosol Generating Medical Procedures \(AGMPs\)](#) are used.

## Hantavirus

### CLINICAL PRESENTATION

Fever, chills, fatigue, muscle aches, nausea/vomiting, pneumonia, hemorrhagic fever, pulmonary syndrome, cardiopulmonary syndrome, renal syndrome

### INFECTIOUS SUBSTANCES

Acquired from inhalation of rodent droppings, urine, and saliva. Rarely, infection may be acquired from rodent bites or contamination of broken skin with excreta

### HOW IT IS TRANSMITTED

Human-to-human transmission is very rare and has only been observed for the Andes virus

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Routine Practices**

#### LONG-TERM CARE

**Routine Practices**

#### COMMUNITY

**Routine Practices**

#### PEDIATRICS

**Routine Practices**

### DURATION OF PRECAUTIONS

Not applicable

### INCUBATION PERIOD

1 - 8 weeks

### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- [REPORTABLE DISEASE](#)

***Helicobacter pylori*****CLINICAL PRESENTATION**

Gastritis, duodenal and gastric ulcers, epigastric pain, nausea/vomiting, hematemesis

**INFECTIOUS SUBSTANCES**

Stool and gastric biopsies  
Saliva, vomitus, contaminated water and food

**HOW IT IS TRANSMITTED**

Direct contact (oral-oral, gastro-oral, or fecal-oral).  
Transmission may also occur through foodborne, airborne, or waterborne pathways, as the water sewage system has been found to be an agent of dissemination  
Inadequately disinfected endoscopies is also a possible mode of transmission

**PRECAUTIONS NEEDED****ACUTE CARE****Routine Practices****LONG-TERM CARE****Routine Practices****COMMUNITY****Routine Practices****PEDIATRICS****Routine Practices****DURATION OF PRECAUTIONS**

Not applicable

**INCUBATION PERIOD**

Approximately 3 days

**PERIOD OF COMMUNICABILITY**

Not applicable

**COMMENTS**

- Disinfection of gastroscopes prevents transmission of the organism between patients.

## Hemolytic Uremic Syndrome (HUS)

May be associated with *Escherichia coli* O157: H7, *Shiga-like toxin-producing E.coli* (STEC)

### CLINICAL PRESENTATION

Symptoms of HUS vary. Seizures, stroke, thrombocytopenia, acute renal injury, blood transfusion requirements

#### INFECTIOUS SUBSTANCES

Feces, respiratory secretions

#### HOW IT IS TRANSMITTED

Fecal-oral, direct contact, indirect contact

### PRECAUTIONS NEEDED

<b>ACUTE CARE</b>	<b>Routine Practices</b>	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"> <li>• Incontinent</li> <li>• Stool not contained</li> <li>• Poor hygiene</li> <li>• Contaminating their environment</li> </ul>
	<b>Routine Practices</b>	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"> <li>• Incontinent</li> <li>• Stool not contained</li> <li>• Poor hygiene</li> <li>• Contaminating their environment</li> </ul>
<b>LONG-TERM CARE</b>	<b>Routine Practices</b>	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"> <li>• Incontinent</li> <li>• Stool not contained</li> <li>• Poor hygiene</li> <li>• Contaminating their environment</li> </ul>
	<b>Routine Practices</b>	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"> <li>• Incontinent</li> <li>• Stool not contained</li> <li>• Poor hygiene</li> <li>• Contaminating their environment</li> </ul>
<b>COMMUNITY</b>	<b>Routine Practices</b>	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"> <li>• Incontinent</li> <li>• Stool not contained</li> <li>• Poor hygiene</li> <li>• Contaminating their environment</li> </ul>
	<b>Routine Practices</b>	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"> <li>• Incontinent</li> <li>• Stool not contained</li> <li>• Poor hygiene</li> <li>• Contaminating their environment</li> </ul>
<b>PEDIATRICS</b>	<b>Routine Practices</b>	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"> <li>• Incontinent</li> <li>• Stool not contained</li> <li>• Poor hygiene</li> <li>• Contaminating their environment</li> </ul>
	<b>Routine Practices</b>	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"> <li>• Incontinent</li> <li>• Stool not contained</li> <li>• Poor hygiene</li> <li>• Contaminating their environment</li> </ul>

### DURATION OF PRECAUTIONS

**For both pediatrics and adults with HUS related to other *E.coli* strains:** Until symptoms have stopped for 48 hours AND return to baseline bowel movements , OR (for adults) until they are continent and have good hygiene.  
**For pediatrics with HUS related to *E.coli* O157: H7 STEC:** Until two successive negative stool samples (obtained at least 48 hours after any antimicrobial therapy has been discontinued) for *E.coli* O157: H7 or 10 days after onset of diarrhea and symptoms have resolved.

#### INCUBATION PERIOD

Most *E.coli* strains is 10 hours to 6 days  
 For *E.coli* O157: H7, it's 3 to 4 days (range 1 to 8 days)

#### PERIOD OF COMMUNICABILITY

Until 2 stools are negative for *E. coli* O157:H7 or 10 days after onset of diarrhea

### COMMENTS

- [REPORTABLE DISEASE](#) if related to *E.coli* O157:H7 STEC

## Hepatitis A Virus (HAV) & Hepatitis E Virus (HEV)

### CLINICAL PRESENTATION

Fatigue, nausea, vomiting, abdominal discomfort, low grade fever, loss of appetite, dark urine, light colored stools, joint pain, jaundice (children <6 years do not usually present with jaundice)

### INFECTIOUS SUBSTANCES

Feces, contaminated food or water

### HOW IT IS TRANSMITTED

Direct contact, indirect contact (fecal-oral)

### PRECAUTIONS NEEDED

<b>ACUTE CARE</b>	<b>Routine Practices</b>	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"> <li>• Incontinent</li> <li>• Stool not contained</li> <li>• Poor hygiene</li> <li>• Contaminating their environment</li> </ul>
<b>LONG-TERM CARE</b>	<b>Routine Practices</b>	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"> <li>• Incontinent</li> <li>• Stool not contained</li> <li>• Poor hygiene</li> <li>• Contaminating their environment</li> </ul>
<b>COMMUNITY</b>	<b>Routine Practices</b>	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"> <li>• Incontinent</li> <li>• Stool not contained</li> <li>• Poor hygiene</li> <li>• Contaminating their environment</li> </ul>
<b>PEDIATRICS</b>		<b>Contact Precautions</b>

### DURATION OF PRECAUTIONS

**Pediatrics:** At least 1 week after symptom onset or duration of symptoms whichever is longer

**Adults:** Until continent with good hygiene

### INCUBATION PERIOD

**HAV:** 15 – 50 days (range of 28 days)

**HEV:** 14-60 days (range of 6 weeks)

### PERIOD OF COMMUNICABILITY

**HAV:** 2 weeks before onset of symptoms (jaundice or elevated liver enzymes) to 1 week after; viral shedding can last 1-3 weeks and up to 6 months in neonates and young children

**HEV:** 1 week before onset of symptoms to 2 weeks after

### COMMENTS

- [REPORTABLE DISEASE](#)
- HAV: Post-exposure prophylaxis should be offered to susceptible contacts as soon as possible and preferably within 14 days of last exposure
- Risk of fulminant hepatic failure in immunocompromised patients

# Hepatitis B Virus (HBV), Hepatitis C Virus (HCV) & Hepatitis D Virus (HDV)

## CLINICAL PRESENTATION

Fatigue, nausea, vomiting, abdominal discomfort, low grade fever, loss of appetite, dark urine, light colored stools, joint pain, jaundice

## INFECTIOUS SUBSTANCES

Blood and bodily fluids, including saliva, semen, cerebrospinal fluid, vaginal, synovial, pleural, peritoneal, pericardial, amniotic fluids. Contaminated equipment

## HOW IT IS TRANSMITTED

Percutaneous, mucosal and perinatal (pregnant individual to infant)

## PRECAUTIONS NEEDED

### ACUTE CARE

#### Routine Practices

### LONG-TERM CARE

#### Routine Practices

### COMMUNITY

#### Routine Practices

### PEDIATRICS

#### Routine Practices

## DURATION OF PRECAUTIONS

Not applicable

## INCUBATION PERIOD

**HBV:** 2 – 3 months  
**HCV:** 2 weeks – 6 months  
**HDV:** 2 – 8 weeks

## PERIOD OF COMMUNICABILITY

**HBV:** From onset of infection to 6 months. Until HBV is no longer detectable in blood and antibodies are formed  
**HCV:** After effective treatment, sustained virological response after 3 months, antibody test is negative, HCV RNA test, risk of reinfection has been ruled out  
**HDV:** Indefinite

## COMMENTS

- [REPORTABLE DISEASE](#)
- For healthcare worker related blood and body fluid exposure – [Contact Provincial Workplace Health Call Centre](#)

## Hepatitis of unknown etiology

### Acute Hepatitis (non hepatitis A-E)

#### CLINICAL PRESENTATION

Acute severe hepatitis: fatigue, nausea, vomiting, abdominal discomfort, low grade fever, loss of appetite, dark urine, light colored stools, joint pain, jaundice

#### INFECTIOUS SUBSTANCES

Feces, vomitus, respiratory secretions

#### HOW IT IS TRANSMITTED

Direct contact, indirect contact

#### PRECAUTIONS NEEDED

##### ACUTE CARE

##### Routine Practices

##### LONG-TERM CARE

##### Routine Practices

##### COMMUNITY

##### Routine Practices

##### PEDIATRICS

##### Droplet & Contact Precautions

#### DURATION OF PRECAUTIONS

**Consult IPAC** prior to discontinuing precautions

#### INCUBATION PERIOD

Unknown

#### PERIOD OF COMMUNICABILITY

Unknown

#### COMMENTS

- [REPORTABLE DISEASE](#) Providers to report all cases to Medical Health Officer.
- Pediatric (children <16 years) patients presenting with acute hepatitis and respiratory symptoms have been linked to potential adenovirus infection. See [Ministry of Health advisory](#)

## Herpangina – (Enteroviruses)

Also known as “Vesicular Pharyngitis”

### CLINICAL PRESENTATION

Fever, headache, loss of appetite, sore throat, ulcers in mouth and throat

### INFECTIOUS SUBSTANCES

Feces and respiratory secretions

### HOW IT IS TRANSMITTED

Direct contact, indirect contact, droplet

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Routine Practices**

#### LONG-TERM CARE

**Routine Practices**

#### COMMUNITY

**Routine Practices**

#### PEDIATRICS

#### Contact Precautions

- Add **Droplet** for NICU settings

### DURATION OF PRECAUTIONS

Until symptoms are resolved (for pediatric). Consult IPAC prior to stopping precautions in NICU.

#### INCUBATION PERIOD

3 - 6 days

#### PERIOD OF COMMUNICABILITY

Until symptoms are resolved

### COMMENTS

- Individuals on Droplet & Contact Precautions may need additional **Airborne Precautions** if [Aerosol Generating Medical Procedures \(AGMPs\)](#) are used.

## Herpes Simplex Virus, Type 1 (HSV1) & Type 2 (HSV2): Disseminated or extensive lesions

### CLINICAL PRESENTATION

Vesicular or ulcerative lesions that involve 2 or more different mucocutaneous sites, or multiple organs involved. Generalized rash.

### INFECTIOUS SUBSTANCES

Skin or mucosal lesions, oral secretions, genital secretions

### HOW IT IS TRANSMITTED

Direct contact with mucocutaneous lesions, Sexual Contact, Vertical (pregnant individual to fetus in utero or newborn at birth)

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Contact Precautions**

#### LONG-TERM CARE

**Contact Precautions**

#### COMMUNITY

**Contact Precautions**

#### PEDIATRICS

**Contact Precautions**

### DURATION OF PRECAUTIONS

#### Consult IPAC prior to discontinuing precautions

- Until lesions are dried and crusted
- Exposed neonates: birth to 6 weeks of age or until HSV infection has been ruled out. Exposure includes infants delivered vaginally (or by C-section if membranes have been ruptured more than 6 hours) to women with active genital HSV infections

### INCUBATION PERIOD

2 days to 2 weeks  
Neonates: birth to 6 weeks

### PERIOD OF COMMUNICABILITY

While lesions present

### COMMENTS

- All cases of congenital HSV are [REPORTABLE DISEASE](#). Provider to report to Medical Health Officer if neonate (< 42 days old) is affected.
- Patient with herpetic lesions should not be roomed with patients with extensive dermatitis, burn patients or immunocompromised patients.
- Individuals with active herpetic lesions should wear a medical mask while caring for infants <6 weeks old, until all lesions are dried & crusted.

## Herpes Simplex Virus, Type 1 (HSV1) & Type 2 (HSV2): Localized Lesions

### CLINICAL PRESENTATION

Recurrent vesicular or ulcerative lesions localized to either genitals, perianal region, or mouth ("cold sores")  
Herpetic whitlow (lesions on fingers)

### INFECTIOUS SUBSTANCES

Skin or mucosal lesions, oral secretions, genital secretions

### HOW IT IS TRANSMITTED

Direct contact with mucocutaneous lesions, sexual contact, vertical (pregnant individual to fetus in utero or newborn at birth)

### PRECAUTIONS NEEDED

<b>ACUTE CARE</b>	<b>Routine Practices</b>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Labouring &amp; post-partum women with active HSV lesions</li> </ul>
<b>LONG-TERM CARE</b>	<b>Routine Practices</b>	
<b>COMMUNITY</b>	<b>Routine Practices</b>	
<b>PEDIATRICS</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>Children (&gt; 42 days old)</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Infected or exposed neonates (&lt; 42 days old)</li> </ul>

### DURATION OF PRECAUTIONS

#### Consult IPAC prior to discontinuing precautions

- Until lesions are dried and crusted
- Exposed neonates: birth to 6 weeks of age or until HSV infection has been ruled out. Exposure includes infants delivered vaginally (or by C-section if membranes have been ruptured more than 6 hours) to women with active genital HSV infections

### INCUBATION PERIOD

2 days to 2 weeks  
Neonates: birth to 6 weeks

### PERIOD OF COMMUNICABILITY

While lesions present

### COMMENTS

- All cases of congenital HSV are [REPORTABLE DISEASE](#). Provider to report to Medical Health Officer if neonate (< 42 days old) is affected.
- Patient with herpetic lesions should not be roomed patients with extensive dermatitis, burn patients or immunocompromised patients.
- Individuals with active herpetic lesions should wear a medical mask while caring for infants < 6 weeks old, until all lesions are dried & crusted.

## Herpes Simplex Virus, Type 1 (HSV1) & Type 2 (HSV2): No Visible Lesions

### CLINICAL PRESENTATION

Central nervous system (CNS) infection, encephalitis, or meningitis with no mucocutaneous lesions. Prodrome includes fever, malaise, headache, nausea, seizures, focal neurological deficits.

### INFECTIOUS SUBSTANCES

Skin or mucosal lesions, oral secretions, genital secretions

### HOW IT IS TRANSMITTED

Direct contact with mucocutaneous lesions, sexual contact, vertical (pregnant individual to fetus in utero or newborn at birth)

### PRECAUTIONS NEEDED

#### ACUTE CARE

#### Routine Practices

#### LONG-TERM CARE

#### Routine Practices

#### COMMUNITY

#### Routine Practices

#### PEDIATRICS

#### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

### INCUBATION PERIOD

Not applicable

### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- All cases of encephalitis, and meningitis are [REPORTABLE DISEASE](#). Provider to report to Medical Health Officer if encephalitis or meningitis is presumed.
- If mucocutaneous lesions develop, refer to appropriate herpes simplex pages in this manual.
- If patient has positive HSV serology results with no visible lesions, follow this page.

## Herpes Simplex Virus, Type 1 (HSV1): Gingivostomatitis

### CLINICAL PRESENTATION

Inflammation of the oral mucosa and gingiva. Primary Herpes Simplex type 1 infection

### INFECTIOUS SUBSTANCES

Skin or mucosal lesions, oral secretions

### HOW IT IS TRANSMITTED

Direct contact

### PRECAUTIONS NEEDED

<b>ACUTE CARE</b>	<b>Routine Practices</b>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Extensive or disseminated</li> </ul>
<b>LONG-TERM CARE</b>	<b>Routine Practices</b>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Extensive or disseminated</li> </ul>
<b>COMMUNITY</b>	<b>Routine Practices</b>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Extensive or disseminated</li> </ul>
<b>PEDIATRICS</b>	<b>Routine Practices</b> Children (> 42 days old)	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Extensive or disseminated</li> <li>Infected neonates (&lt; 42 days old)</li> </ul>

### DURATION OF PRECAUTIONS

Consult IPAC prior to stopping precautions

### INCUBATION PERIOD

2 days to 2 weeks

### PERIOD OF COMMUNICABILITY

1 week to several weeks

### COMMENTS

- All cases of congenital HSV are [REPORTABLE DISEASE](#). Provider to report to Medical Health Officer if neonate (< 42 days old) is affected.
- Extensive or disseminated disease includes 2 or more different mucocutaneous sites, or multiple organs involved, or generalized rash.
- Patient with herpetic lesions should not be roomed with patients with extensive dermatitis, burn patients or immunocompromised patients.
- Individuals with active herpetic lesions should wear a medical mask while caring for infants <6 weeks old, until all lesions are dried & crusted.

## Histoplasmosis (*Histoplasma capsulatum*)

### CLINICAL PRESENTATION

Can be asymptomatic or disseminated. Fever, malaise, pneumonia, lymphadenopathy, pericarditis and rheumatologic syndromes.

#### INFECTIOUS SUBSTANCES

Acquired from spores in soil; associated with bat guano and bird droppings

#### HOW IT IS TRANSMITTED

Transmission occurs by inhalation of spore laden soil.  
Human-to-human transmission does not occur except via transplantation of infected organs.

### PRECAUTIONS NEEDED

#### ACUTE CARE

##### Routine Practices

#### LONG-TERM CARE

##### Routine Practices

#### COMMUNITY

##### Routine Practices

#### PEDIATRICS

##### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

#### INCUBATION PERIOD

1 - 3 weeks

#### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

## Human Immunodeficiency Virus (HIV) & Acquired Immunodeficiency Syndrome (AIDS)

### CLINICAL PRESENTATION

Asymptomatic; multiple clinical presentations

#### INFECTIOUS SUBSTANCES

Blood and body fluids including: CSF, breastmilk, semen, vaginal, synovial, pleural, peritoneal, pericardial, and amniotic fluids

#### HOW IT IS TRANSMITTED

Mucosal or percutaneous exposure to infective body fluids, sexual transmission, pregnant individual to fetus in utero, newborn at birth, or infant during breastfeeding

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Routine Practices**

#### LONG-TERM CARE

**Routine Practices**

#### COMMUNITY

**Routine Practices**

#### PEDIATRICS

**Routine Practices**

### DURATION OF PRECAUTIONS

Not applicable

#### INCUBATION PERIOD

Weeks to years

#### PERIOD OF COMMUNICABILITY

From onset of infection until death. Patients with undetectable viral loads are not capable of transmitting HIV

### COMMENTS

- [REPORTABLE DISEASE](#)
- AIDS is late-stage HIV
- For healthcare worker related blood and bodily fluid exposure - Contact [Provincial Workplace Health Call Center](#) and [Peoplesafety@vch.ca](mailto:Peoplesafety@vch.ca)

## Human Metapneumovirus

### CLINICAL PRESENTATION

Acute respiratory tract infection, bronchiolitis, pneumonia, asthma exacerbations, and croup

### INFECTIOUS SUBSTANCES

Respiratory secretions

### HOW IT IS TRANSMITTED

Direct contact, indirect contact, droplet

### PRECAUTIONS NEEDED

<b>ACUTE CARE</b>	<b>Routine Practices</b>	<b>Droplet &amp; Contact Precautions</b> • Adults in high risk units* only
<b>LONG-TERM CARE</b>	<b>Routine Practices</b>	
<b>COMMUNITY</b>	<b>Routine Practices</b>	
<b>PEDIATRICS</b>		<b>Droplet &amp; Contact Precautions</b>

### DURATION OF PRECAUTIONS

- For adults, until symptoms resolve.
- For pediatrics, at least 11 days post symptom onset AND 24 hours after symptoms resolve.
- For immunocompromised individuals, isolation precautions need to be maintained for a longer duration due to prolonged viral shedding – **Contact IPAC** for discontinuation of precautions.

### INCUBATION PERIOD

3 - 5 days

### PERIOD OF COMMUNICABILITY

1 - 2 weeks

### COMMENTS

- Minimize exposure to high-risk patients. Refer to [Definition of Moderately to Severely Immunocompromised Patients](#).
- Individuals on Droplet & Contact Precautions may need additional **Airborne Precautions** if [Aerosol Generating Medical Procedures \(AGMPs\)](#) are used.
- \*High-risk units - Solid Organ Transplant (SOT), Bone Marrow Transplant (BMT), Intensive Care Unit (ICU), Neonatal ICU (NICU), Cardiac Surgery ICU (CSICU), Cardiac Care Unit (CCU), Thoracic, Burns Trauma High Acuity (BTHA).

## Human Papillomaviruses (HPV)

### CLINICAL PRESENTATION

Most cases are asymptomatic. Skin warts, anogenital warts (condylomata acuminata). Cervical, penile, and anal cancer are uncommon outcomes that requires decades of persistent infection.

#### INFECTIOUS SUBSTANCES

Close contact with infected skin or mucous membranes

#### HOW IT IS TRANSMITTED

Sexually transmitted. Close skin-to-skin contact. Vertical transmission during vaginal delivery.

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Routine Practices**

#### LONG-TERM CARE

**Routine Practices**

#### COMMUNITY

**Routine Practices**

#### PEDIATRICS

**Routine Practices**

### DURATION OF PRECAUTIONS

Not applicable

#### INCUBATION PERIOD

Months to years

#### PERIOD OF COMMUNICABILITY

Unknown

### COMMENTS

- Most HPV infections are subclinical and resolve spontaneously within 2 years.
- There are more than 200 types of human papillomaviruses.

## Human T-cell Leukemia Virus (HTLV-I) & Human T-Lymphotropic Virus (HTLV-II)

### CLINICAL PRESENTATION

Usually asymptomatic. Can develop adult T-cell leukaemia/lymphoma, myelopathy, or spastic paraparesis

#### INFECTIOUS SUBSTANCES

Blood, breastmilk, semen

#### HOW IT IS TRANSMITTED

Direct contact, vertical (pregnant individual to fetus in utero, newborn at birth or infant during breastfeeding), mucosal or percutaneous exposure to infective body fluids

### PRECAUTIONS NEEDED

#### ACUTE CARE

##### Routine Practices

#### LONG-TERM CARE

##### Routine Practices

#### COMMUNITY

##### Routine Practices

#### PEDIATRICS

##### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

#### INCUBATION PERIOD

Weeks to years

#### PERIOD OF COMMUNICABILITY

Indefinite

### COMMENTS

- Pregnant individuals with HTLV-I or HTLV-II should be advised of the risk of transmission to their baby and advised not to breastfeed or donate to human milk banks.

## Impetigo

(Commonly caused by *Staphylococcus aureus*, *Group A Streptococcus* and many other bacteria)

### CLINICAL PRESENTATION

Cluster of raised skin lesions that can blister and form a honey or gray colored crust

#### INFECTIOUS SUBSTANCES

Drainage from lesions

#### HOW IT IS TRANSMITTED

Direct contact, indirect contact

### PRECAUTIONS NEEDED

#### ACUTE CARE

##### Routine Practices

- Minor drainage contained and covered by dressing

##### Contact Precautions

- Major drainage not contained and covered by dressing

#### LONG-TERM CARE

##### Routine Practices

- Minor drainage contained and covered by dressing

##### Contact Precautions

- Major drainage not contained and covered by dressing

#### COMMUNITY

##### Routine Practices

- Minor drainage contained and covered by dressing

##### Contact Precautions

- Major drainage not contained and covered by dressing

#### PEDIATRICS

##### Contact Precautions

### DURATION OF PRECAUTIONS

Until 24 hours of effective antimicrobial therapy completed & drainage can be covered/contained

#### INCUBATION PERIOD

Variable

#### PERIOD OF COMMUNICABILITY

Variable

### COMMENTS

## Influenza – New Pandemic Strain

### CLINICAL PRESENTATION

Respiratory tract infection, pneumonia, cough, fever myalgia, arthralgia, extreme weakness/fatigue, nasal discharge, sore throat, headache

### INFECTIOUS SUBSTANCES

Respiratory secretions

### HOW IT IS TRANSMITTED

Direct contact, indirect contact, droplet

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Droplet & Contact Precautions**

#### LONG-TERM CARE

**Droplet & Contact Precautions**

#### COMMUNITY

**Droplet & Contact Precautions**

#### PEDIATRICS

**Droplet & Contact Precautions**

### DURATION OF PRECAUTIONS

Duration of precautions will be determined on a case-by-case basis and in conjunction with IPAC and the Medical Health Officer.

### INCUBATION PERIOD

Unknown (possibly 1 to 7 days)

### PERIOD OF COMMUNICABILITY

Unknown (possibly up to 7 days)

### COMMENTS

- [REPORTABLE DISEASE](#)
- Individuals on Droplet & Contact Precautions may need additional **Airborne Precautions** if [Aerosol Generating Medical Procedures \(AGMPs\)](#) are used.
- **Acute Care:** If a patient in a multibed room tests positive, move to a private room if possible and place roommates on Droplet & Contact Precautions for 3 days.
- **Long-Term Care:** Place close contacts (tablemates & roommates) on Droplet & Contact Precautions for 3 days.
- Minimize exposure of immunocompromised patients, children with chronic cardiac or lung disease, nephritic syndrome, and neonates.
- Consult IPAC for patient cohorting, see [VCH Bed Placement VRI Algorithm](#)
- Refer to [Viral Respiratory Illness Outbreak](#) resources

## Influenza – Seasonal

### CLINICAL PRESENTATION

Respiratory tract infection, pneumonia. Cough and fever (or temperature that is above the baseline), myalgia, arthralgia, extreme weakness/fatigue, nasal discharge, sore throat, headache.

### INFECTIOUS SUBSTANCES

Respiratory secretions

### HOW IT IS TRANSMITTED

Direct contact, indirect contact, droplets

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Droplet & Contact Precautions**

#### LONG-TERM CARE

**Droplet & Contact Precautions**

#### COMMUNITY

**Droplet & Contact Precautions**

#### PEDIATRICS

**Droplet & Contact Precautions**

### DURATION OF PRECAUTIONS

**Acute Care:** At least 7 days post symptom onset AND 24 hours after symptoms resolve. For immunocompromised individuals, isolation precautions need to be maintained for a longer duration. **Contact IPAC** for discontinuation of precautions.

**Long-Term Care, Home & Community, Mental Health:** At least 5 days post symptom onset. Precautions remain in place until improvement of symptoms AND resolution of fever for 24 hours without the use of fever-reducing medication.

### INCUBATION PERIOD

1 - 3 days

### PERIOD OF COMMUNICABILITY

Generally 3 - 7 days post clinical onset

### COMMENTS

- [REPORTABLE DISEASE](#)
- If Aerosol Generating Medical Procedure (AGMP) is indicated, refer to [IPAC AGMP Best Practice Guideline](#).
- **Acute Care:** If a patient in a multibed room tests positive, move to a private room if possible and place roommates on Droplet & Contact Precautions for 3 days.
- **Long-Term Care:** Place close contacts (tablemates & roommates) on **Droplet & Contact Precautions** for 3 days.
- Minimize exposure of immunocompromised patients: children with chronic cardiac or lung disease, nephritic syndrome, neonates. These patients should not be cohorted.
- Consult IPAC for patient cohorting, see [VCH Bed Placement VRI Algorithm](#)
- Refer to [Viral Respiratory Illness Outbreak](#) resources

## Kawasaki Disease

CLINICAL PRESENTATION	
Fever, self-limited systemic vasculitis of early childhood, acute fever, mucocutaneous lymph node syndrome, red/irritated eyes, rash, red/cracked lips and “strawberry tongue”, and redness/swelling of hands and feet.	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Not applicable	No human-to-human transmission
PRECAUTIONS NEEDED	
ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices
DURATION OF PRECAUTIONS	
Not applicable	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Unknown	Not applicable
COMMENTS	

# Lassa Fever (Lassa Virus) - Viral Hemorrhagic Fever (VHF)

(Mammarenavirus)

## CLINICAL PRESENTATION

Gradual onset of fever, malaise, weakness, headache, pharyngitis, cough, nausea and vomiting

Disease may progress to hemorrhaging (in gums, eyes, or nose), respiratory distress, repeated vomiting, facial swelling, pain in the chest, back, and abdomen, shock and deafness.

## INFECTIOUS SUBSTANCES

Blood and body fluids, respiratory secretions, possibly urine and stool

## HOW IT IS TRANSMITTED

Direct contact, indirect contact, droplet

## PRECAUTIONS NEEDED

### ACUTE CARE

Airborne & Contact + Droplet Precautions

### LONG-TERM CARE

Airborne & Contact + Droplet Precautions

### COMMUNITY

Airborne & Contact + Droplet Precautions

### PEDIATRICS

Airborne & Contact + Droplet Precautions

## DURATION OF PRECAUTIONS

Until symptoms resolved, two negative PCR tests at least 24 hours apart and as directed by IPAC.

## INCUBATION PERIOD

6 - 21 days

## PERIOD OF COMMUNICABILITY

Until 3-9 weeks after onset

## COMMENTS

- [REPORTABLE DISEASE](#)
- Acute care provider to **call or page the Medical Microbiologist On-Call** at presumed stage.
- History of travel and/or contact with persons and non-human primates from endemic countries must be considered at triage.
- **Call or page IPAC immediately** if Viral Hemorrhagic Fever is presumed.
- Maintain a log of all people entering the patient's room.
- High threat pathogens require special PPE considerations, see [VCH Response Procedures for Viral Hemorrhagic Fever and Other Unusual Communicable Diseases](#) for more information.
- For general information visit the [BC MOH Ebola webpage](#).

## Legionellosis (*Legionella* spp.)

Includes Legionnaires Disease, Pontiac Fever, & Extrapulmonary Legionellosis

### CLINICAL PRESENTATION

**Legionnaires' Disease:** Pneumonia, fever, dry cough, dyspnea, chest pain, headache, tiredness, muscle aches

**Pontiac Fever:** Self-limiting fever, fatigue, muscle ache, headache and malaise with or without cough

**Extrapulmonary legionellosis:** Endocarditis, wound infection, joint infection, graft infection, etc.

#### INFECTIOUS SUBSTANCES

Contaminated water, ice, or soil

#### HOW IT IS TRANSMITTED

Inhalation of aerosolized contaminated water.  
Contact with contaminated soil.  
No human-to-human transmission

### PRECAUTIONS NEEDED

#### ACUTE CARE

##### Routine Practices

#### LONG-TERM CARE

##### Routine Practices

#### COMMUNITY

##### Routine Practices

#### PEDIATRICS

##### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

#### INCUBATION PERIOD

**Legionnaires' Disease:** Generally 5-6 days, up to 1 - 19 days  
**Pontiac Fever:** 5 - 72 hours.

#### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- [REPORTABLE DISEASE](#)
- **Notify IPAC** of all cases of legionellosis.
- Transmission in healthcare facilities has been linked to building design, maintenance, renovation, or construction projects that disrupt soil or water systems.
- Refer to [BCCDC Legionella Guidelines](#)

## Leprosy (Hansen's Disease)

*Mycobacterium leprae*, *Mycobacterium lepromatosis*

### CLINICAL PRESENTATION

Chronic disease of skin, nerves, joints, and nasopharyngeal mucosa; loss of sensation on affected areas of skin

#### INFECTIOUS SUBSTANCES

Nasal secretions, skin lesions

#### HOW IT IS TRANSMITTED

Direct contact  
Human to human only with very prolonged extensive personal contact

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Routine Practices**

#### LONG-TERM CARE

**Routine Practices**

#### COMMUNITY

**Routine Practices**

#### PEDIATRICS

**Routine Practices**

### DURATION OF PRECAUTIONS

Not applicable

#### INCUBATION PERIOD

Usually 3-5 years (range 1-20 years)

#### PERIOD OF COMMUNICABILITY

Until effective antimicrobial treatment initiated

### COMMENTS

- [REPORTABLE DISEASE](#)

## Leptospirosis (*Leptospira* sp.)

### CLINICAL PRESENTATION

Fever, jaundice, aseptic meningitis, headache, chills, muscle pain

### INFECTIOUS SUBSTANCES

Infected wild or domesticated animals (rodents, dogs, livestock, horses) and their tissue, urine or bodily fluids. Contaminated environmental source such as soil & water

### HOW IT IS TRANSMITTED

Animal-to-human direct contact  
Human-to-human transmission is rare

### PRECAUTIONS NEEDED

#### ACUTE CARE

#### Routine Practices

#### LONG-TERM CARE

#### Routine Practices

#### COMMUNITY

#### Routine Practices

#### PEDIATRICS

#### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

### INCUBATION PERIOD

2 - 30 days

### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- [REPORTABLE DISEASE](#)
- Human infection is acquired via direct contact of mucosa (eyes) or via skin abrasion with infected animal urine, other bodily fluids or soil/water contaminated with infected animal's urine or bodily fluids, especially after hurricanes, flooding or heavy rainfall.

## Lice

Head lice & pubic lice/crab lice

### CLINICAL PRESENTATION

**Head lice:** Itchiness, skin irritation to scalp, excoriation and crusting caused by secondary bacterial infection, presence of lice &/or nits

**Pubic/crab lice:** Itching, skin irritation and inflammation to pubic and perianal hair, can occur in other areas with coarse hair (e.g., chest, armpit, eyelashes or facial hair), mild fever and/or malaise with extensive infestation, presence of lice, co-infection with a sexually transmitted infection is common.

#### INFECTIOUS SUBSTANCES

Infested hair, clothing, bedding

#### HOW IT IS TRANSMITTED

Direct head-to-head contact with infested hair  
Human-to-human contact, usually spread by sexual contact

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Contact Precautions**

#### LONG-TERM CARE

**Contact Precautions**

#### COMMUNITY

**Contact Precautions**

#### PEDIATRICS

**Contact Precautions**

### DURATION OF PRECAUTIONS

Until effective treatment results in no live lice or nits seen

#### INCUBATION PERIOD

6 - 10 days

#### PERIOD OF COMMUNICABILITY

Until effective treatment results in no live lice or nits seen

### COMMENTS

- Apply treatment (pediculicide) as directed, individuals may choose to trim/shave hair to aid in immediate elimination of infestation in addition to treatment. Use fine-toothed comb to manually remove nits and remaining lice. As nits can remain in hair after treatment and no pediculicide is 100% ovicidal – check for and remove any remaining lice and nits daily after treatment. If live lice or nits found after therapy, repeat treatment.
- Live lice and eggs are killed by exposure to temperatures of >54° Celsius for 5 minutes. Clothing and items that are not washable can be either dry cleaned or sealed in a plastic bag and stored for 2 weeks.

## Listeriosis (*Listeria monocytogenes*)

### CLINICAL PRESENTATION

Fever, muscle aches, meningitis, diarrhea/gastrointestinal symptoms, congenital or neonatal infection

#### INFECTIOUS SUBSTANCES

Contaminated food

#### HOW IT IS TRANSMITTED

Foodborne: Acquired from ingestion of contaminated food  
Vertical: Pregnant individual to fetus in utero or newborn at birth  
Rare human-to-human transmission

### PRECAUTIONS NEEDED

#### ACUTE CARE

##### Routine Practices

#### LONG-TERM CARE

##### Routine Practices

#### COMMUNITY

##### Routine Practices

#### PEDIATRICS

##### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

#### INCUBATION PERIOD

Average 21 days, 30 – 70 days

#### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- [REPORTABLE DISEASE](#)
- Rare nosocomial outbreaks reported in newborn nurseries attributed to contaminated equipment.
- *Listeria* grows well at low temperatures and is able to multiply in refrigerated foods that are contaminated.
- Although relatively rare, human listeriosis is often severe and mortality rates can approach 50%.
- [PHAC Pathogen Safety Data Sheet](#)

## Lyme Disease (*Borrelia burgdorferi*)

### CLINICAL PRESENTATION

Fever, arthritis, meningitis, headache, fatigue, characteristic skin rash called erythema migrans

#### INFECTIOUS SUBSTANCES

Bite from infected tick

#### HOW IT IS TRANSMITTED

Tick borne (blacklegged or deer ticks)  
No human-to-human transmission

### PRECAUTIONS NEEDED

#### ACUTE CARE

##### Routine Practices

#### LONG-TERM CARE

##### Routine Practices

#### COMMUNITY

##### Routine Practices

#### PEDIATRICS

##### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

#### INCUBATION PERIOD

Rash occurs in 3-32 days after exposure,  
average 11 days

#### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- [REPORTABLE DISEASE](#)
- 3 stages of disease: early localized, early disseminated, and late manifestations.
- In most cases, the tick must be attached for > 36 hours before the Lyme disease bacterium can be transmitted. Infected people are often unaware that they have been bitten.

## Lymphocytic Choriomeningitis (LCM) Virus

### CLINICAL PRESENTATION

Asymptomatic, fever, cough, malaise, myalgia, headache, photophobia, nausea, vomiting, adenopathy, and sore throat. Second phase of illness can progress to neurological symptoms of meningitis, encephalitis, meningoencephalitis

### INFECTIOUS SUBSTANCES

Food contaminated by rodents  
Contaminated bodily fluids of rodents (feces, urine)

### HOW IT IS TRANSMITTED

Zoonotic: direct contact with or inhalation of infectious rodent body fluids (urine, secretions).  
Can occur anytime throughout pregnancy

### PRECAUTIONS NEEDED

#### ACUTE CARE

#### Routine Practices

#### LONG-TERM CARE

#### Routine Practices

#### COMMUNITY

#### Routine Practices

#### PEDIATRICS

#### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

### INCUBATION PERIOD

Up to 3 weeks

### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

# Lymphogranuloma Venereum

*Chlamydia trachomatis* serovars L1-3

## CLINICAL PRESENTATION

Fever, fatigue, genital ulcers, proctitis, inguinal/femoral lymphadenopathy

## INFECTIOUS SUBSTANCES

Bodily fluids (vaginal, anal, oral),  
contaminated surfaces

## HOW IT IS TRANSMITTED

Human-to-human, direct sexual contact

## PRECAUTIONS NEEDED

### ACUTE CARE

**Routine Practices**

### LONG-TERM CARE

**Routine Practices**

### COMMUNITY

**Routine Practices**

### PEDIATRICS

**Routine Practices**

## DURATION OF PRECAUTIONS

Not applicable

## INCUBATION PERIOD

3 - 30 days for primary lesion

## PERIOD OF COMMUNICABILITY

While viable organism present in secretions

## COMMENTS

- [REPORTABLE DISEASE](#)

## Malaria (*Plasmodium* spp.)

### CLINICAL PRESENTATION

High fever, chills, rigor, sweats, headache. Paroxysmal symptoms.

### INFECTIOUS SUBSTANCES

Blood

### HOW IT IS TRANSMITTED

Mosquito-borne. No human-to-human transmission, except in rare circumstances vertical (pregnant individual to fetus in utero or newborn at birth)

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Routine Practices**

#### LONG-TERM CARE

**Routine Practices**

#### COMMUNITY

**Routine Practices**

#### PEDIATRICS

**Routine Practices**

### DURATION OF PRECAUTIONS

Not applicable

### INCUBATION PERIOD

7 - 30 days

### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- [REPORTABLE DISEASE](#)
- Recent travel history must be considered at triage.
- Malaria in pregnancy carries significant morbidity and mortality risks for both mom and fetus.

## Marburg Virus - Viral Hemorrhagic Fever (VHF)

### CLINICAL PRESENTATION

Fever, myalgias, pharyngitis, nausea, vomiting and diarrhea. Maculopapular rash after day 5 of onset of symptoms.

Hemorrhagic fever in late clinical presentation.

### INFECTIOUS SUBSTANCES

Blood, body fluids, and respiratory secretions

### HOW IT IS TRANSMITTED

Direct contact, indirect contact, droplet

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Airborne & Contact + Droplet Precautions**

#### LONG-TERM CARE

**Airborne & Contact + Droplet Precautions**

#### COMMUNITY

**Airborne & Contact + Droplet Precautions**

#### PEDIATRICS

**Airborne & Contact + Droplet Precautions**

### DURATION OF PRECAUTIONS

Until symptoms resolved and **as directed by IPAC**

### INCUBATION PERIOD

Typically 8-10 days, can range from 2-21 days

### PERIOD OF COMMUNICABILITY

Until all symptoms resolve

### COMMENTS

- [REPORTABLE DISEASE](#)
- Acute care provider to **call or page the Medical Microbiologist On-Call** at presumed stage.
- History of travel and/or contact with persons and non-human primates from endemic countries must be considered at triage
- **Call or page IPAC immediately** if Viral Hemorrhagic Fever (VHF) is presumed
- Maintain a log of all people entering the patient's room
- High threat pathogens require special PPE considerations, see [VCH Response Procedures for Viral Hemorrhagic Fever and Other Unusual Communicable Diseases](#) for more information
- For general information visit the [BC MOH Ebola webpage](#).

## Measles (Rubeola)

### CLINICAL PRESENTATION

Fever, cough, coryza, conjunctivitis (3Cs), maculopapular skin rash, Koplik spots inside mouth, especially the cheeks

### INFECTIOUS SUBSTANCES

Respiratory secretions

### HOW IT IS TRANSMITTED

Airborne

### PRECAUTIONS NEEDED

#### ACUTE CARE

Airborne Precautions

#### LONG-TERM CARE

Airborne Precautions

#### COMMUNITY

Airborne Precautions

#### PEDIATRICS

Airborne Precautions

### DURATION OF PRECAUTIONS

4 days after start of rash in immunocompetent individuals or until all symptoms are gone in [immunocompromised](#) individuals – **Contact IPAC** for discontinuation of precautions.

### INCUBATION PERIOD

7 - 18 days to onset of fever, rarely as long as 21 days

### PERIOD OF COMMUNICABILITY

5 days before onset of rash (1-2 days before symptom onset) until 4 days after onset of rash

### COMMENTS

- [REPORTABLE DISEASE](#). Provider to **call or page Medical Health Officer and Medical Microbiologist on-call** at presumed stage.
- All staff, regardless of measles immunity status, should wear a fit-tested and seal-checked N95 respirator when caring for a confirmed measles case.
- It is recommended that only those staff who are known to meet measles [immunity criteria](#) care for confirmed measles cases. However, staff who do not meet measles immunity criteria do not need to be restricted from entering the room, so long as they are wearing appropriate PPE (N95 respirator).
- Family/visitors should not enter the room except in urgent or compassionate circumstances. If they must enter the room, they should wear N95 respirator (no fit-test needed, but staff to assist with proper seal check).
- Precautions should be taken with neonates born to pregnant individual with measles infection at delivery.
- **If other patients exposed**, notify IPAC and refer to [Measles \(Rubeola\) Exposed Susceptible Contact](#)

## Measles (Rubeola) Exposed Susceptible Contact

CLINICAL PRESENTATION	
May be asymptomatic	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Respiratory secretions	Airborne
PRECAUTIONS NEEDED	
ACUTE CARE	Airborne Precautions
LONG-TERM CARE	Airborne Precautions
COMMUNITY	Airborne Precautions
PEDIATRICS	Airborne Precautions
DURATION OF PRECAUTIONS	
5 days after first exposure until 21 days after last exposure	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
7 - 18 days	Potentially communicable during last 2 days of incubation period
COMMENTS	
<ul style="list-style-type: none"> <li>• Notify IPAC <b>if measles exposure occurred in a healthcare setting</b>.</li> <li>• All staff, regardless of measles immunity status, should wear a fit-tested and seal checked N95 respirator when caring for a presumed measles case.</li> <li>• It is recommended that only those staff who are known to meet measles <a href="#">immunity criteria</a> care for presumed measles cases. However, staff who do not meet measles immunity criteria do not need to be restricted from entering the room, so long as they are wearing appropriate PPE (N95 respirator).</li> <li>• Family/visitors should not enter the room except in urgent or compassionate circumstances. If they must enter the room, they should wear N95 respirator (no fit-test needed, but staff to assist with proper seal check).</li> <li>• Place newborns of pregnant individual with measles on precautions at delivery.</li> <li>• If immunoglobulin indicated, administer within 6 days.</li> </ul>	

## Melioidosis (*Burkholderia pseudomallei*)

Commonly known as “Whitmore Disease”

### CLINICAL PRESENTATION

Pneumonia, fever, papules with umbilicated centres

#### INFECTIOUS SUBSTANCES

Contaminated soil or water

#### HOW IT IS TRANSMITTED

Ingestion, aspiration, inhalation or direct contact with contaminated soil or water  
No human-to-human transmission

### PRECAUTIONS NEEDED

#### ACUTE CARE

##### Routine Practices

#### LONG-TERM CARE

##### Routine Practices

#### COMMUNITY

##### Routine Practices

#### PEDIATRICS

##### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

#### INCUBATION PERIOD

Variable

#### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

# Meningitis, not yet diagnosed (NYD)

(Bacterial, Viral, Fungal)

## CLINICAL PRESENTATION

Acute onset of headache, photophobia, stiff neck, vomiting, fever, and/or rash

## INFECTIOUS SUBSTANCES

Respiratory secretions and feces

## HOW IT IS TRANSMITTED

**Bacterial:** Direct contact, Droplet  
**Viral:** Direct and Indirect contact (including fecal/oral)

## PRECAUTIONS NEEDED

<b>ACUTE CARE</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>• Viral*</li> <li>• Bacterial*</li> <li>• Fungal</li> </ul>		<b>Droplet Precautions</b> <ul style="list-style-type: none"> <li>• Meningitis NYD*</li> <li>• Neisseria meningitidis</li> <li>• Mumps</li> </ul>	<b>Droplet &amp; Contact Precautions</b> <ul style="list-style-type: none"> <li>• Group A Strep</li> </ul>	<b>Airborne Precautions</b> <ul style="list-style-type: none"> <li>• Mycobacterium tuberculosis**</li> <li>• Varicella zoster</li> <li>• Measles</li> </ul>
<b>LONG-TERM CARE</b>	Same as Acute Care				
<b>COMMUNITY</b>	Same as Acute Care				
<b>PEDIATRICS</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>• Fungal</li> <li>• Bacterial*</li> <li>• Herpes simplex***</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>• Viral*</li> </ul>	<b>Droplet Precautions</b> <ul style="list-style-type: none"> <li>• Haemophilus influenzae</li> <li>• Neisseria meningitidis</li> <li>• Mumps</li> </ul>	<b>Droplet &amp; Contact Precautions</b> <ul style="list-style-type: none"> <li>• Meningitis NYD*</li> <li>• Group A Strep</li> <li>• NICU settings, viral*</li> </ul>	<b>Airborne Precautions</b> <ul style="list-style-type: none"> <li>• Mycobacterium tuberculosis**</li> <li>• Varicella zoster</li> <li>• Measles</li> </ul>

## DURATION OF PRECAUTIONS

Variable. See specific organism. Consult IPAC prior to discontinuing precautions.

## INCUBATION PERIOD

Variable

## PERIOD OF COMMUNICABILITY

Variable

## COMMENTS

- [REPORTABLE DISEASE](#) Providers to report all cases of meningitis to Medical Health Officer.
- **Notify IPAC of all cases of meningitis**
- \* Use these precautions if organism is not otherwise specified
- \*\* Maintain airborne precautions until respiratory TB disease is ruled out
- \*\*\*Use routine practice if herpes simplex is limited to central nervous system only, no other lesions or rash

## Meningococcal Disease (*Neisseria meningitidis*)

CLINICAL PRESENTATION	
<b>Invasive:</b> Meningococemia, meningitis, pneumonia, rash (petechial/purpuric) with fever <b>Non-invasive:</b> Conjunctivitis or urethritis	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Respiratory secretions	Direct contact, droplet
PRECAUTIONS NEEDED	
ACUTE CARE	Droplet Precautions
LONG-TERM CARE	Droplet Precautions
COMMUNITY	Droplet Precautions
PEDIATRICS	Droplet Precautions
DURATION OF PRECAUTIONS	
Until 24 hours of effective antimicrobial therapy completed	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
1 – 10 days	Until 24 hours of effective antimicrobial therapy completed
COMMENTS	
<ul style="list-style-type: none"> <li>• <a href="#">REPORTABLE DISEASE</a>. Provider to report invasive meningococcal disease to Medical Health Officer at presumed stage</li> <li>• To determine if a case is invasive, see <a href="#">BCCDC Case Definition for Meningococcal Disease</a></li> <li>• Close contacts may require chemoprophylaxis as directed by the Medical Health Officer or <a href="#">Provincial Workplace Health Call Centre</a></li> </ul>	

## Methicillin Resistant *Staphylococcus aureus* (MRSA)

### CLINICAL PRESENTATION

Asymptomatic or various infections of skin, soft tissue, pneumonia, bacteremia, urinary tract, etc.

### INFECTIOUS SUBSTANCES

Surface skin, infected or colonized secretions, excretions

### HOW IT IS TRANSMITTED

Direct contact, indirect contact

### PRECAUTIONS NEEDED

<b>ACUTE CARE</b>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>• MRSA colonization and infection</li> </ul>	<b>Droplet &amp; Contact Precautions</b> <ul style="list-style-type: none"> <li>• If MRSA found in sputum or tracheostomy and have a productive cough or ventilated</li> </ul>
<b>LONG-TERM CARE &amp; MENTAL HEALTH</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>• MRSA colonization</li> <li>• Urine infection</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>• MRSA infection</li> <li>• Use <b>Droplet &amp; Contact Precautions</b> if MRSA found in sputum or tracheostomy and have a productive cough or ventilated</li> </ul>
<b>COMMUNITY</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>• Lower risk of transmission*</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>• Higher risk of transmission*</li> <li>• Use <b>Droplet &amp; Contact Precautions</b> if MRSA found in sputum or tracheostomy and have a productive cough or ventilated</li> </ul>
<b>PEDIATRICS</b>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>• Colonization and infection</li> </ul>	<b>Droplet &amp; Contact Precautions</b> <ul style="list-style-type: none"> <li>• If MRSA found in sputum or tracheostomy and have a productive cough or ventilated</li> </ul>

### DURATION OF PRECAUTIONS

**Acute Care:** For the duration of admission or visit. Contact IPAC prior to stopping droplet precautions for respiratory infection.

**Long-Term Care:** Maintain additional precautions until infection is resolved, and then return to Routine Practices. Urine infection can be managed by Routine Practices.

### INCUBATION PERIOD

Variable

### PERIOD OF COMMUNICABILITY

Variable

### COMMENTS

- \*Refer to [Additional Precautions in Community Healthcare Settings](#) for definition of lower risk and higher risk transmission
- Contact screening as directed by IPAC. Refer to [ARO Acute Patient Placement Algorithm](#).

## Molluscum Contagiosum

Molluscum contagiosum virus

### CLINICAL PRESENTATION

Small flesh-coloured raised papules with pearly appearance and central depression. Papules typically present on the lower abdomen, pubic area, inner thighs, buttock, genitals, can also be widespread all over body and itchy

### INFECTIOUS SUBSTANCES

Drainage from papules

### HOW IT IS TRANSMITTED

Direct contact including sexual contact, or fomites. Vertical transmission (pregnant individual to fetus in utero or newborn at birth)

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Routine Practices**

#### LONG-TERM CARE

**Routine Practices**

#### COMMUNITY

**Routine Practices**

#### PEDIATRICS

**Routine Practices**

### DURATION OF PRECAUTIONS

Not applicable

### INCUBATION PERIOD

2 weeks to 6 months

### PERIOD OF COMMUNICABILITY

Unknown

### COMMENTS

- Minimize exposure to high-risk patients. Refer to [Definition of Moderately to Severely Immunocompromised Patients](#)

# Mpox

## CLINICAL PRESENTATION

**Prodromal phase (lasts 1-5 days):** Flu-like symptoms like fever, chills, headache, muscle ache, and fatigue. Less common symptoms include sore throat, cough, nausea, vomiting, or diarrhea

**Smallpox-like rash (1-3 days after prodrome):** Evolving rash from macules (flat lesions) to papules (raised lesions), vesicles, then pustules. Swollen lymph nodes, fever, chills, muscle ache, proctitis, tonsillitis

### INFECTIOUS SUBSTANCES

Infected blood and body fluids, pox secretions

### HOW IT IS TRANSMITTED

#### Human to human transmission:

- Direct contact with cutaneous or mucosal lesions
- Indirect contact with fomites (i.e. linens or clothing)
- Respiratory droplets from prolonged face-to-face contact

#### Animal contact:

- Bite or direct contact with an infected animal's blood, body fluid or rash

## PRECAUTIONS NEEDED

### ACUTE CARE

**Airborne & Contact + Droplet Precautions**

### LONG-TERM CARE

**Airborne & Contact + Droplet Precautions**

### COMMUNITY

**Airborne & Contact + Droplet Precautions**

### PEDIATRICS

**Airborne & Contact + Droplet Precautions**

## DURATION OF PRECAUTIONS

### As directed by IPAC.

Until all lesions have crusted, those crusts have separated, and a fresh layer of healthy skin has formed underneath.

### INCUBATION PERIOD

7 - 14 days, but can range from 5 - 21 days

### PERIOD OF COMMUNICABILITY

2 - 4 weeks

## COMMENTS

- [REPORTABLE DISEASE](#)
- Acute care provider to **call or page the Medical Microbiologist On-Call** at presumed stage
- Call or page IPAC immediately if Mpox is presumed
- See IPAC [AGMP Best Practice Guideline](#)
- See [VCH information on Mpox](#)
- See [BCCDC information on Mpox](#)

## Mucormycosis (Zygomycosis, Phycomycosis)

Includes: *Apophysomyces* spp., *Cunninghamella* spp., *Lichtheimia* spp., *Mucor* spp., *Rhizomucor* spp.

### CLINICAL PRESENTATION

Skin, wound, rhinocerebral infection, pulmonary, gastrointestinal, disseminated infection

### INFECTIOUS SUBSTANCES

Fungal spores in dust and soil

### HOW IT IS TRANSMITTED

Inhalation or ingestion of fungal spores  
No human-to-human transmission

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Routine Practices**

#### LONG-TERM CARE

**Routine Practices**

#### COMMUNITY

**Routine Practices**

#### PEDIATRICS

**Routine Practices**

### DURATION OF PRECAUTIONS

Not applicable

### INCUBATION PERIOD

Unknown

### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- Immunocompromised patients are at risk of infection

## Mumps, Known Case

### CLINICAL PRESENTATION

Generally mild self-limiting symptoms.

Swelling of salivary glands, parotitis. Myalgia, anorexia, malaise, headache, fever, respiratory symptoms.

Complications include orchitis, oophoritis, meningitis.

### INFECTIOUS SUBSTANCES

Saliva, respiratory secretions

### HOW IT IS TRANSMITTED

Direct contact, large droplets

### PRECAUTIONS NEEDED

#### ACUTE CARE

Droplet Precautions

#### LONG-TERM CARE

Droplet Precautions

#### COMMUNITY

Droplet Precautions

#### PEDIATRICS

Droplet Precautions

### DURATION OF PRECAUTIONS

**Consult IPAC prior to discontinuation of precautions.**

Maintain isolation until 9 days after the onset of parotid swelling.

### INCUBATION PERIOD

Usually 16 - 18 days, range 12 - 25 days

### PERIOD OF COMMUNICABILITY

7 days before symptom onset to 9 days after onset (most infectious 2 days before to 5 days after onset of parotid swelling)

### COMMENTS

- [REPORTABLE DISEASE](#)
- **NOTIFY IPAC** if mumps exposure is presumed. Refer to "[Mumps – Exposed Susceptible Contact](#)" page.
- To determine if a person is immune or susceptible to mumps, see [PHAC Mumps Susceptibility and Immunity](#)
- For more information, see [BCCDC Mumps Information for Health Professionals](#)

## Mumps, Exposed Susceptible Contact

### CLINICAL PRESENTATION

May be asymptomatic.

Prodrome may include myalgia, anorexia, malaise, headache, low-grade fever, or non-specific respiratory symptoms.

#### INFECTIOUS SUBSTANCES

Saliva, respiratory secretions

#### HOW IT IS TRANSMITTED

Direct contact, large droplets

### PRECAUTIONS NEEDED

#### ACUTE CARE

Droplet Precautions

#### LONG-TERM CARE

Droplet Precautions

#### COMMUNITY

Droplet Precautions

#### PEDIATRICS

Droplet Precautions

### DURATION OF PRECAUTIONS

**As directed by IPAC. Consult IPAC prior to discontinuation of precautions.**

Begin isolation 10 days after first exposure and continue until 26 days after last exposure.

#### INCUBATION PERIOD

Usually 16 – 18 days, range 12- 25 days

#### PERIOD OF COMMUNICABILITY

7 days before symptom onset to 9 days after onset (most infectious 2 days before to 5 days after onset of parotid swelling)

### COMMENTS

- **NOTIFY IPAC if mumps exposure occurred in a healthcare setting.**
- To determine if a person is immune or susceptible to mumps, see [PHAC Mumps Susceptibility and Immunity](#)
- For more information, see [BCCDC Mumps Information for Health Professionals](#)

## ***Mycoplasma pneumoniae***

CLINICAL PRESENTATION	
Cough (can persist for 3 weeks), fever, malaise, headache	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Respiratory secretions	Direct Contact and large droplets
PRECAUTIONS NEEDED	
ACUTE CARE	Droplet Precautions
LONG-TERM CARE	Droplet Precautions
COMMUNITY	Droplet Precautions
PEDIATRICS	Droplet Precautions
DURATION OF PRECAUTIONS	
Until symptoms have stopped	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
1 - 4 weeks	Unknown
COMMENTS	
<ul style="list-style-type: none"> <li><i>M. Pneumoniae</i> is not a reportable disease. Notify Medical Health Officer if observing unusual clusters, particularly if no clinical improvement seen with current treatment recommendations</li> </ul>	

## Necrotizing Enterocolitis (NEC)

CLINICAL PRESENTATION	
Abdominal distention, bloody stool, diarrhea, feeding intolerance, lethargy, temperature instability, vomiting	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Unknown	Unknown
PRECAUTIONS NEEDED	
<i>If a pathogen is identified, follow organism specific instructions in this manual.</i>	
<b>ACUTE CARE</b>	<b>Contact Plus Precautions</b>
<b>LONG-TERM CARE</b>	<b>Contact Plus Precautions</b>
<b>COMMUNITY</b>	<b>Contact Precautions</b>
<b>PEDIATRICS</b>	<b>Contact Plus Precautions</b>
DURATION OF PRECAUTIONS	
Contact IPAC prior to discontinuing precautions	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Not applicable	Unknown
COMMENTS	
<ul style="list-style-type: none"> <li>• Notify Medical Microbiologist &amp; IPAC of all presumed cases</li> <li>• NEC is commonly seen in premature babies within the first 2 weeks of birth up to 3 months of age and in babies born &lt; 32 gestation. Rarely seen in adults.</li> <li>• Etiology for NEC is multifactorial. No single pathogen has emerged as a definitive cause for NEC</li> </ul>	

## *Neisseria gonorrhoeae* (Gonorrhea)

### CLINICAL PRESENTATION

Ophthalmia, neonatorum, urogenital/rectal/pharyngeal gonorrhea, arthritis, pelvic inflammatory disease

### INFECTIOUS SUBSTANCES

Infected mucous membranes, urogenital discharge

### HOW IT IS TRANSMITTED

Vertical (pregnant individual to newborn at birth), sexual contact, and rarely direct or indirect contact

### PRECAUTIONS NEEDED

#### ACUTE CARE

#### Routine Practices

#### LONG-TERM CARE

#### Routine Practices

#### COMMUNITY

#### Routine Practices

#### PEDIATRICS

#### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

### INCUBATION PERIOD

2 - 7 days

### PERIOD OF COMMUNICABILITY

May extend for months in untreated individuals

### COMMENTS

- [REPORTABLE DISEASE](#)

## Nocardiosis (*Nocardia* spp.)

CLINICAL PRESENTATION	
Fever, cutaneous/lymphocutaneous disease or deep tissue infection secondary to soil contamination of a skin injury/open wound, pulmonary or central nervous system infection	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Contaminated soil and dust	No human-to-human transmission. Transmission occurs by inhalation of the microorganism in dust
PRECAUTIONS NEEDED	
ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices
DURATION OF PRECAUTIONS	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Unknown	Not applicable
COMMENTS	
<ul style="list-style-type: none"> <li>Infections in immunocompromised hosts may be associated with exposure to dust generated by construction, renovation and maintenance activities.</li> </ul>	

## Nontuberculous mycobacterium (NTM)

*Mycobacterium avium* complex (*M. avium*, *M. intracellulare*, *M. chimaera*), *M. abscessus* complex, *M. kansasii*

### CLINICAL PRESENTATION

Vague, non-specific. Shortness of breath, cough, sputum production, fatigue, malaise, weight loss.

### INFECTIOUS SUBSTANCES

Water, soil, dust

### HOW IT IS TRANSMITTED

Human-to-human transmission rare

### PRECAUTIONS NEEDED

#### ACUTE CARE

#### Routine Practices

#### LONG-TERM CARE

#### Routine Practices

#### COMMUNITY

#### Routine Practices

#### PEDIATRICS

#### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

### INCUBATION PERIOD

Variable

### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- Pulmonary infections are more common and primarily community acquired
- For *M. abscessus*: implement **Contact Precautions** for Cystic Fibrosis patients during their healthcare encounter

# Norovirus (Norwalk), Sapovirus

Caliciviridae

## CLINICAL PRESENTATION

Acute onset nausea, vomiting, diarrhea

### INFECTIOUS SUBSTANCES

Feces, emesis, vomit

### HOW IT IS TRANSMITTED

Direct contact and indirect contact (fecal-oral),  
large droplets if vomiting (vomit-oral)

## PRECAUTIONS NEEDED

### ACUTE CARE

#### Contact Plus Precautions

- Add [Droplet](#) if vomiting

### LONG-TERM CARE

#### Contact Plus Precautions

- Add [Droplet](#) if vomiting

### COMMUNITY

#### Contact Precautions

- Add [Droplet](#) if vomiting

### PEDIATRICS

#### Contact Plus Precautions

- Add [Droplet](#) if vomiting

## DURATION OF PRECAUTIONS

Until symptoms have stopped for 48 hours AND return to baseline bowel movements  
Patients who are immunocompromised may require a longer isolation period - **Consult IPAC prior to discontinuation of additional precautions**

### INCUBATION PERIOD

12 - 48 hours

### PERIOD OF COMMUNICABILITY

Mostly during acute stage and usually 48 hours after symptom resolution

## COMMENTS

- [REPORTABLE DISEASE](#)
- Soap and water is the preferred method of hand hygiene
- Common causes of outbreaks. Refer to [VCH Outbreak Resources](#)
- If a patient in an acute care multi-bed room tests positive, move to a private room if possible and place asymptomatic, exposed (> 4 hours in the same room as index case) roommates on **Contact Plus Precautions** for 48 hours.

## Orf – Parapoxvirus

CLINICAL PRESENTATION	
Skin lesions	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Infected saliva of animals and fomites	No human-to-human transmission Contact with infected animals (usually sheep and goats)
PRECAUTIONS NEEDED	
ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices
DURATION OF PRECAUTIONS	
Not applicable	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
3 - 6 days	Not applicable
COMMENTS	

## Parainfluenza virus

### CLINICAL PRESENTATION

Respiratory tract infection, croup, bronchiolitis, and pneumonia

### INFECTIOUS SUBSTANCES

Respiratory secretions

### HOW IT IS TRANSMITTED

Direct contact, indirect contact, droplet

### PRECAUTIONS NEEDED

<b>ACUTE CARE</b>	<b>Routine Practices</b>	<b>Droplet &amp; Contact Precautions</b> • Adults in high risk units* only
<b>LONG-TERM CARE</b>	<b>Routine Practices</b>	
<b>COMMUNITY</b>	<b>Routine Practices</b>	
<b>PEDIATRICS</b>		<b>Droplet &amp; Contact Precautions</b>

### DURATION OF PRECAUTIONS

**For adults** - until symptoms resolve.

**For pediatrics** - at least 11 days post symptom onset AND 24 hours after symptoms resolve.

For immunocompromised hosts, isolation precautions need to be maintained for a longer duration due to prolonged viral shedding – **Contact IPAC** for discontinuation of precautions.

### INCUBATION PERIOD

2 - 6 days

### PERIOD OF COMMUNICABILITY

1 - 3 weeks

### COMMENTS

- Minimize exposure to high-risk patients. Refer to [Definition of Moderately to Severely Immunocompromised Patients](#).
- Individuals on Droplet & Contact Precautions may need additional **Airborne Precautions** if [Aerosol Generating Medical Procedures \(AGMPs\)](#) are used.
- \*High-risk units - Solid Organ Transplant (SOT), Bone Marrow Transplant (BMT), Intensive Care Unit (ICU), Neonatal ICU (NICU), Cardiac Surgery ICU (CSICU), Cardiac Care Unit (CCU), Thoracic, Burns Trauma High Acuity (BTHA).

## Parvovirus B19

(Fifth Disease, Erythema Infectiosum, Aplastic crisis)

### CLINICAL PRESENTATION

Facial red “slapped cheek” rash. Macular or lace-like rash on trunk, arms, or thighs. Prodrome of fever, malaise, myalgia, and headache. Arthralgia or arthritis. Aplastic or erythrocytic crisis.

**Papular-purpuric gloves-and-socks syndrome (PPGSS):** Painful and itchy papules, petechiae or purpuric rash of hands and feet, often with fever

### INFECTIOUS SUBSTANCES

Respiratory secretions, blood

### HOW IT IS TRANSMITTED

Droplet, direct contact, percutaneous exposure to blood products, vertical (pregnant individual to fetus in utero)

### PRECAUTIONS NEEDED

<b>ACUTE CARE</b>	<b>Routine Practices</b>	<b>Droplet Precautions</b> <ul style="list-style-type: none"> <li>• Aplastic crisis</li> <li>• Immunocompromised patients</li> <li>• Papular purpuric gloves-socks syndrome (PPGSS)</li> </ul>
<b>LONG-TERM CARE</b>	<b>Routine Practices</b>	<b>Droplet Precautions</b> <ul style="list-style-type: none"> <li>• Aplastic crisis</li> <li>• Immunocompromised patients</li> <li>• PPGSS</li> </ul>
<b>COMMUNITY</b>	<b>Routine Practices</b>	<b>Droplet Precautions</b> <ul style="list-style-type: none"> <li>• Aplastic crisis</li> <li>• Immunocompromised patients</li> <li>• PPGSS</li> </ul>
<b>PEDIATRICS</b>	<b>Routine Practices</b>	<b>Droplet Precautions</b> <ul style="list-style-type: none"> <li>• Aplastic crisis</li> <li>• Immunocompromised patients</li> <li>• PPGSS</li> </ul>

### DURATION OF PRECAUTIONS

**Consult IPAC prior to discontinuation of precautions.**

**Transient Aplastic crisis:** Maintain precautions for 7 days after onset of crisis.

**Immunocompromised or PPGSS:** For acute care, maintain precautions for duration of hospitalization. For community or LTC, until all acute symptoms resolve

### INCUBATION PERIOD

4 - 21 days

### PERIOD OF COMMUNICABILITY

**Fifth disease:** No longer infectious after rash appears  
**Aplastic crisis:** Up to 1 week after onset of crisis  
**Chronic infection in immunocompromised:** Months to years

### COMMENTS

- Refer to VCH [Definition of Moderately to Severely Immunocompromised Patients](#).
- In pregnant women with presumed or confirmed intrauterine parvovirus B19 infection, amniotic fluid and fetal tissues should be considered infectious. Use **Contact Precautions**.

## Pertussis – Whooping Cough (*Bordetella pertussis*)

### CLINICAL PRESENTATION

**Catarrhal stage:** begins with common cold-like symptoms, mild cough that becomes gradually worse

**Paroxysmal stage:** paroxysms of numerous, rapid coughs characterized by inspiratory whoop (gasping), cyanosis, fatigue, vomiting, can last 2-8 weeks

**Convalescent stage:** symptoms wane over weeks to months

### INFECTIOUS SUBSTANCES

Respiratory secretions

### HOW IT IS TRANSMITTED

Droplet

### PRECAUTIONS NEEDED

#### ACUTE CARE

Droplet Precautions

#### LONG-TERM CARE

Droplet Precautions

#### COMMUNITY

Droplet Precautions

#### PEDIATRICS

Droplet Precautions

### DURATION OF PRECAUTIONS

**Untreated:** up to 21 days from onset of paroxysmal cough

**Treated:** after 5 days of effective antimicrobial treatment

### INCUBATION PERIOD

Average 9-10 days; range of 6-20 days

### PERIOD OF COMMUNICABILITY

**Untreated:** from beginning of infection up to 3 weeks after onset of coughing

**Treated:** after 5 days of effective antimicrobial treatment

### COMMENTS

- [REPORTABLE DISEASE](#)
- Susceptible contacts may need to be assessed for post-exposure prophylaxis

## Pharyngitis, not yet diagnosed (NYD)

Most commonly caused by viruses

### CLINICAL PRESENTATION

Sore throat, fever, pain with swallowing, anterior cervical lymphadenopathy, pharyngeal and tonsillar erythema, tonsillar hypertrophy with or without exudate, commonly associated with Scarlet Fever

### INFECTIOUS SUBSTANCES

Respiratory secretions

### HOW IT IS TRANSMITTED

Direct and indirect contact, large droplets

### PRECAUTIONS NEEDED

*If a pathogen is identified, follow organism specific instructions in this manual*

#### ACUTE CARE

#### Routine Practices

#### LONG-TERM CARE

#### Routine Practices

#### COMMUNITY

#### Routine Practices

#### PEDIATRICS

#### Droplet & Contact Precautions

### DURATION OF PRECAUTIONS

Variable – see specific organism

For viral infections – until symptoms resolve or return to baseline

For Group A Streptococcus – until 24 hours of effective antimicrobial therapy completed

### INCUBATION PERIOD

Variable

### PERIOD OF COMMUNICABILITY

Until symptoms resolve

For Group A Streptococcus – until at least 24 hours of effective antimicrobial treatment

### COMMENTS

- If Group A strep is presumed, see [Group A Streptococcus \(GAS\) – Scarlet Fever, Pharyngitis](#)

## Plague – Bubonic (*Yersinia pestis*)

### CLINICAL PRESENTATION

Lymphadenitis, fever, chills, headache, extreme fatigue and one or more swollen, tender and painful lymph nodes (called buboes)

#### INFECTIOUS SUBSTANCES

Bite of an infected flea

#### HOW IT IS TRANSMITTED

Fleaborne  
Contact with contaminated fluid or tissue e.g., touching or skinning infected animals  
No human-to-human transmission

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Routine Practices**

#### LONG-TERM CARE

**Routine Practices**

#### COMMUNITY

**Routine Practices**

#### PEDIATRICS

**Routine Practices**

### DURATION OF PRECAUTIONS

Not applicable

#### INCUBATION PERIOD

2 - 8 days

#### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- [REPORTABLE DISEASE](#)
- If left untreated, can progress to sepsis, renal failure, acute respiratory distress, and death

## Plague – Pneumonic (*Yersinia pestis*)

CLINICAL PRESENTATION	
Pneumonia, dyspnea, cough, fever, hemoptysis	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Respiratory secretions	Droplet
PRECAUTIONS NEEDED	
ACUTE CARE	Droplet Precautions
LONG-TERM CARE	Droplet Precautions
COMMUNITY	Droplet Precautions
PEDIATRICS	Droplet Precautions
DURATION OF PRECAUTIONS	
Until 48 hours of effective antibiotic treatment	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
1 - 6 days	Until 48 hours of effective antibiotic treatment
COMMENTS	
<ul style="list-style-type: none"> <li><a href="#">REPORTABLE DISEASE</a></li> <li>If left untreated, can progress to sepsis, renal failure, acute respiratory distress, and death</li> <li>Close contacts may require prophylaxis</li> </ul>	

## Pleurodynia (Group B Coxsackieviruses)

Also known as “Bornholm’s Disease”

### CLINICAL PRESENTATION

Fever, severe chest and abdominal/lower back pain, headache, malaise

### INFECTIOUS SUBSTANCES

Feces and respiratory secretions

### HOW IT IS TRANSMITTED

Direct contact, indirect contact, droplets

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Routine Practices**

#### LONG-TERM CARE

**Routine Practices**

#### COMMUNITY

**Routine Practices**

#### PEDIATRICS

#### Contact Precautions

- Add **Droplet** for NICU settings

### DURATION OF PRECAUTIONS

Until symptoms are resolved. Consult IPAC prior to stopping precautions in NICU.

### INCUBATION PERIOD

3 - 6 days

### PERIOD OF COMMUNICABILITY

Until symptoms are resolved

### COMMENTS

- Individuals on Droplet & Contact Precautions may need additional **Airborne Precautions** if [Aerosol Generating Medical Procedures \(AGMPs\)](#) are used.

## ***Pneumocystis jirovecii* pneumonia (PJP)**

Originally known as *Pneumocystis carinii* pneumonia (PCP)

### CLINICAL PRESENTATION

Fever, cough, dyspnea, chills, fatigue, tachypnea

### INFECTIOUS SUBSTANCES

Respiratory secretions

### HOW IT IS TRANSMITTED

Unknown

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Routine Practices**

#### LONG-TERM CARE

**Routine Practices**

#### COMMUNITY

**Routine Practices**

#### PEDIATRICS

**Routine Practices**

### DURATION OF PRECAUTIONS

Not applicable

### INCUBATION PERIOD

Unknown

### PERIOD OF COMMUNICABILITY

Unknown

### COMMENTS

- Ensure roommate is not immunocompromised, see [Definitions for severely or moderately immunocompromised patients](#).
- Most common opportunistic infection is found among people living with HIV.

## Pneumonia, not yet diagnosed (NYD)

(Bacterial, viral, fungal)

### CLINICAL PRESENTATION

Fever, cough, chest pain, shortness of breath

### INFECTIOUS SUBSTANCES

Respiratory secretions

### HOW IT IS TRANSMITTED

Direct contact, indirect contact, droplet

### PRECAUTIONS NEEDED

*If a pathogen is identified, follow organism specific instructions in this manual.*

<b>ACUTE CARE</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>• Adult bacterial *if not otherwise specified</li> <li>• Adult viral *if influenza, RSV, COVID-19 ruled out</li> </ul>	<b>Droplet Precautions</b> <ul style="list-style-type: none"> <li>• Meningococcus</li> <li>• Mycoplasma</li> <li>• Yersinia pestis</li> </ul>	<b>Droplet &amp; Contact Precautions</b> <ul style="list-style-type: none"> <li>• Pneumonia NYD</li> <li>• Influenza, RSV, COVID-19</li> <li>• Group A Strep (GAS)</li> </ul>
<b>LONG-TERM CARE</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>• Adult bacterial *if not otherwise specified</li> <li>• Adult viral *if influenza, RSV, COVID-19 ruled out</li> </ul>	<b>Droplet Precautions</b> <ul style="list-style-type: none"> <li>• Meningococcus</li> <li>• Mycoplasma</li> <li>• Yersinia pestis</li> </ul>	<b>Droplet &amp; Contact Precautions</b> <ul style="list-style-type: none"> <li>• Pneumonia NYD</li> <li>• Influenza, RSV, COVID-19</li> <li>• Group A Strep (GAS)</li> </ul>
<b>COMMUNITY</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>• Adult bacterial *if not otherwise specified</li> <li>• Adult viral *if influenza, RSV, COVID-19 ruled out</li> </ul>	<b>Droplet Precautions</b> <ul style="list-style-type: none"> <li>• Meningococcus</li> <li>• Mycoplasma</li> <li>• Yersinia pestis</li> </ul>	<b>Droplet &amp; Contact Precautions</b> <ul style="list-style-type: none"> <li>• Pneumonia NYD</li> <li>• Influenza, RSV, COVID-19</li> <li>• Group A Strep (GAS)</li> </ul>
<b>PEDIATRICS</b>		<b>Droplet Precautions</b> <ul style="list-style-type: none"> <li>• Haemophilus influenzae</li> </ul>	<b>Droplet &amp; Contact Precautions</b> <ul style="list-style-type: none"> <li>• Pediatric all causes</li> </ul>

### DURATION OF PRECAUTIONS

Until etiology is established or >24 hrs clinical improvement\* on empiric therapy. Refer to specific organism if pathogen is identified. For Group A Strep: 24 hours after appropriate antimicrobial therapy

### INCUBATION PERIOD

Variable

### PERIOD OF COMMUNICABILITY

Variable

### COMMENTS

- Use appropriate precautions if causative organism is an antibiotic-resistant organism (ARO)
- **Airborne Precautions** may be indicated if varicella (VZV) or Tuberculosis pneumonia is presumed.
- Minimize exposure of immunocompromised patients, patients with chronic cardiac or lung disease.
- \*Clinical improvement is defined as patient is afebrile >24 hours, symptoms have improved, and decreasing oxygen requirements.

## Poliomyelitis (Poliovirus)

### CLINICAL PRESENTATION

Fever, tiredness, headache, nausea, vomiting, severe muscle pain and spasms, stiff neck, muscle weakness, paralysis

### INFECTIOUS SUBSTANCES

Feces, respiratory secretions

### HOW IT IS TRANSMITTED

Direct Contact (fecal-oral), indirect contact

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Contact Precautions**

#### LONG-TERM CARE

**Contact Precautions**

#### COMMUNITY

**Contact Precautions**

#### PEDIATRICS

**Contact Precautions**

### DURATION OF PRECAUTIONS

- **As directed by IPAC.**
- Until 3 consecutive stool and/or throat swab samples test negative. Samples must be collected > 24 hours apart.
- Health management and stool testing will be determined on a case-by-case basis for immunocompromised individuals.

### INCUBATION PERIOD

3 - 35 days

### PERIOD OF COMMUNICABILITY

Throat - 1 week  
Stool - 3 6 weeks

### COMMENTS

- [REPORTABLE DISEASE](#)
- Only health care workers who are vaccinated against polio and not immunocompromised should provide care for a poliovirus patient.
- All stool sample testing for poliovirus must be conducted by the National Microbiology Laboratory.
- Immunocompromised hosts may have prolonged viral shedding.
- [PHAC Poliovirus Guidelines](#)

## Powassan Virus (*Orthoflavivirus*)

### CLINICAL PRESENTATION

Most cases are subclinical. Fever, sore throat, drowsiness, headache, muscle weakness, nausea, disorientation.

Rare cases of neuroinvasive disease, encephalitis, meningitis.

#### INFECTIOUS SUBSTANCES

Bite from infected tick

#### HOW IT IS TRANSMITTED

Tick borne (vector)  
Rare transmission can occur through blood transfusion and organ transplantation

### PRECAUTIONS NEEDED

#### ACUTE CARE

##### Routine Practices

#### LONG-TERM CARE

##### Routine Practices

#### COMMUNITY

##### Routine Practices

#### PEDIATRICS

##### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

#### INCUBATION PERIOD

1 - 5 weeks

#### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- All cases of encephalitis are [REPORTABLE DISEASE](#).
- Provider to report to Medical Health Officer if encephalitis is presumed.

## Pseudomembranous colitis

(common complication of *Clostridioides difficile* infection)

### CLINICAL PRESENTATION

Diarrhea, abdominal cramps, pain, fever, toxic megacolon, systemic toxicity

### INFECTIOUS SUBSTANCES

Feces

### HOW IT IS TRANSMITTED

Direct contact, indirect contact

### PRECAUTIONS NEEDED

#### ACUTE CARE

Contact Plus Precautions

#### LONG-TERM CARE

Contact Plus Precautions

#### COMMUNITY

Contact Precautions

#### PEDIATRICS

Contact Plus Precautions

### DURATION OF PRECAUTIONS

Until symptoms have stopped for 48 hours AND return to baseline bowel movements  
A negative or repeat C. difficile test is not recommended as a test of cure. Shedding of C. difficile in stool can persist for several months after infection has resolved and may result in positive test results

### INCUBATION PERIOD

Variable

### PERIOD OF COMMUNICABILITY

Until symptoms resolve

### COMMENTS

- Soap and water is the preferred method of hand hygiene.
- Environmental cleaning: Use a product that is effective against C. difficile as spores are known to be durable and resistant to routine disinfectant processes.
- Only send specimens on **symptomatic individuals**, do not test children < 12 months.

## *Pseudomonas aeruginosa*

### CLINICAL PRESENTATION

Asymptomatic or various infections of skin, soft tissue, pneumonia, bacteremia, urinary tract

#### INFECTIOUS SUBSTANCES

Colonized or infected secretions

#### HOW IT IS TRANSMITTED

Direct contact, indirect contact

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Routine Practices**

#### LONG-TERM CARE

**Routine Practices**

#### COMMUNITY

**Routine Practices**

#### PEDIATRICS

**Routine Practices**

### DURATION OF PRECAUTIONS

Additional Precautions may be used at the discretion of IPAC

#### INCUBATION PERIOD

Not applicable

#### PERIOD OF COMMUNICABILITY

Variable

### COMMENTS

- If reported as Carbapenemase Producing Organism, see [CPO](#).
- Can cause severe infections in patients with [Cystic Fibrosis](#).
- Refer to [ARO Acute Patient Placement Algorithm](#).
- See [VCH CPO resources](#) on the IPAC website.

## Psittacosis (Ornithosis)

*Chlamydia psittaci*

Also known as “parrot disease”

### CLINICAL PRESENTATION

Atypical pneumonia (abrupt fever onset, headache, dry cough), pharyngitis, diarrhea, constipation, nausea, vomiting, joint pain, chills, malaise, abdominal pain, rash

### INFECTIOUS SUBSTANCES

Excrement or respiratory secretions of infected birds

### HOW IT IS TRANSMITTED

Direct contact. Inhalation of excrement or respiratory secretions of infected birds. Human-to-human transmission is rare.

### PRECAUTIONS NEEDED

#### ACUTE CARE

#### Routine Practices

#### LONG-TERM CARE

#### Routine Practices

#### COMMUNITY

#### Routine Practices

#### PEDIATRICS

#### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

### INCUBATION PERIOD

5 - 14 days

### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- [REPORTABLE DISEASE](#)

## Q Fever (*Coxiella burnetii*)

### CLINICAL PRESENTATION

Usually self-limiting. Rapid onset fever, chills, weakness, pneumonia.

#### INFECTIOUS SUBSTANCES

Infected animals, raw milk

#### HOW IT IS TRANSMITTED

Inhalation of dust or soil from farms.  
Direct contact with infected animals or drinking infected raw milk.  
No human-to-human transmission

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Routine Practices**

#### LONG-TERM CARE

**Routine Practices**

#### COMMUNITY

**Routine Practices**

#### PEDIATRICS

**Routine Practices**

### DURATION OF PRECAUTIONS

Not applicable

#### INCUBATION PERIOD

14 - 39 days

#### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- [REPORTABLE DISEASE](#)

## Rabies

### CLINICAL PRESENTATION

Prodromal symptoms (low grade fever, myalgia) that can rapidly progress to acute encephalitis (headache, fever, hydrophobia, delirium, convulsions, paralysis) further progressing to coma, death

### INFECTIOUS SUBSTANCES

Saliva, cerebrospinal fluid or central nervous system tissue of infected mammal (wild/farm animals, domestic pets)

### HOW IT IS TRANSMITTED

Direct contact - highest risk is a bite from an infected animal.  
Transmission is rare via scratches from a rabid animal, exposure to mucus membranes, airborne or transplantation of organs from a donor who had undiagnosed rabies infection. Human-to-human transmission generally does not occur.

### PRECAUTIONS NEEDED

#### ACUTE CARE

#### Routine Practices

#### LONG-TERM CARE

#### Routine Practices

#### COMMUNITY

#### Routine Practices

#### PEDIATRICS

#### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

### INCUBATION PERIOD

3 - 8 weeks, range is days - years

### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- [REPORTABLE DISEASE](#)
- Human rabies is very rare in Canada; however, once symptoms develop it is almost always fatal
- Treatment & management, see [BCCDC Management of Specific Diseases Rabies](#) or [Public Health Agency of Canada \(PHAC\) Rabies: For healthcare professionals](#)

## Rash, not yet diagnosed (NYD)

### CLINICAL PRESENTATION

Variable. Refer to: VCH Rash Assessment Algorithm

#### INFECTIOUS SUBSTANCES

See specific organism for details

#### HOW IT IS TRANSMITTED

Variable

### PRECAUTIONS NEEDED

See specific organism for precautions indicated

#### Rash: Erythematous sandpaper-like rash

- See [Group A Streptococcus \(GAS\) – Scarlet Fever, Pharyngitis](#)

#### Rash: Maculopapular with coryza or fever

- See [Measles – \(Rubeola\)](#)
- See [Rubella – Acquired](#)
- See [Rubella – Congenital](#)
- See [Toxic Shock Syndrome – invasive Group A Strep](#)

#### Rash: Maculopapular or vesicular rash of the hands and feet

- See [Hand, Foot and Mouth Disease](#)
- See [Syphilis \(Treponema pallidum\) - Congenital](#)

#### Rash: Petechial or ecchymotic with fever

- See [Meningococcal Disease – \(Neisseria meningitidis\)](#)
- See [Viral Hemorrhagic Fever \(VHF\), not yet diagnosed \(NYD\)](#)

#### Rash: Petechial, papular-purpuric

- See [Parvovirus B19 \(Fifth Disease\)](#)

#### Rash: Pruritic scabies-like burrows (papules, nodules, vesicles or bullae), or widespread, crusted, and hyperkeratotic lesions (Norwegian scabies)

- See [Scabies \(Sarcoptes scabiei\)](#)

#### Rash: Vesicular

- See [Herpes Simplex Virus: Disseminated or extensive lesions](#)
- See [Herpes Simplex Virus: Localized lesions](#)
- See [Mpox](#)
- See [Varicella Zoster Virus: Chickenpox – Known Case](#)
- See [Varicella Zoster Virus: Herpes Zoster \(Shingles\) – Disseminated](#)
- See [Varicella Zoster Virus: Herpes Zoster \(Shingles\) Localized Rash](#)

### DURATION OF PRECAUTIONS

Variable

#### INCUBATION PERIOD

Variable

#### PERIOD OF COMMUNICABILITY

Variable

### COMMENTS

- Refer to [VCH Rash Assessment Algorithm](#)

## Rat-bite fever (*Streptobacillus moniliformis*, *Spirillum minus*)

### CLINICAL PRESENTATION

**S. moniliformis** (also known as Haverhill fever): Relapsing/abrupt fever, rash, migratory polyarthritides, chills, muscle pain, vomiting, sore throat and headache

**S. minus**: Fever, ulceration/dyscolouration/swelling and pain at the site of the bite, lymphadenopathy, and rash.

### INFECTIOUS SUBSTANCES

Saliva, bites, scratches, and urine of infected rodents, contaminated items (e.g., rat bedding, cages, etc.) contaminated food or drinks, unpasteurized milk of infected animals

### HOW IT IS TRANSMITTED

No human-to-human transmission  
Bite or scratches from infected rodents, ingestion of contaminated food or drinks

### PRECAUTIONS NEEDED

#### ACUTE CARE

#### Routine Practices

#### LONG-TERM CARE

#### Routine Practices

#### COMMUNITY

#### Routine Practices

#### PEDIATRICS

#### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

### INCUBATION PERIOD

### PERIOD OF COMMUNICABILITY

**S. moniliformis**: Usually less than 7 days  
(range 3 days to 3 weeks)

**S minus**: 7 - 21 days

Not applicable

### COMMENTS

- **S. moniliformis**: Acquired from rats or other animals, and contaminated food or drinks.
- **S minus**: Acquired from rat or mice bites only.

## Relapsing fever (*Borrelia* spp.)

### CLINICAL PRESENTATION

Sudden onset of high fever, chills, sweats, headache, muscle and joint pain, nausea. Transitory macular or petechial rashes

### INFECTIOUS SUBSTANCES

Bite of louse or tick

### HOW IT IS TRANSMITTED

Insect-borne: Acquired by bite of lice or ticks  
No human-to-human transmission

### PRECAUTIONS NEEDED

#### ACUTE CARE

Routine Practices

#### LONG-TERM CARE

Routine Practices

#### COMMUNITY

Routine Practices

#### PEDIATRICS

Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

### INCUBATION PERIOD

2 - 18 days

### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

## Respiratory Tract Infection, not yet diagnosed (NYD)

CLINICAL PRESENTATION	
Fever, cough, runny nose, sneezing	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Respiratory secretions	Direct contact, indirect contact, droplet
PRECAUTIONS NEEDED	
<i>If a pathogen is identified, follow organism specific instructions in this manual.</i>	
<b>ACUTE CARE</b>	<b>Droplet &amp; Contact Precautions</b>
<b>LONG-TERM CARE</b>	<b>Droplet &amp; Contact Precautions</b>
<b>COMMUNITY</b>	<b>Droplet &amp; Contact Precautions</b>
<b>PEDIATRICS</b>	<b>Droplet &amp; Contact Precautions</b>
DURATION OF PRECAUTIONS	
Variable, refer to specific organism once identified	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable	Variable
COMMENTS	
<ul style="list-style-type: none"> <li>Individuals on Droplet &amp; Contact Precautions may need additional <b>Airborne Precautions</b> if <a href="#">Aerosol Generating Medical Procedures (AGMPs)</a> are used.</li> <li>Use <a href="#">point of care risk assessment</a> to determine if additional personal protective equipment is necessary.</li> </ul>	

## Rhinovirus

### CLINICAL PRESENTATION

Respiratory tract infection, common cold, rhinosinusitis, nasal congestion, malaise, headache, myalgia, fever, cough, and sneezing.

### INFECTIOUS SUBSTANCES

Respiratory secretions

### HOW IT IS TRANSMITTED

Direct contact, indirect contact, droplet

### PRECAUTIONS NEEDED

<b>ACUTE CARE</b>	<b>Routine Practices</b>	<b>Droplet &amp; Contact Precautions</b> • Adults in high risk units* only
<b>LONG-TERM CARE</b>	<b>Routine Practices</b>	
<b>COMMUNITY</b>	<b>Routine Practices</b>	
<b>PEDIATRICS</b>		<b>Droplet &amp; Contact Precautions</b>

### DURATION OF PRECAUTIONS

**For adults**, until symptoms resolve.

**For pediatrics**, at least 11 days post symptom onset AND 24 hours after symptoms resolve.

**For immunocompromised individuals**, isolation precautions need to be maintained for a longer duration due to prolonged viral shedding – **Contact IPAC** for discontinuation of precautions.

### INCUBATION PERIOD

2 - 3 days

### PERIOD OF COMMUNICABILITY

Until acute symptoms resolve (1-2 weeks)

### COMMENTS

- Minimize exposure to high-risk patients. Refer to [Definition of Moderately to Severely Immunocompromised Patients](#).
- Individuals on Droplet & Contact Precautions may need additional **Airborne Precautions** if [Aerosol Generating Medical Procedures \(AGMPs\)](#) are used.
- \*High-risk units - Solid Organ Transplant (SOT), Bone Marrow Transplant (BMT), Intensive Care Unit (ICU), Neonatal ICU (NICU), Cardiac Surgery ICU (CSICU), Cardiac Care Unit (CCU), Thoracic, Burns Trauma High Acuity (BTHA).

## Rickettsial Diseases

Anaplasmosis (*Anaplasma phagocytophilum*) & Ehrlichiosis (*Ehrlichia* spp.). Rickettsialpox (*Rickettsia akari*). Rocky Mountain Spotted Fever (*Rickettsia rickettsii*). Typhus fevers: scrub typhus (*Orientia tsutsugamushi*), epidemic typhus (*Rickettsia prowazekii*), murine typhus (*Rickettsia typhi*)

### CLINICAL PRESENTATION

Fever, rash, malaise, myalgia, headache, encephalitis, thrombocytopenia. Less common: respiratory failure, disseminated intravascular coagulation, organ failure, death

#### INFECTIOUS SUBSTANCES

Acquired from bite by infected vector (ticks, mites, fleas, body lice)

#### HOW IT IS TRANSMITTED

- Vector-borne
- Anaplasmosis: possible transmission also includes via solid organ transplantation, blood transfusion and pregnant individual to fetus in utero
- Rocky Mountain Spotted Fever: rarely via blood transfusion

### PRECAUTIONS NEEDED

#### ACUTE CARE

##### Routine Practices

#### LONG-TERM CARE

##### Routine Practices

#### COMMUNITY

##### Routine Practices

#### PEDIATRICS

##### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

#### INCUBATION PERIOD

Variable. Range is 3 - 21 days (depends on the organism)

#### PERIOD OF COMMUNICABILITY

No human-to-human transmission  
Note: *Rickettsia prowazekii* can be infectious via close direct contact with a person who has body lice

### COMMENTS

- [REPORTABLE DISEASE](#). All Rickettsial diseases listed above are reportable
- [BCCDC Case Definition for Rickettsial Diseases](#)

## Rift Valley Fever (*Phlebovirus*)

### CLINICAL PRESENTATION

Most cases are subclinical. Fever, weakness, back pain, and dizziness.  
Disease may progress to encephalitis, unexplained bleeding, jaundice, hemorrhagic fever.

#### INFECTIOUS SUBSTANCES

Bite from an infected mosquito

#### HOW IT IS TRANSMITTED

Mosquito borne (vector)  
Contact with blood, body fluids, or tissue of infected animals  
No human-to-human transmission

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Routine Practices**

#### LONG-TERM CARE

**Routine Practices**

#### COMMUNITY

**Routine Practices**

#### PEDIATRICS

**Routine Practices**

### DURATION OF PRECAUTIONS

Not applicable

#### INCUBATION PERIOD

2 - 6 days

#### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- [REPORTABLE DISEASE](#)
- Transmission is limited to geographical areas where the virus is circulating (sub-Saharan Africa).
- Potentially hazardous to laboratory staff. **Notify laboratory** prior to sending specimen.

# Roseola Infantum – Human Herpes Virus 6 and 7 (HHV6 and HHV7)

(Exanthema subitum, Sixth disease, Baby measles)

## CLINICAL PRESENTATION

Fever, nonpruritic maculopapular rash

## INFECTIOUS SUBSTANCES

Saliva

## HOW IT IS TRANSMITTED

Direct contact, close personal contact

## PRECAUTIONS NEEDED

### ACUTE CARE

Routine Practices

### LONG-TERM CARE

Routine Practices

### COMMUNITY

Routine Practices

### PEDIATRICS

Routine Practices

## DURATION OF PRECAUTIONS

Not applicable

## INCUBATION PERIOD

9 - 10 days

## PERIOD OF COMMUNICABILITY

Not applicable

## COMMENTS

## Rotavirus

CLINICAL PRESENTATION	
Severe watery diarrhea, vomiting, abdominal pain, dehydration, loss of appetite	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Feces, contaminated items (toys)	Direct contact (fecal-oral), indirect contact
PRECAUTIONS NEEDED	
ACUTE CARE	<b>Contact Plus Precautions</b> <ul style="list-style-type: none"> <li>Add <a href="#">Droplet</a> if vomiting</li> </ul>
LONG-TERM CARE	<b>Contact Plus Precautions</b> <ul style="list-style-type: none"> <li>Add <a href="#">Droplet</a> if vomiting</li> </ul>
COMMUNITY	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>Add <a href="#">Droplet</a> if vomiting</li> </ul>
PEDIATRICS	<b>Contact Plus Precautions</b> <ul style="list-style-type: none"> <li>Add <a href="#">Droplet</a> if vomiting</li> </ul>
DURATION OF PRECAUTIONS	
Until symptoms have stopped for 48 hours AND return to baseline bowel movements For immunocompromised individuals, isolation precautions may need to be maintained for a longer duration due to prolonged viral shedding. <b>Contact IPAC</b> for discontinuation of precautions.	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
2 days	3 - 21 days
COMMENTS	
<ul style="list-style-type: none"> <li><a href="#">REPORTABLE DISEASE</a></li> <li>Soap and water is the preferred method for hand hygiene</li> <li><b>For acute inpatient settings: Contact Plus Precautions</b> should be maintained until lab results are negative AND for 10 days post immunization for infants who receive Rotavirus vaccine</li> </ul>	

## RSV – Respiratory Syncytial Virus

CLINICAL PRESENTATION	
Upper respiratory tract infection, bronchiolitis and pneumonia	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Respiratory secretions	Direct contact, indirect contact, droplet
PRECAUTIONS NEEDED	
ACUTE CARE	Droplet & Contact Precautions
LONG-TERM CARE	Droplet & Contact Precautions
COMMUNITY	Droplet & Contact Precautions
PEDIATRICS	Droplet & Contact Precautions
DURATION OF PRECAUTIONS	
<p><b>For adults:</b> at least 7 days post symptom onset AND 24 hours after symptoms resolve.</p> <p><b>For pediatrics:</b> at least 11 days post symptom onset AND 24 hours after symptoms resolve.</p> <p><b>For immunocompromised individuals:</b> isolation precautions need to be maintained for a longer duration – Contact IPAC for discontinuation of precautions.</p>	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
2 - 8 days	Until acute symptoms resolve (typically 1 - 2 weeks)
COMMENTS	
<ul style="list-style-type: none"> <li>Individuals on Droplet &amp; Contact Precautions may need additional <b>Airborne Precautions</b> if <a href="#">Aerosol Generating Medical Procedures (AGMPs)</a> are used.</li> <li>Minimize exposure of high-risk patients. Refer to <a href="#">Definition of Moderately to Severely Immunocompromised Patients</a>.</li> </ul>	

## Rubella (German Measles) – Acquired

CLINICAL PRESENTATION	
Fever and maculopapular rash	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Respiratory secretions	Direct contact, droplet
PRECAUTIONS NEEDED	
ACUTE CARE	Droplet Precautions
LONG-TERM CARE	Droplet Precautions
COMMUNITY	Droplet Precautions
PEDIATRICS	Droplet Precautions
DURATION OF PRECAUTIONS	
Until 7 days after onset of rash	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
14 - 21 days	One week before to 7 days after onset of rash
COMMENTS	
<ul style="list-style-type: none"> <li><a href="#">REPORTABLE DISEASE</a></li> <li>Only those individuals who are known to meet <a href="#">immunity criteria</a> should enter the room. If immunity is unknown, assume person is non-immune. Non-immune individuals should not enter except in urgent or compassionate circumstances. Pregnant HCWs should not enter the room regardless of their immune status.</li> <li><b>If other patients exposed</b>, notify IPAC and refer to <a href="#">Rubella (German measles) – Exposed Susceptible Contact</a>.</li> </ul>	

## Rubella – Congenital

### CLINICAL PRESENTATION

Congenital rubella syndrome (severe birth defects). Most common manifestations: Ophthalmologic (cataracts, pigmentary retinopathy, microphthalmos, glaucoma), cardiac (patent ductus arteriosus, peripheral pulmonary artery stenosis), auditory (hearing impairment), or neurologic (behavioral disorders, meningoencephalitis, microcephaly).

### INFECTIOUS SUBSTANCES

Respiratory secretions, urine

### HOW IT IS TRANSMITTED

Direct contact, indirect contact, droplet

### PRECAUTIONS NEEDED

#### ACUTE CARE

Not applicable

#### LONG-TERM CARE

Not applicable

#### COMMUNITY

Not applicable

#### PEDIATRICS

**Droplet & Contact Precautions**

### DURATION OF PRECAUTIONS

Until 1 year of age, unless two cultures of nasopharyngeal and urine are obtained one month apart after 3 months of age are negative

### INCUBATION PERIOD

4 - 21 days

### PERIOD OF COMMUNICABILITY

Prolonged shedding in respiratory tract and urine can be up to one year

### COMMENTS

- [REPORTABLE DISEASE](#)
- Only those individuals who are known to meet [immunity criteria](#) should enter the room. If immunity is unknown, assume person is non-immune. Non-immune individuals should not enter except in urgent or compassionate circumstances. Pregnant HCWs should not enter the room regardless of their immune status.
- **If other patients exposed**, notify IPAC and refer to [Rubella \(German measles\) – Exposed Susceptible Contact](#).

## Rubella (German measles) – Exposed Susceptible Contact

CLINICAL PRESENTATION	
Asymptomatic	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Respiratory secretions	Direct contact, droplet
PRECAUTIONS NEEDED	
ACUTE CARE	Droplet Precautions
LONG-TERM CARE	Droplet Precautions
COMMUNITY	Droplet Precautions
PEDIATRICS	Droplet Precautions
DURATION OF PRECAUTIONS	
Droplet Precautions should be maintained for exposed susceptible individuals for 7 days after first contact up to 21 days after last contact.	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
14 - 21 days	One week before to 7 days after onset of rash
COMMENTS	
<ul style="list-style-type: none"> <li>Only those individuals who are known to meet <a href="#">immunity criteria</a> should enter the room. If immunity is unknown, assume person is non-immune. Non-immune individuals should not enter except in urgent or compassionate circumstances. Pregnant HCWs should not enter the room regardless of their immune status.</li> <li>Notify IPAC if measles exposure occurred in a healthcare setting.</li> </ul>	

## Saint Louis Encephalitis (*Orthoflavivirus*)

### CLINICAL PRESENTATION

Most cases are subclinical. Clinical cases include encephalitis, high fever, altered consciousness, neurologic dysfunction, meningitis, stiff neck, headache, myalgia, tremors, nausea, vomiting and urinary tract infection

#### INFECTIOUS SUBSTANCES

Bite from an infected mosquito

#### HOW IT IS TRANSMITTED

Mosquito borne (vector)  
No human-to-human transmission

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Routine Practices**

#### LONG-TERM CARE

**Routine Practices**

#### COMMUNITY

**Routine Practices**

#### PEDIATRICS

**Routine Practices**

### DURATION OF PRECAUTIONS

Not applicable

#### INCUBATION PERIOD

4 - 21 days

#### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- All cases of encephalitis are [REPORTABLE DISEASE](#). Provider to report to Medical Health Officer if encephalitis is presumed.
- See [Arbovirus](#) page in this manual for a list of related arthropod-borne viruses.

## Salmonellosis (*Salmonella* spp.) – Non-typhoidal *Salmonella*

### CLINICAL PRESENTATION

Diarrhea, fever, abdominal cramps, bacteremia, mucus in stools, and food poisoning

#### INFECTIOUS SUBSTANCES

Feces, contaminated food (e.g., meat, poultry, dairy, eggs, produced, processed foods), unpasteurized milk and other raw dairy products, and contaminated water

#### HOW IT IS TRANSMITTED

Fecal-oral, direct contact, indirect contact, foodborne

### PRECAUTIONS NEEDED

#### ACUTE CARE

##### Routine Practices

##### Contact Precautions

For Adults if:

- Incontinent
- Stool not contained
- Poor hygiene
- Contaminating their environment

#### LONG-TERM CARE

##### Routine Practices

##### Contact Precautions

For Adults if:

- Incontinent
- Stool not contained
- Poor hygiene
- Contaminating their environment

#### COMMUNITY

##### Routine Practices

##### Contact Precautions

For Adults if:

- Incontinent
- Stool not contained
- Poor hygiene
- Contaminating their environment

#### PEDIATRICS

##### Contact Precautions

### DURATION OF PRECAUTIONS

Until symptoms have stopped for 48 hours AND return to baseline bowel movements, OR (for adults) until they are continent and have good hygiene.

#### INCUBATION PERIOD

6 - 48 hours

#### PERIOD OF COMMUNICABILITY

Variable

### COMMENTS

- [REPORTABLE DISEASE](#)

## Scabies (*Sarcoptes scabiei*)

### CLINICAL PRESENTATION

**Limited or typical:** Papular rash, intense itching

**Crusted (Norwegian) or atypical:** Severe & highly infectious due to large number of mites present under the skin. Widespread, crusted, and hyperkeratotic lesions

### INFECTIOUS SUBSTANCES

Mites

### HOW IT IS TRANSMITTED

Direct contact, indirect contact

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Contact Precautions**

#### LONG-TERM CARE

**Contact Precautions**

#### COMMUNITY

**Contact Precautions**

#### PEDIATRICS

**Contact Precautions**

### DURATION OF PRECAUTIONS

Maintain Contact Precautions until 24 hours of effective treatment

### INCUBATION PERIOD

**Initial infestation:** 4 - 6 weeks

**Re-infection:** 1 - 4 days after repeated exposure

### PERIOD OF COMMUNICABILITY

Until mites and eggs are destroyed by treatment (usually 2 courses one week apart)

### COMMENTS

- Close contacts must be examined and given prophylaxis treatment.
- Scabies is a reportable occupational disease. Staff to report a workplace exposure to WorkSafe BC.
- See [Quick Reference for Management of Lice, Scabies, and Bed Bugs](#)
- See [Best Practice Guidelines for Scabies in Long-Term Care and Assisted Living Homes](#).

## Schistosomiasis (*Schistosoma* spp.)

### CLINICAL PRESENTATION

Diarrhea, fever, itchy rash, hepatosplenomegaly, hematuria, malaise, cough, lymphadenopathy, eosinophilia

#### INFECTIOUS SUBSTANCES

Larvae in contaminated water

#### HOW IT IS TRANSMITTED

No human-to-human transmission  
Waterborne – acquired by contact with larvae in contaminated water

### PRECAUTIONS NEEDED

#### ACUTE CARE

##### Routine Practices

#### LONG-TERM CARE

##### Routine Practices

#### COMMUNITY

##### Routine Practices

#### PEDIATRICS

##### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

#### INCUBATION PERIOD

Variable (approximately 4 - 6 weeks for *S. japonicum*, 6 - 8 weeks for *S. mansoni*, and 10 - 12 weeks for *S. haematobium*)

#### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

## Shigella (Shigella spp.), Enteroinvasive E. coli (EIEC)

### CLINICAL PRESENTATION

Diarrhea, high fever, abdominal cramps, tenesmus, mucoid stools with or without blood

### INFECTIOUS SUBSTANCES

Feces, contaminated food or water

### HOW IT IS TRANSMITTED

Fecal-oral, direct contact, indirect contact, ingestion of contaminated food or water, sexual contact (oral-anal)

### PRECAUTIONS NEEDED

ACUTE CARE	<b>Routine Practices</b>	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"> <li>• Incontinent</li> <li>• Stool not contained</li> <li>• Poor hygiene</li> <li>• Contaminating their environment</li> </ul>
	<b>Routine Practices</b>	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"> <li>• Incontinent</li> <li>• Stool not contained</li> <li>• Poor hygiene</li> <li>• Contaminating their environment</li> </ul>
LONG-TERM CARE	<b>Routine Practices</b>	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"> <li>• Incontinent</li> <li>• Stool not contained</li> <li>• Poor hygiene</li> <li>• Contaminating their environment</li> </ul>
COMMUNITY	<b>Routine Practices</b>	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"> <li>• Incontinent</li> <li>• Stool not contained</li> <li>• Poor hygiene</li> <li>• Contaminating their environment</li> </ul>
PEDIATRICS		<b>Contact Precautions</b>

### DURATION OF PRECAUTIONS

Until symptoms have stopped for 48 hours AND return to baseline bowel movements, OR (for adults) until they are continent and have good hygiene

### INCUBATION PERIOD

Varies from 1 to 7 days (typically 1 to 3 days)

### PERIOD OF COMMUNICABILITY

For the duration of illness but could last up to 4 weeks after illness unless treated. Treatment with effective antibiotic shortens period of infectivity.

### COMMENTS

- [REPORTABLE DISEASE](#)

## Smallpox (Variola Virus)

CLINICAL PRESENTATION	
Fever, vesicular/pustular lesions. Prodrome includes high fever, malaise, headache	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Skin lesion exudate, large respiratory droplets	Direct contact, indirect contact, droplet and airborne
PRECAUTIONS NEEDED	
ACUTE CARE	Airborne & Contact + Droplet Precautions
LONG-TERM CARE	Airborne & Contact + Droplet Precautions
COMMUNITY	Airborne & Contact + Droplet Precautions
PEDIATRICS	Airborne & Contact + Droplet Precautions
DURATION OF PRECAUTIONS	
As directed by IPAC	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
7 - 19 days (average 10 - 12 days)	3 - 4 weeks after onset of rash, until all skin lesions have crusted and separated
COMMENTS	
<ul style="list-style-type: none"> <li><a href="#">REPORTABLE DISEASE</a></li> <li>Acute care provider to <b>call or page the Medical Microbiologist On-Call</b> at presumed stage.</li> <li>May be bioterrorism related. Smallpox was declared eradicated worldwide in 1979</li> <li><b>Call or page IPAC immediately</b> if smallpox is presumed</li> <li>Immunization of health care workers (HCW) stopped in 1977. Care preferably should be provided by immune HCWs; nonvaccinated HCWs should not provide care if immune HCWs are available.</li> <li>All HCW should wear n95 respirators, regardless of vaccination status.</li> </ul>	

## Sporotrichosis (*Sporothrix schenckii*)

### CLINICAL PRESENTATION

#### Three cutaneous patterns:

1. Classic lymphocutaneous process with multiple nodules,
  2. Localized cutaneous presents as a solitary crusted papule or papuloulcerative or nodular lesion,
  3. Disseminated cutaneous form with multiple lesions.
- Pulmonary infection or disseminated disease.

#### INFECTIOUS SUBSTANCES

Contaminated soil or vegetation. Ubiquitous in the environment, commonly found in soil and plants

#### HOW IT IS TRANSMITTED

Rare human-to-human transmission.  
Acquired from spores in soil or vegetation.  
Zoonotic spread from infected cats or scratches from digging animals, such as armadillos.

### PRECAUTIONS NEEDED

#### ACUTE CARE

#### Routine Practices

#### LONG-TERM CARE

#### Routine Practices

#### COMMUNITY

#### Routine Practices

#### PEDIATRICS

#### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

#### INCUBATION PERIOD

7 - 30 days after cutaneous inoculation but can be as long as 6 months

#### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

# Staphylococcal Scalded Skin Syndrome (SSSS)

Also known as “Ritter’s Disease”

## CLINICAL PRESENTATION

Tender scarlatiniform eruption and localized bullous impetigo, or a combination of these with painful skin rash with thick white/brown flakes

## INFECTIOUS SUBSTANCES

Skin exudates or drainage

## HOW IT IS TRANSMITTED

Direct contact, indirect contact

## PRECAUTIONS NEEDED

### ACUTE CARE

#### Routine Practices

- Minor drainage contained by dressing

#### Contact Precautions

### LONG-TERM CARE

#### Routine Practices

- Minor drainage contained by dressing

#### Contact Precautions

### COMMUNITY

#### Routine Practices

- Minor drainage contained by dressing

#### Contact Precautions

### PEDIATRICS

#### Contact Precautions

## DURATION OF PRECAUTIONS

Maintain precautions until drainage is resolved (for pediatrics) or contained by dressing (for adults).

## INCUBATION PERIOD

Variable

**Toxin-mediated SSSS:** 1 - 10 days

**Post-operative SSSS:** up to 12 hours

## PERIOD OF COMMUNICABILITY

While organism is present in drainage

## COMMENTS

## Staphylococcus aureus – Food poisoning (Toxin Mediated)

CLINICAL PRESENTATION		
Nausea, vomiting, diarrhea, abdominal cramps/pain		
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED
Feces, contaminated food		Fecal-oral, foodborne, direct contact, indirect contact
PRECAUTIONS NEEDED		
ACUTE CARE	Routine Practices	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"><li>• Incontinent</li><li>• Stool not contained</li><li>• Poor hygiene</li><li>• Contaminating their environment</li></ul>
LONG-TERM CARE	Routine Practices	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"><li>• Incontinent</li><li>• Stool not contained</li><li>• Poor hygiene</li><li>• Contaminating their environment</li></ul>
COMMUNITY	Routine Practices	
PEDIATRICS		<b>Contact Precautions</b>
DURATION OF PRECAUTIONS		
Until symptoms have stopped for 48 hours <b>AND</b> return to baseline bowel movements, OR (for adults) until they are continent and have good hygiene.		
INCUBATION PERIOD		PERIOD OF COMMUNICABILITY
Not applicable		Not applicable
COMMENTS		
<ul style="list-style-type: none"><li>• <a href="#">REPORTABLE DISEASE</a></li></ul>		

## Staphylococcus aureus, Methicillin-sensitive – Pneumonia (MSSA)

### CLINICAL PRESENTATION

Pneumonia (cough, fever, chills, shortness of breath)

### INFECTIOUS SUBSTANCES

Respiratory secretions

### HOW IT IS TRANSMITTED

Droplet

### PRECAUTIONS NEEDED

#### ACUTE CARE

Routine Practices

#### LONG-TERM CARE

Routine Practices

#### COMMUNITY

Routine Practices

#### PEDIATRICS

Droplet Precautions

### DURATION OF PRECAUTIONS

Pediatrics: Maintain precautions until 24 hours of effective antimicrobial therapy

### INCUBATION PERIOD

Variable

### PERIOD OF COMMUNICABILITY

Variable

### COMMENTS

## Staphylococcus aureus, Methicillin-sensitive – Skin infection (MSSA)

### CLINICAL PRESENTATION

Wound or burn infections, skin infection, furuncles, impetigo, scalded skin syndrome

### INFECTIOUS SUBSTANCES

Skin exudates and drainage

### HOW IT IS TRANSMITTED

Direct contact, indirect contact

### PRECAUTIONS NEEDED

#### ACUTE CARE

##### Routine Practices

- Minor drainage contained by dressing

##### Contact Precautions

- Major drainage not contained by dressing

#### LONG-TERM CARE

##### Routine Practices

- Minor drainage contained by dressing

##### Contact Precautions

- Major drainage not contained by dressing

#### COMMUNITY

##### Routine Practices

- Minor drainage contained by dressing

##### Contact Precautions

- Major drainage not contained by dressing

#### PEDIATRICS

##### Routine Practices

- Minor drainage contained by dressing

##### Contact Precautions

- Major drainage not contained by dressing

### DURATION OF PRECAUTIONS

Maintain precautions until drainage has stopped or is able to be contained by dressings

### INCUBATION PERIOD

Variable

### PERIOD OF COMMUNICABILITY

While organism is present in drainage

### COMMENTS

## *Stenotrophomonas maltophilia*

### CLINICAL PRESENTATION

Asymptomatic or various infections of skin, soft tissue, pneumonia, bacteremia, urinary tract

#### INFECTIOUS SUBSTANCES

Colonized or infected secretions, biofilms

#### HOW IT IS TRANSMITTED

Direct contact, indirect contact

### PRECAUTIONS NEEDED

#### ACUTE CARE

##### Routine Practices

#### LONG-TERM CARE

##### Routine Practices

#### COMMUNITY

##### Routine Practices

#### PEDIATRICS

##### Routine Practices

### DURATION OF PRECAUTIONS

Additional Precautions may be used at the discretion of IPAC

#### INCUBATION PERIOD

Not applicable

#### PERIOD OF COMMUNICABILITY

Variable

### COMMENTS

- If reported as Carbapenemase Producing Organism, see [CPO](#).
- Refer to [ARO Acute Patient Placement Algorithm](#).
- See [VCH CPO resources on the IPAC website](#).
- Minimize exposure to immunocompromised patients or patients with chronic lung infections.
- Refer to [Definition of Moderately to Severely Immunocompromised Patients](#).
- Can cause severe infections in patients with [Cystic Fibrosis](#)
- IPAC may implement **Contact Precautions** if an outbreak occurs.

## Streptococcus agalactiae (Group B Streptococcus)

CLINICAL PRESENTATION	
Newborn infections, including bacteremia, pneumonia, meningitis. Chorioamnionitis, endometritis in pregnant & postpartum women.	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Normal human flora (gut & genitourinary)	Direct contact Vertical from pregnant individual to newborn at birth
PRECAUTIONS NEEDED	
ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices
DURATION OF PRECAUTIONS	
Not applicable	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Early onset: < 7 days Late onset: Unknown	Variable
COMMENTS	
<ul style="list-style-type: none"> <li>Invasive neonatal Group B Streptococcus is a <a href="#">REPORTABLE DISEASE</a>. Neonates are infants up to and including 31 days of age.</li> <li>To determine if case is invasive, see <a href="#">BCCDC Case Definition for Neonatal Group B Streptococcal Infection</a>.</li> <li>Notify IPAC if pregnant individual has invasive disease and is hospitalized.</li> <li>Group B Strep is part of normal human flora. Colonization without active infection is common.</li> </ul>	

## ***Streptococcus pneumoniae* (Pneumococcus)**

Pneumococcal Disease

### CLINICAL PRESENTATION

Meningitis, bacteremia, pneumonia, epiglottitis, otitis media, conjunctivitis, soft tissue infection

### INFECTIOUS SUBSTANCES

Normal human flora (respiratory tract),  
respiratory secretions

### HOW IT IS TRANSMITTED

Direct contact with respiratory secretions,  
droplet

### PRECAUTIONS NEEDED

#### ACUTE CARE

#### Routine Practices

#### LONG-TERM CARE

#### Routine Practices

#### COMMUNITY

#### Routine Practices

#### PEDIATRICS

#### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

### INCUBATION PERIOD

Variable

### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- Invasive *Streptococcus pneumoniae* is a [REPORTABLE DISEASE](#)
- To determine if a case is invasive, see [BCCDC Case Definition for Pneumococcal Disease](#)

## Strongyloidiasis (*Strongyloides stercoralis*)

### CLINICAL PRESENTATION

Usually asymptomatic. Localized pruritic, erythematous rash at the site of skin penetration, transient pneumonitis, diarrhea, abdominal pain, vomiting.

**Hyperinfected syndrome and disseminated strongyloidiasis:** Fever, abdominal pain, diffuse pulmonary infiltrates, and septicemia or meningitis

### INFECTIOUS SUBSTANCES

Larvae in feces, contaminated soil

### HOW IT IS TRANSMITTED

Penetration of skin by larvae from contact with contaminated soil.  
Rare human-to-human transmission.

### PRECAUTIONS NEEDED

<b>ACUTE CARE</b>	<b>Routine Practices</b>	<b>Contact Precautions</b> • Hyperinfected syndrome and disseminated strongyloidiasis
<b>LONG-TERM CARE</b>	<b>Routine Practices</b>	
<b>COMMUNITY</b>	<b>Routine Practices</b>	
<b>PEDIATRICS</b>	<b>Routine Practices</b>	

### DURATION OF PRECAUTIONS

Contact Precautions for 48 hours after therapy initiated for hyperinfected syndrome and disseminated strongyloidiasis.

### INCUBATION PERIOD

Unknown

### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- May cause disseminated disease in immunocompromised individuals.

## Syphilis (*Treponema pallidum*)

### CLINICAL PRESENTATION

Painless genital, skin or mucosal ulcers, condylomata lata, rash, disseminated disease, neurological or cardiac disease, latent infection

### INFECTIOUS SUBSTANCES

Genital secretions, lesion exudates, mucous membranes of infected individuals

### HOW IT IS TRANSMITTED

Vertical (pregnant individual to fetus in utero or newborn at birth), sexual contact, direct contact with infectious exudates or lesions

### PRECAUTIONS NEEDED

#### ACUTE CARE

#### Routine Practices

#### LONG-TERM CARE

#### Routine Practices

#### COMMUNITY

#### Routine Practices

#### PEDIATRICS

#### Contact Practices

- Infants with congenital syphilis

### DURATION OF PRECAUTIONS

**Infants with congenital syphilis:** Maintain Contact Precautions until 24 hours of effective antimicrobial therapy.

### INCUBATION PERIOD

10 - 90 days, usually 3 weeks

### PERIOD OF COMMUNICABILITY

Communicability exists when moist mucocutaneous lesions of primary and secondary syphilis are present (generally after one year of infection)

### COMMENTS

- [REPORTABLE DISEASE](#)
- Use [Point-of-Care-Risk-Assessment](#) to determine if PPE is required when providing care. Use gloves for direct contact with skin lesions.

## Tapeworm Diseases

Taeniasis (*Taenia saginata*), Cysticercosis (*Taenia solium*), Diphyllbothrium Infection (*Diphyllbothrium latum*), Hymenolepiasis (*Hymenolepsis nana*)

### CLINICAL PRESENTATION

**Taeniasis, Diphyllbothrium Infection, Hymenolepiasis:** asymptomatic (most common), nausea, vomiting, diarrhea, weight loss, perianal itchiness, difficulty sleeping, irritability  
**Cysticercosis:** central nervous system involvement most commonly epileptic seizures, eye pain, lumps underneath skin, eye inflammation, diplopia, proptosis, hydrocephalus

### INFECTIOUS SUBSTANCES

Ingestion of undercooked beef or pork, raw fish that has not been adequately pre-frozen  
 Ingestion of contaminated food or water

### HOW IT IS TRANSMITTED

Fecal-oral, foodborne, human-to-human

### PRECAUTIONS NEEDED

#### ACUTE CARE

#### Routine Practices

#### LONG-TERM CARE

#### Routine Practices

#### COMMUNITY

#### Routine Practices

#### PEDIATRICS

#### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

### INCUBATION PERIOD

- 2 - 3 months
- Variable, may be several years
- 3 - 6 weeks

### PERIOD OF COMMUNICABILITY

**Taenia Solium:** human-to-human, eggs shed from human hosts can survive days to months  
**Hymenolepis nana:** Human-to-human, eggs passed in feces are immediately infectious and can survive up to 2 weeks  
**Taenia Saginata, Diphyllbothrium latum:** Not human-to-human

### COMMENTS

- Cysticercosis & Hymenolepiasis: autoinfection is possible and can persist for years. Diagnosis is made via visible inspection of tapeworm segments passed in feces

## Tetanus (*Clostridium tetani*)

Also known as “Lockjaw”

### CLINICAL PRESENTATION

Headache, jaw cramping, sudden involuntary muscle tightening, painful muscle stiffness all over body, trouble swallowing, seizures, fever, sweating, high blood pressure and fast heart rate; systemic effects are caused by toxins produced by bacteria

### INFECTIOUS SUBSTANCES

Soil or fomites contaminated with animal and human feces

### HOW IT IS TRANSMITTED

No human-to-human transmission. Tetanus spores are usually introduced through a puncture wound contaminated with soil or feces and germinate in wounds, devitalized tissue.

### PRECAUTIONS NEEDED

#### ACUTE CARE

#### Routine Practices

#### LONG-TERM CARE

#### Routine Practices

#### COMMUNITY

#### Routine Practices

#### PEDIATRICS

#### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

### INCUBATION PERIOD

3 - 21 days, with most cases occurring within 8 days.  
In neonatal, symptoms usually appear from 4 - 14 days after birth, averaging 7 days

### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- [REPORTABLE DISEASE](#)

## Tinea (*Trichophyton* sp., *Microsporum* sp., *Epidermophyton* sp.)

Commonly known as “Ringworm” or “Athlete’s foot”

### CLINICAL PRESENTATION

Rash made of circular patches with raised, red edges, center of patch is often unaffected.  
Erythema, scaling,  
lesions (skin, beard, scalp, groin, perineal area), black dot pattern, alopecia

### INFECTIOUS SUBSTANCES

Skin, hair, contaminated items such as combs, hairbrushes, furniture, fabric, bathroom surfaces and infected animals

### HOW IT IS TRANSMITTED

Close human-to-human, animal-to-human, direct contact

### PRECAUTIONS NEEDED

#### ACUTE CARE

#### Routine Practices

#### LONG-TERM CARE

#### Routine Practices

#### COMMUNITY

#### Routine Practices

#### PEDIATRICS

#### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

### INCUBATION PERIOD

4 - 14 days

### PERIOD OF COMMUNICABILITY

Until treatment has been initiated

### COMMENTS

- Fungi can survive for several months on people, animals, environment.
- Patients should avoid sharing personal items such as combs, towels, hats, sports gear and should avoid swimming pools until treated.
- If multiple cases develop, use **Contact Precautions** and notify IPAC.

## Toxic Shock Syndrome (TSS)

Group A Streptococcus – Streptococcus pyogenes (GAS), Staphylococcus aureus, \*Clostridium sordellii

### CLINICAL PRESENTATION

High fever, chills, myalgia, nausea/vomiting, diffuse macular rash, desquamation, hypotension, multi-organ failure

### INFECTIOUS SUBSTANCES

Skin exudates & drainage due to secondary wound/lesion infection

### HOW IT IS TRANSMITTED

Direct contact, indirect contact

### PRECAUTIONS NEEDED

*If pathogen is identified, follow organism specific instructions in this manual.*

<b>ACUTE CARE</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>For drainage that can be covered/contained</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>For drainage that cannot be covered/contained</li> </ul>
<b>LONG-TERM CARE</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>For drainage that can be covered/contained</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>For drainage that cannot be covered/contained</li> </ul>
<b>COMMUNITY</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>For drainage that can be covered/contained</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>For drainage that cannot be covered/contained</li> </ul>
<b>PEDIATRICS</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>For drainage that can be covered/contained</li> </ul>	<b>Contact Precautions</b> <ul style="list-style-type: none"> <li>For drainage that cannot be covered/contained</li> </ul>

### DURATION OF PRECAUTIONS

Until drainage can be contained/covered

### INCUBATION PERIOD

Variable

### PERIOD OF COMMUNICABILITY

Variable

### COMMENTS

- If patient is presumed with invasive GAS add **Droplet & Contact Precautions** and see [Group A Streptococcus \(Streptococcus pyogenes\) – Invasive \(iGAS\)](#).
- Implement **Contact Plus Precautions** if organisms is *Clostridium sordellii*.

## Toxocariasis (*Toxocara canis*, *Toxocara cati*)

### CLINICAL PRESENTATION

**Visceral toxocariasis:** Fever, cough, wheezing, abdominal pain, malaise, and eosinophilia.

**Ocular Toxocariasis:** Uveitis, endophthalmitis, retinal granulomas, unilateral vision loss.

**Atypical manifestations:** myocarditis, seizures, encephalitis, and hemorrhagic rash.

#### INFECTIOUS SUBSTANCES

Contaminated feces of dogs and cats.  
Soil with infective eggs of the parasite.

#### HOW IT IS TRANSMITTED

No human-to-human transmission.  
Ingestion of contaminated soil.  
May be acquired from contact with dogs and cats.

### PRECAUTIONS NEEDED

#### ACUTE CARE

##### Routine Practices

#### LONG-TERM CARE

##### Routine Practices

#### COMMUNITY

##### Routine Practices

#### PEDIATRICS

##### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

#### INCUBATION PERIOD

Unknown

#### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

## Toxoplasmosis (*Toxoplasma gondii*)

### CLINICAL PRESENTATION

Asymptomatic, congenital infection, or for immunocompromised individuals: fever, lymphadenopathy, retinitis, encephalitis, pneumonitis, myositis, myelitis, myocarditis, hepatic dysfunction

#### INFECTIOUS SUBSTANCES

Cat feces, contaminated soil, food, and water

#### HOW IT IS TRANSMITTED

Acquired by contact with infected cat feces or soil contaminated by cats, consumption of raw meat, contaminated raw vegetables or contaminated water. Transplantation of stem cells or organs.  
Vertical (pregnant individual to fetus in utero).  
No human-to-human transmission except pregnant individual to fetus.

### PRECAUTIONS NEEDED

#### ACUTE CARE

##### Routine Practices

#### LONG-TERM CARE

##### Routine Practices

#### COMMUNITY

##### Routine Practices

#### PEDIATRICS

##### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

#### INCUBATION PERIOD

5 - 23 days

#### PERIOD OF COMMUNICABILITY

Oocysts shed by cats become infective 1-5 days later and can remain viable in the soil for a year.

### COMMENTS

- **Congenital Toxoplasmosis** is a [REPORTABLE DISEASE](#)

## Trachoma (*Chlamydia trachomatis*)

Serovars A, B, C

CLINICAL PRESENTATION	
Keratoconjunctivitis with pannus formation	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Ocular secretions	Direct contact, indirect contact
PRECAUTIONS NEEDED	
ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices
DURATION OF PRECAUTIONS	
Not applicable	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
5 - 12 days	While viable organisms present in secretions
COMMENTS	
<ul style="list-style-type: none"> <li><a href="#">REPORTABLE DISEASE</a></li> </ul>	

## Trichinosis (Roundworm - *Trichinella* spp.)

CLINICAL PRESENTATION	
Asymptomatic, diarrhea, nausea, vomiting, periorbital edema, facial edema, conjunctivitis, fever, myalgias, rashes	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Acquired from consumption of infected meat	Foodborne No human-to-human transmission
PRECAUTIONS NEEDED	
ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices
DURATION OF PRECAUTIONS	
Not applicable	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
5 - 45 days	Not applicable
COMMENTS	
<ul style="list-style-type: none"> <li><a href="#">REPORTABLE DISEASE</a></li> </ul>	

## Trichomoniasis (*Trichomonas vaginalis*)

### CLINICAL PRESENTATION

Mostly asymptomatic.

**Female:** Diffuse vaginal discharge, malodour, vulvovaginal pruritus and irritation, dysuria, erythematous and edematous vaginal mucosa, and “strawberry cervix”.

**Male:** Urethritis. Rarely – epididymitis or prostaticitis.

### INFECTIOUS SUBSTANCES

Vaginal secretions and urethral discharges of infected people

### HOW IT IS TRANSMITTED

Sexual Contact

### PRECAUTIONS NEEDED

#### ACUTE CARE

Routine Practices

#### LONG-TERM CARE

Routine Practices

#### COMMUNITY

Routine Practices

#### PEDIATRICS

Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

### INCUBATION PERIOD

Average 1 week (range from 5 - 28 days)

### PERIOD OF COMMUNICABILITY

Duration of infection

### COMMENTS

## Trichuriasis – Whipworm (*Trichuris trichiura*)

CLINICAL PRESENTATION	
Asymptomatic, abdominal pain, diarrhea, rectal prolapse	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Contaminated soil, water, food or other surfaces	Ingestion of contaminated soil, water, food or other fomites (fecal-oral) No human-to-human transmission
PRECAUTIONS NEEDED	
ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices
DURATION OF PRECAUTIONS	
Not applicable	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
12 weeks	Not applicable
COMMENTS	
<ul style="list-style-type: none"> <li>Eggs must incubate in certain soil conditions for several weeks before becoming infectious.</li> <li>Adult egg laying female worms can live in a host for years and produce thousands of eggs per day in the large intestines which are shed through stool.</li> </ul>	

## Tuberculosis – Extrapulmonary Disease (EPTB)

*Mycobacterium tuberculosis* complex including species: *M. tuberculosis*, *M. africanum*, \**M. bovis* BCG, *M. canettii*, *M. caprae*, *M. microti*, *M. orygis*, *M. pinnipedii*

### CLINICAL PRESENTATION

Cervical lymphadenitis, pericarditis, meningitis, pleural effusion, infections of the skin, joint or bones, draining lesions. May affect any system outside the lungs

### INFECTIOUS SUBSTANCES

Drainage

### HOW IT IS TRANSMITTED

Airborne (oral cavity, larynx), aerosolized drainage

### PRECAUTIONS NEEDED

<b>ACUTE CARE</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>If no draining lesions</li> </ul>	<b>**Airborne Precautions</b>
<b>LONG-TERM CARE</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>If no draining lesions</li> </ul>	<b>**Airborne Precautions</b>
<b>COMMUNITY</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>If no draining lesions</li> </ul>	<b>**Airborne Precautions</b>
<b>PEDIATRICS</b>	<b>Routine Practices</b> <ul style="list-style-type: none"> <li>If no draining lesions</li> </ul>	<b>**Airborne Precautions</b>

### DURATION OF PRECAUTIONS

**Acute Care & LTC:** Consult IPAC prior to discontinuing precautions

**Community:** Consult Public Health/TB Consultant prior to discontinuing precautions

### INCUBATION PERIOD

Weeks to years

### PERIOD OF COMMUNICABILITY

During procedures that may aerosolize infected drainage. Until pulmonary TB is ruled out.

### COMMENTS

- [REPORTABLE DISEASE](#)
- \**M. Bovis* BCG is not part of the *Mycobacterium tuberculosis* complex but is treated like TB
- **\*\*Implement Airborne Precautions:**
  - » During procedures that may generate aerosols from the affected site, see [IPAC AGMP Best Practice Guideline](#)
  - » Until pulmonary TB ruled out
  - » For patients with EPTB in the oral cavity or larynx
  - » Patients presumed with miliary TB with pulmonary involvement
  - » When performing wound care to the affected site
- Consult IPAC if drain is present

## Tuberculosis (TB) – Pulmonary Disease

*Mycobacterium tuberculosis* complex including species: *M. tuberculosis*, *M. africanum*, \**M. bovis* BCG, *M. canettii*, *M. caprae*, *M. microti*, *M. orygis*, *M. pinnipedii*

### CLINICAL PRESENTATION

New or worsening cough (lasting >3 weeks), fever, night sweats, weight loss. Laryngeal disease

### INFECTIOUS SUBSTANCES

Respiratory secretions

### HOW IT IS TRANSMITTED

Airborne

### PRECAUTIONS NEEDED

#### ACUTE CARE

Airborne Precautions

#### LONG-TERM CARE

Airborne Precautions

#### COMMUNITY

Airborne Precautions

#### PEDIATRICS

\*\*Airborne Precautions

### DURATION OF PRECAUTIONS

**Acute Care & LTC:** Consult IPAC prior to discontinuing precautions for presumed cases  
**Community:** Consult Public Health/TB Consultant

### INCUBATION PERIOD

Weeks to years

### PERIOD OF COMMUNICABILITY

Varies; while viable organisms are in sputum

### COMMENTS

- [REPORTABLE DISEASE](#)
- Refer to [TB Checklist](#).
- \**M. Bovis* BCG is not part of the *Mycobacterium tuberculosis* complex but is treated like TB
- \*\*Young children with TB disease are usually not infectious. **Airborne Precautions** should be implemented until patient has been assessed as non-infectious. Visiting household adult contacts may be the source of infection and should be advised to: restrict movement outside of patient's room and wear a mask when leaving the room until active disease is ruled out in the visiting contact
- Although protection of the infant from exposure/infection is priority, maternal/infant contact should be provided when possible. Birthing parent presumed with or confirmed TB disease to be kept separated from infant till TB is ruled out. Expressed breastmilk can be fed to infant. Infant should be assessed for congenital TB
- [Canadian TB Standards](#)

## Tularemia (*Francisella tularensis*)

### CLINICAL PRESENTATION

Fever, chills, ulcers on the skin or mouth, lymphadenopathy, muscle aches, joint pain, progressive weakness, sore throat, dry cough, pneumonia

### INFECTIOUS SUBSTANCES

Infected animals (such as rodents and rabbits), through the bite of ticks and sometimes deer flies, contaminated water or undercooked food, dust from contaminated soil or plants.

### HOW IT IS TRANSMITTED

No human-to-human transmission. Acquired from contact with infected animals. Tick-borne. Can also be acquired following ingestion of contaminated water or inadequately cooked meat, inhalation of contaminated aerosols generated during lawn mowing or certain farming activities (e.g., baling contaminated hay).

### PRECAUTIONS NEEDED

#### ACUTE CARE

#### Routine Practices

#### LONG-TERM CARE

#### Routine Practices

#### COMMUNITY

#### Routine Practices

#### PEDIATRICS

#### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

### INCUBATION PERIOD

Usually is 3 - 5 days, with a range of 1 - 21 days

### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- [REPORTABLE DISEASE](#)
- Hazardous to laboratory workers. **Notify Microbiology Laboratory prior to sending specimen.**
- May be Bioterrorism related.

## Typhoid or Paratyphoid Fever (*Salmonella Typhi*, *Salmonella Paratyphi*)

### CLINICAL PRESENTATION

Diarrhea, abdominal pain, sustained/enteric fever, headache, malaise, anorexia, lethargy, hepatomegaly, splenomegaly, dactylitis, and rose spots.

### INFECTIOUS SUBSTANCES

Feces, contaminated food and water

### HOW IT IS TRANSMITTED

Fecal-oral, direct contact, indirect contact, foodborne

### PRECAUTIONS NEEDED

<b>ACUTE CARE</b>	<b>Routine Practices</b>	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"> <li>• Incontinent</li> <li>• Stool not contained</li> <li>• Poor hygiene</li> <li>• Contaminating their environment</li> </ul>
<b>LONG-TERM CARE</b>	<b>Routine Practices</b>	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"> <li>• Incontinent</li> <li>• Stool not contained</li> <li>• Poor hygiene</li> <li>• Contaminating their environment</li> </ul>
<b>COMMUNITY</b>	<b>Routine Practices</b>	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"> <li>• Incontinent</li> <li>• Stool not contained</li> <li>• Poor hygiene</li> <li>• Contaminating their environment</li> </ul>
<b>PEDIATRICS</b>		<b>Contact Precautions</b>

### DURATION OF PRECAUTIONS

**For adults:** until they are continent and have good hygiene.

**For pediatrics:** until culture results are negative for 3 consecutive stool specimens obtained at least 48 hours after discontinuing antimicrobial therapy.

### INCUBATION PERIOD

7 - 14 days (range 3 - 60 days)

### PERIOD OF COMMUNICABILITY

Variable

### COMMENTS

- [REPORTABLE DISEASE](#)

## Vancomycin-Resistant Enterococcus (VRE)

CLINICAL PRESENTATION	
Infection or colonization of any body site (urinary tract, bloodstream, wound)	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Infected or colonized secretions and excretions	Direct contact, indirect contact
PRECAUTIONS NEEDED	
ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices
DURATION OF PRECAUTIONS	
Not applicable	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Variable	Duration of colonization
COMMENTS	
<ul style="list-style-type: none"> <li>Enterococci persist in the environment – ensure thorough cleaning.</li> </ul>	

## Vancomycin-Resistant *Staphylococcus aureus* (VRSA) & Vancomycin-Intermediate *Staphylococcus aureus* (VISA)

### CLINICAL PRESENTATION

Infection or colonization of any body site

### INFECTIOUS SUBSTANCES

Infected or colonized secretions and excretions

### HOW IT IS TRANSMITTED

Direct contact, indirect contact, droplet

### PRECAUTIONS NEEDED

#### ACUTE CARE

##### Contact Precautions

- VRSA/VISA colonization and infection

##### Droplet & Contact Precautions

- If VRSA/VISA found in sputum or tracheostomy and have a productive cough or ventilated

#### LONG-TERM CARE

##### Routine Practices

- VRSA/VISA colonization

##### Contact Precautions

- VRSA/VISA infection
- Use **Droplet & Contact** Precautions if VRSA/VISA found in sputum or tracheostomy and have a productive cough or ventilated.

#### COMMUNITY

##### Routine Practices

- Lower risk of transmission\*

##### Contact Precautions

- Higher risk of transmission\*
- Use **Droplet & Contact** Precautions if VRSA/VISA found in sputum or tracheostomy and have a productive cough or ventilated.

#### PEDIATRICS

##### Contact Precautions

- Colonization and infection

##### Droplet & Contact Precautions

- if VRSA/VISA found in sputum or tracheostomy and have a productive cough or ventilated.

### DURATION OF PRECAUTIONS

**Acute Care:** For the duration of admission or visit. Contact IPAC prior to stopping droplet precautions for respiratory infection.

**Long-Term Care:** Maintain additional precautions until infection is resolved, and then return to Routine Practices.

### INCUBATION PERIOD

Variable

### PERIOD OF COMMUNICABILITY

Variable

### COMMENTS

- \*Refer to [Additional Precautions in Community Healthcare Settings](#) for definition of lower risk and higher risk transmission.

## Varicella Zoster Virus: Chickenpox – Known Case

### CLINICAL PRESENTATION

Generalized, itchy, vesicular rash with lesions in varying stages of weeping and crusting; mild fever. Rash often appears first on the head, chest and back before spreading all over the body. Vesicular lesions are usually concentrated on the chest and back. Complications include pneumonia, central nervous system involvement, and bacterial superimposed infected lesions

### INFECTIOUS SUBSTANCES

Vesicular fluid, respiratory secretions

### HOW IT IS TRANSMITTED

Airborne, direct contact, indirect contact

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Airborne & Contact Precautions**

#### LONG-TERM CARE

**Airborne & Contact Precautions**

#### COMMUNITY

**Airborne & Contact Precautions**

#### PEDIATRICS

**Airborne & Contact Precautions**

### DURATION OF PRECAUTIONS

#### Notify IPAC prior to discontinuing precautions

**Pediatric:** Minimum 5 days after onset of rash **AND** until all lesions have dried and crusted.

**Adult:** Until all lesions have dried and crusted.

### INCUBATION PERIOD

10 - 21 days

### PERIOD OF COMMUNICABILITY

2 days before rash starts and until all skin lesions have dried and crusted

### COMMENTS

- **NOTIFY IPAC if chickenpox exposure occurred in a healthcare setting.**
- To determine if an exposure is significant, see [PHAC Significant Exposures to VZV](#).
- To determine if a person is immune or susceptible to VZV, see [PHAC VZV Susceptibility and Immunity](#).
- Susceptible health care workers should not enter the room if immune staff are available.
- Non-immune persons should not enter the room except in urgent or compassionate circumstances.
- Immunocompromised patients may have prolonged viral shedding. Consult with IPAC prior to discontinuing precautions.

## Varicella Zoster Virus: Chickenpox or Herpes Zoster (Shingles) – Exposed Susceptible Contact

### CLINICAL PRESENTATION

Prodrome may include myalgia, nausea, decreased appetite and headache. If infected, a rash and fever may develop

#### INFECTIOUS SUBSTANCES

If lesions develop: vesicular fluid and exhaled airborne particles

#### HOW IT IS TRANSMITTED

Airborne, direct contact, indirect contact

### PRECAUTIONS NEEDED

#### ACUTE CARE

##### Airborne Precautions

- If lesions develop, see [Chickenpox known case](#)

#### LONG-TERM CARE

##### Airborne Precautions

- If lesions develop, see [Chickenpox known case](#)

#### COMMUNITY

##### Airborne Precautions

- If lesions develop, see [Chickenpox known case](#)

#### PEDIATRICS

##### Airborne Precautions

- Neonates: If pregnant individual develops chicken pox <5 days before birth until 48 hrs after delivery, place newborn on airborne and assess for VZIG\*\*

### DURATION OF PRECAUTIONS

#### As directed by IPAC.

From 8 days after first contact until 21 days after last contact with rash (or 28 days if given VZIG immune globulin)

#### INCUBATION PERIOD

10 - 21 days

#### PERIOD OF COMMUNICABILITY

2 days before rash starts and until all skin lesions have dried and crusted

### COMMENTS

- **NOTIFY IPAC if chickenpox exposure occurred in a healthcare setting**
- To determine if an exposure is significant, see [PHAC Significant Exposures to VZV](#)
- To determine if a person is immune or susceptible to VZV, see [PHAC VZV Susceptibility and Immunity](#)
- If [VZIG](#) is indicated, follow [NACI Recommendations for the Use of VZIG/Varlg for the Prevention of Varicella](#)
- Exposure to chickenpox results in chickenpox infection. Exposure to shingles (herpes zoster) causes chickenpox (varicella) in susceptible contacts, not shingles.
- Susceptible contact refers to exposed person who has no evidence of VZV immunity.
- \* If lesions develop, use **Airborne & Contact Precautions**, see [Varicella Zoster Virus: Chickenpox, known case](#)
- \*\* Varicella Zoster immunoglobulin ([VZIG](#))

## Varicella Zoster Virus: Herpes Zoster (Shingles) – Disseminated

### CLINICAL PRESENTATION

Vesicular lesions that involve > 3 adjacent dermatomes or cross the midline and has multiple, widespread lesions outside the localized dermatomal area - refer to [Dermatome Map](#).

### INFECTIOUS SUBSTANCES

Vesicular fluid, respiratory secretions

### HOW IT IS TRANSMITTED

Vesicular fluid, respiratory secretions

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Airborne & Contact Precautions**

#### LONG-TERM CARE

**Airborne & Contact Precautions**

#### COMMUNITY

**Airborne & Contact Precautions**

#### PEDIATRICS

**Airborne & Contact Precautions**

### DURATION OF PRECAUTIONS

Until all lesions have crusted and dried. **Notify IPAC prior to discontinuing precautions.**

### INCUBATION PERIOD

Reactivation of latent infection

### PERIOD OF COMMUNICABILITY

Until all lesions have crusted and dried

### COMMENTS

- **NOTIFY IPAC if other patients are exposed in a healthcare setting.** Refer to the Varicella Zoster Virus: Exposed Susceptible Contact page in this manual.
- To determine if an exposure is significant, see [PHAC Significant Exposures to VZV](#)
- To determine if a person is immune or susceptible to VZV, see [PHAC VZV Susceptibility and Immunity](#).
- Susceptible health care workers should not enter the room if immune staff are available.
- Non-immune persons should not enter the room except in urgent or compassionate circumstances.
- Exposure to shingles (herpes zoster) causes chickenpox (varicella) in susceptible contacts, not shingles.
- Immunocompromised patients may have prolonged viral shedding. Consult with IPAC prior to discontinuing precautions.

## Varicella Zoster Virus: Herpes Zoster (Shingles) Localized Rash

### CLINICAL PRESENTATION

Vesicular lesions in a dermatomal distribution, refer to [Dermatome Chart](#).

Localized refers to 1 - 3 dermatomes not crossing the midline. [VCH Rash Assessment Algorithm](#).

### INFECTIOUS SUBSTANCES

Vesicular fluid, possibly respiratory secretions

### HOW IT IS TRANSMITTED

Direct contact, indirect contact, airborne

### PRECAUTIONS NEEDED

#### ACUTE CARE

##### Contact Precautions

- Localized rash that can be **covered and contained** by a dressing
- Host is not severely immunocompromised

##### Airborne & Contact Precautions

- Localized rash that **cannot be covered or contained** by a dressing (eg, on face, in mouth)
- Localized rash in a severely immunocompromised host

#### LONG-TERM CARE

Same as Acute Care

#### COMMUNITY

Same as Acute Care

#### PEDIATRICS

Same as Acute Care

### DURATION OF PRECAUTIONS

#### Consult IPAC prior to discontinuing precautions.

- Until all lesions are dried and crusted
- In severely immunocompromised individuals: Until 24 hours of effective antiviral therapy completed AND no new lesions, then drop down to **Contact Precautions** until lesions dried and crusted. If untreated, maintain **Airborne & Contact Precautions** until all lesions are dried and crusted

### INCUBATION PERIOD

Reactivation of latent infection.

### PERIOD OF COMMUNICABILITY

Until all lesions have dried and crusted

### COMMENTS

- **NOTIFY IPAC if other patients are exposed in a healthcare setting.** Refer to the [Varicella Zoster Virus: Herpes zoster \(Shingles\) – Exposed Susceptible Contact](#) page in this manual
- To determine if an exposure is significant, see [PHAC Significant Exposures to VZV](#)
- To determine if a person is immune or susceptible to VZV, see [PHAC VZV Susceptibility and Immunity](#)
- Susceptible health care workers should not enter the room if immune staff are available.
- Non-immune persons should not enter the room except in urgent or compassionate circumstances.
- Exposure to shingles (herpes zoster) causes chickenpox (varicella) in susceptible contacts, not shingles.
- Immunocompromised patients may have prolonged viral shedding.

## Varicella Zoster Virus: no visible lesions

Includes: Encephalitis, meningitis, pneumonia, Ramsay-Hunt syndrome, Herpes zoster oticus, visceral zoster, Zoster sine herpette

### CLINICAL PRESENTATION

Encephalitis (Fever, seizures, headache, photophobia, neck stiffness, lethargy, mental confusion, nausea & vomiting), meningitis, pneumonia, Ramsay-Hunt Syndrome (facial palsy, hearing loss, ear pain)

#### INFECTIOUS SUBSTANCES

Vesicular fluid, respiratory secretions

#### HOW IT IS TRANSMITTED

Direct contact, indirect contact, airborne

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Airborne & Contact Precautions**

#### LONG-TERM CARE

**Airborne & Contact Precautions**

#### COMMUNITY

**Airborne & Contact Precautions**

#### PEDIATRICS

**Airborne & Contact Precautions**

### DURATION OF PRECAUTIONS

As directed by IPAC on a case-by-case basis. Advise IPAC of patient immune status, immunosuppressive treatment, antiviral treatment, clinical status.

#### INCUBATION PERIOD

Variable

#### PERIOD OF COMMUNICABILITY

Unknown

### COMMENTS

- Vesicular lesions can often develop in following days. **If rash (vesicles) is found, use Airborne & Contact Precautions and refer to relevant chicken pox or shingles section of this manual**
- Ramsay Hunt Syndrome often develops rash inside the ear or mouth. Carefully inspect the auditory canal and inner cheek and tongue for vesicles. If found refer to [Varicella Zoster Virus: Herpes Zoster \(Shingles\) Localized Rash](#), cannot be covered (**Airborne & Contact Precautions**)

## ***Vibrio cholerae***

Commonly known as “Cholera”

### CLINICAL PRESENTATION

Voluminous watery diarrhea, rice-water diarrhea, acute dehydration

### INFECTIOUS SUBSTANCES

Contaminated food or water, feces

### HOW IT IS TRANSMITTED

Direct contact, indirect contact  
Ingestion of contaminated food or water

### PRECAUTIONS NEEDED

#### ACUTE CARE

#### Routine Practices

#### Contact Precautions

For Adults if:

- Incontinent
- Stool not contained
- Poor hygiene
- Contaminating their environment

#### LONG-TERM CARE

#### Routine Practices

#### Contact Precautions

For Adults if:

- Incontinent
- Stool not contained
- Poor hygiene
- Contaminating their environment

#### COMMUNITY

#### Routine Practices

#### Contact Precautions

For Adults if:

- Incontinent
- Stool not contained
- Poor hygiene
- Contaminating their environment

#### PEDIATRICS

#### Contact Precautions

### DURATION OF PRECAUTIONS

Until symptoms have stopped for 48 hours AND return to baseline bowel movements, OR (for adults) until they are continent and have good hygiene.

### INCUBATION PERIOD

1 - 5 days

### PERIOD OF COMMUNICABILITY

Until symptoms resolve

### COMMENTS

- [REPORTABLE DISEASE](#)

## ***Vibrio parahaemolyticus* Enteritis**

CLINICAL PRESENTATION		
Diarrhea, vomiting, food poisoning		
INFECTIOUS SUBSTANCES		HOW IT IS TRANSMITTED
Contaminated food (particularly seafood)		Foodborne
PRECAUTIONS NEEDED		
ACUTE CARE	<b>Routine Practices</b>	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"><li>• Incontinent</li><li>• Stool not contained</li><li>• Poor hygiene</li><li>• Contaminating their environment</li></ul>
LONG-TERM CARE	<b>Routine Practices</b>	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"><li>• Incontinent</li><li>• Stool not contained</li><li>• Poor hygiene</li><li>• Contaminating their environment</li></ul>
COMMUNITY	<b>Routine Practices</b>	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"><li>• Incontinent</li><li>• Stool not contained</li><li>• Poor hygiene</li><li>• Contaminating their environment</li></ul>
PEDIATRICS		<b>Contact Precautions</b>
DURATION OF PRECAUTIONS		
Until symptoms have stopped for 48 hours AND return to baseline bowel movements, OR (for adults) until they are continent and have good hygiene.		
INCUBATION PERIOD		PERIOD OF COMMUNICABILITY
5 - 92 hours		Duration of illness
COMMENTS		
<ul style="list-style-type: none"><li>• <a href="#">REPORTABLE DISEASE</a></li><li>• <i>V. parahaemolyticus</i>, <i>V. alginolyticus</i>, and <i>V. vulnificus</i> are the most common organisms causing non-cholera <i>Vibrio</i> infections.</li></ul>		

## Vincent's Angina (Acute Necrotizing Ulcerative Gingivitis)

Also known as "Trench Mouth", or "Vincent's Stomatitis"

### CLINICAL PRESENTATION

Progressive painful infection with ulceration, swelling and sloughing off dead tissue from the mouth and throat due to the spread of infection from the gum

#### INFECTIOUS SUBSTANCES

Overgrowth of normal oral flora

#### HOW IT IS TRANSMITTED

No human-to-human transmission

### PRECAUTIONS NEEDED

#### ACUTE CARE

Routine Practices

#### LONG-TERM CARE

Routine Practices

#### COMMUNITY

Routine Practices

#### PEDIATRICS

Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

#### INCUBATION PERIOD

Variable

#### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

## Viral Hemorrhagic Fever (VHF), not yet diagnosed (NYD)

(Crimean-Congo virus, Ebola, Lassa, Marburg)

### CLINICAL PRESENTATION

Fever, myalgias, pharyngitis, nausea, vomiting and diarrhea.  
Hemorrhagic fever in late clinical presentation.

### INFECTIOUS SUBSTANCES

Blood, body fluids and respiratory secretions

### HOW IT IS TRANSMITTED

Direct contact, indirect contact, droplet

### PRECAUTIONS NEEDED

*If a pathogen is identified, follow organism specific instructions in this manual.*

#### ACUTE CARE

**Airborne & Contact + Droplet Precautions**

#### LONG-TERM CARE

**Airborne & Contact + Droplet Precautions**

#### COMMUNITY

**Airborne & Contact + Droplet Precautions**

#### PEDIATRICS

**Airborne & Contact + Droplet Precautions**

### DURATION OF PRECAUTIONS

Until symptoms resolved **AND as directed by IPAC**

### INCUBATION PERIOD

Variable

### PERIOD OF COMMUNICABILITY

Variable

### COMMENTS

- [REPORTABLE DISEASE](#)
- Acute care provider to **call or page the Medical Microbiologist On-Call** at presumed stage.
- History of travel and/or contact with persons and non-human primates from endemic countries must be considered at triage
- **Call or page IPAC immediately** if Viral Hemorrhagic Fever is presumed
- Maintain a log of all people entering the patient's room
- High threat pathogens require special PPE considerations, see [VCH Response Procedures for Viral Hemorrhagic Fever and Other Unusual Communicable Diseases](#) for more information
- For general information visit the BC MOH Ebola webpage
- [Dengue](#), [Yellow Fever](#), & [Rift Valley Fever](#) can progress to viral hemorrhagic fever but are not high threat pathogens (no human-to-human transmission). Follow organism specific instructions in this manual if these diseases are presumed.

## Vomiting, not yet diagnosed (NYD)

Various organisms

CLINICAL PRESENTATION	
Nausea, vomiting	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Emesis/vomit	Direct and indirect contact
PRECAUTIONS NEEDED	
<i>If a pathogen is identified, follow organism specific instructions in this manual.</i>	
ACUTE CARE	Contact Plus Precautions + Droplet Precautions
LONG-TERM CARE	Contact Plus Precautions + Droplet Precautions
COMMUNITY	Contact Precautions + Droplet Precautions
PEDIATRICS	Contact Plus Precautions + Droplet Precautions
DURATION OF PRECAUTIONS	
Refer to specific organism if identified. If organism is unknown, until vomiting has resolved for 48 hours or until infectious cause is ruled out	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
Not applicable	Not applicable
COMMENTS	
<ul style="list-style-type: none"> <li>• Soap and water is the preferred method for hand hygiene</li> <li>• <a href="#">GI Adult Patient Placement Algorithm</a></li> <li>• <a href="#">GI Outbreak Resources</a></li> </ul>	

## West Nile Virus (*Orthoflavivirus*)

### CLINICAL PRESENTATION

Sudden onset fever, headache, muscle pain and weakness, abdominal pain, nausea, vomiting and diarrhea, may have rash

#### INFECTIOUS SUBSTANCES

Bite from an infected mosquito

#### HOW IT IS TRANSMITTED

Mosquito borne (vector)  
Rare human-to-human transmission can occur through blood transfusion, organ transplant, by breastmilk or transplacental

### PRECAUTIONS NEEDED

#### ACUTE CARE

##### Routine Practices

#### LONG-TERM CARE

##### Routine Practices

#### COMMUNITY

##### Routine Practices

#### PEDIATRICS

##### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

#### INCUBATION PERIOD

Variable, usually 3 - 21 days

#### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- [REPORTABLE DISEASE](#)
- Transmission is limited to geographical areas where the virus is circulating.
- For more information, please see [BCCDC West Nile Virus \(WNV\) Information for Health Professionals](#).

## Yaws (*Treponema pallidum* subspecies *pertenue*)

CLINICAL PRESENTATION	
Cutaneous lesions, late-stage destructive lesions of skin and bone	
INFECTIOUS SUBSTANCES	HOW IT IS TRANSMITTED
Exudates from skin lesions	Direct contact with the skin lesions
PRECAUTIONS NEEDED	
ACUTE CARE	Routine Practices
LONG-TERM CARE	Routine Practices
COMMUNITY	Routine Practices
PEDIATRICS	Routine Practices
DURATION OF PRECAUTIONS	
Not applicable	
INCUBATION PERIOD	PERIOD OF COMMUNICABILITY
9 - 90 days	Variable
COMMENTS	

## Yellow Fever (*Orthoflavivirus*)

### CLINICAL PRESENTATION

Sudden fever, chills, headache, back and muscle aches, nausea, vomiting, prostration, jaundice

#### INFECTIOUS SUBSTANCES

Bite from an infected mosquito

#### HOW IT IS TRANSMITTED

Mosquito borne (vector)  
No human-to-human transmission

### PRECAUTIONS NEEDED

#### ACUTE CARE

**Routine Practices**

#### LONG-TERM CARE

**Routine Practices**

#### COMMUNITY

**Routine Practices**

#### PEDIATRICS

**Routine Practices**

### DURATION OF PRECAUTIONS

Not applicable

#### INCUBATION PERIOD

3 - 6 days

#### PERIOD OF COMMUNICABILITY

Not applicable

### COMMENTS

- [REPORTABLE DISEASE](#)
- Transmission is limited to geographical areas where the virus is circulating (ie, South America and Africa).
- For more information, please see [BCCDC Yellow Fever Information for Health Professionals](#)

## Yersiniosis (*Yersinia spp.*)

Includes: *Y. enterocolitica*, *Y. pseudotuberculosis*, *Y. kristensenii*, etc.

### CLINICAL PRESENTATION

Diarrhea

#### INFECTIOUS SUBSTANCES

Feces

#### HOW IT IS TRANSMITTED

Fecal-oral, direct contact, indirect contact, foodborne

### PRECAUTIONS NEEDED

ACUTE CARE	<b>Routine Practices</b>	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"> <li>• Incontinent</li> <li>• Stool not contained</li> <li>• Poor hygiene</li> <li>• Contaminating their environment</li> </ul>
LONG-TERM CARE	<b>Routine Practices</b>	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"> <li>• Incontinent</li> <li>• Stool not contained</li> <li>• Poor hygiene</li> <li>• Contaminating their environment</li> </ul>
COMMUNITY	<b>Routine Practices</b>	<b>Contact Precautions</b> For Adults if: <ul style="list-style-type: none"> <li>• Incontinent</li> <li>• Stool not contained</li> <li>• Poor hygiene</li> <li>• Contaminating their environment</li> </ul>
PEDIATRICS		<b>Contact Precautions</b>

### DURATION OF PRECAUTIONS

Until symptoms have stopped for 48 hours AND return to baseline bowel movements, OR (for adults) until they are continent and have good hygiene.

#### INCUBATION PERIOD

1 - 14 days

#### PERIOD OF COMMUNICABILITY

Duration of diarrhea

### COMMENTS

- [REPORTABLE DISEASE](#)

## Zika Virus (*Orthoflavivirus*)

### CLINICAL PRESENTATION

Fever, skin rashes, conjunctivitis, muscle and joint pain, malaise, and headache. Congenital microcephaly and neurologic sequelae.

### INFECTIOUS SUBSTANCES

Blood, body fluids

### HOW IT IS TRANSMITTED

Mosquito borne (vector)  
Pregnant individual to fetus in utero  
Possibly sexually transmitted

### PRECAUTIONS NEEDED

#### ACUTE CARE

#### Routine Practices

#### LONG-TERM CARE

#### Routine Practices

#### COMMUNITY

#### Routine Practices

#### PEDIATRICS

#### Routine Practices

### DURATION OF PRECAUTIONS

Not applicable

### INCUBATION PERIOD

3 - 12 days

### PERIOD OF COMMUNICABILITY

Unknown

### COMMENTS

- [REPORTABLE DISEASE](#)
- Zika virus has been detected in breastmilk, but the benefits of breastfeeding for the infant and mother outweigh any potential risk transmission through breastmilk.