

Additional Precautions Pocket Reference for Adults				
This list is not all-inclusive. For more information refer to the VCH Diseases and Conditions Table				
	N95 Respirator	Procedure mask and eye protection	Gown	Gloves
AIRBORNE				
Measles (Rubeola)	✓			
TB (<i>Mycobacterium tuberculosis</i> : pulmonary; laryngeal)	✓			
AIRBORNE AND CONTACT				
Chickenpox	✓		✓	✓
Shingles (Herpes Zoster, disseminated)	✓		✓	✓
Shingles (localized, immunocompromised host)	✓		✓	✓
AIRBORNE AND CONTACT PLUS DROPLET				
MERS-CoV (Middle East respiratory syndrome)	✓	✓ (eye shield)	✓	✓
SARS-CoV (Severe acute respiratory syndrome)	✓	✓ (eye shield)	✓	✓
DROPLET				
Meningococcal disease, invasive: <i>Neisseria meningitidis</i> in blood, CSF or pneumonia		✓		
Mumps		✓		
Mycoplasma pneumoniae		✓		
Pertussis		✓		
Rubella (German measles)		✓		
DROPLET AND CONTACT				
Burkholderia cepacia, respiratory specimen (Cystic Fibrosis patients)		✓	✓	✓
Influenza A or B and RSV* (Airborne & Contact ventilated patients in ICU)		✓	✓	✓
Other viral respiratory infections* (e.g., adenovirus, parainfluenza, human metapneumovirus) (High Risk Units only ¹) (Airborne & Contact ventilated patients in ICU)		✓	✓	✓
Routine Practices in all other clinical areas				
MRSA in sputum with respiratory symptoms		✓	✓	✓
Necrotizing fasciitis		✓	✓	✓
Streptococcus, Group A (GAS) – Invasive (GAS in blood, CSF, joint fluid, nec fasc)		✓	✓	✓
CONTACT				
Bed Bugs (Contact until clothing bagged/room cleaned)			✓	✓
Burkholderia cepacia, non-respiratory specimen (Cystic Fibrosis patients)			✓	✓
Carbapenemase Producing Organisms (CPO)			✓	✓
Lice			✓	✓
MRSA			✓	✓
Scabies			✓	✓
Shingles, localized, normal host, coverable			✓	✓
CONTACT PLUS (GI)				
<i>Clostridium difficile</i>			✓	✓
Hepatitis A and E			✓	✓
Norovirus (Add Droplet: vomiting; flushing body fluids)			✓	✓

¹ Isolate in High Risk Units only: Bone Marrow Transplant (BMT), Intensive Care Unit (ICU), Burns/Trauma High Acuity (BTHA), Solid Organ Transplant, Thoracic.

* AGMPs require an N95 and eye protection for all clinical areas

Additional Precautions Pocket Reference for Adults: WITH THE FOLLOWING SYMPTOMS

This list is not all-inclusive. For more information go on-line to: IPAC manual at <http://www.ipac.vch.ca>

	N95 Respirator	Procedure mask and eye protection	Gown	Gloves
AIRBORNE				
Fever, cough (2-3 weeks), weight loss, night sweats, hemoptysis and abnormal CXR or CT in person with risk factors for pulmonary TB (HIV with low CD4 counts, Aboriginal, foreign born)	✓			
Fever with maculopapular rash, cough, coryza, conjunctivitis	✓			
AIRBORNE AND CONTACT				
Fever with vesicular rash, headache, malaise	✓		✓	✓
AIRBORNE AND CONTACT PLUS DROPLET				
Worsening respiratory illness: Fever, cough, shortness of breath, difficulty breathing, headache, muscle aches, sore throat, fatigue, diarrhea; travel history to MERS or SARS affected region within 14 days, or close contact with person suspected of having SARS	✓	✓ (eye shield)	✓	✓
DROPLET				
Fever with parotid swelling and tiredness, or persistent cough with difficulty breathing and exhaustion		✓		
Headache, fever, neck stiffness, photophobia, decreased LOC		✓		
DROPLET AND CONTACT				
Acute respiratory tract infection (acute cough or change in chronic cough, pharyngitis, fever, myalgia, arthralgia)*		✓	✓	✓
Toxic Shock Syndrome		✓	✓	✓
CONTACT				
Known colonization or infection with isolatable organism			✓	✓
Wound or cellulitis with uncontained drainage			✓	✓
Infestation until treatment and resolved			✓	✓
CONTACT PLUS (GI)				
Diarrhea, acute, with possible infectious cause (Add Droplet: vomiting; flushing body fluids)			✓	✓

Airborne	<ul style="list-style-type: none"> Negative pressure, private room with bathroom (anteroom where available) Room door shut at all times Fit tested N95 respirator for all staff, fit check for visitors Procedure mask for patient if they must leave their room for tests After patient discharge, keep room vacant for 1 hour
Airborne and Contact	Same as above plus <ul style="list-style-type: none"> Wear gown and gloves in addition to N95 respirator
Airborne and Contact plus Droplet	All of the above <ul style="list-style-type: none"> Wear eye protection (i.e. face shield or goggles)
Droplet	<ul style="list-style-type: none"> Private room with bathroom Room door may remain open Procedure mask and eye protection for staff and visitors Procedure mask for patient if they must leave their room for tests Dedicate re-usable equipment or clean and disinfect before next use
Droplet and Contact	Same as above plus <ul style="list-style-type: none"> Gown and gloves for staff and visitors Staff wear N95 respirator with eye protection when performing AGMP*
Contact	<ul style="list-style-type: none"> Private room with bathroom, or cohort with patients with same organism Dedicate commode if unable to provide private bathroom Room door may remain open Gown and gloves for staff and visitors when contact with patient or patient's environment Patient wears clean gown, performs hand hygiene, and all drainage is contained before leaving room Dedicate re-usable equipment or clean and disinfect before next use
Contact Plus (GI)	Same as above for Contact, except <ul style="list-style-type: none"> Hand hygiene is with soap and water, and if not readily available, at first opportunity Gown and gloves are donned BEFORE ENTRY to patient room by all staff and visitors Add Droplet Precautions when patient is vomiting or when flushing diarrhea or vomitus