
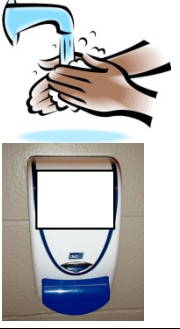
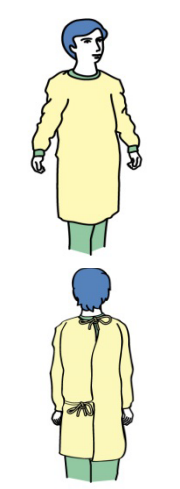











## Contact Precautions

In addition to [Routine Practices](#)

	<h3>Accommodation</h3> <ul style="list-style-type: none"> <li>➤ Private Room with bathroom (recommended whenever possible). If a private room is not available, patients<sup>1</sup> with the same organism may be placed on Contact Precautions within the same room (cohort).</li> <li>➤ <b>Contact Precautions</b> sign visible on entry to room or bed space.</li> <li>➤ Room door may remain open (close door if an aerosol generating procedure is in progress).</li> </ul> <p><b>Temporary Accommodation of Patients on Contact Precautions</b> (i.e. Emergency Room, Ambulatory Care areas, not including inpatient hallways) until private or cohort room becomes available:</p> <ul style="list-style-type: none"> <li>➤ Create a barrier to define the precautions space, i.e. privacy curtains, or portable, wipe-able screen.</li> <li>➤ Ensure alcohol-based hand rub (ABHR) or hand washing sink is readily available at point of care.</li> <li>➤ The precaution space shall be treated as though it is a separate room.</li> <li>➤ Assign the isolated patient a dedicated commode at the bedside.</li> </ul>
	<h3>Hand Hygiene</h3> <ul style="list-style-type: none"> <li>➤ Perform <a href="#">hand hygiene</a> using ABHR or soap and water as described in <a href="#">Routine Practices</a>.</li> <li>➤ Perform hand hygiene:             <ul style="list-style-type: none"> <li>• before accessing and putting on a gown and gloves,</li> <li>• after taking off gloves and gown</li> </ul> </li> <li>➤ Educate patients and visitors on how and when to perform hand hygiene.</li> </ul>
	<h3>Personal Protective Equipment: Gown</h3> <ul style="list-style-type: none"> <li>➤ Put on a new gown before entering the patient room or bed space if there will be any contact with the patient or their environment.</li> <li>➤ Fasten tie strings at the neck and the waist.</li> <li>➤ Make sure the sleeves cover your wrists.</li> <li>➤ Put on gown before putting on gloves; gloves should cover the gown cuffs.</li> <li>➤ <b>Do not wear gown outside of the patient room/bed space unless transporting contaminated items.</b></li> <li>➤ Take off gloves and gown, and perform hand hygiene.</li> <li>➤ <b>Remove soiled gown as soon as possible before leaving the patient room.</b></li> <li>➤ Place used gowns in linen hamper if reusable or garbage if disposable.</li> </ul> <p>Refer to: VCH <a href="#">Donning (put on) Personal Protective Equipment</a> and <a href="#">Doffing (take off) Personal Protective Equipment</a> posters for details on careful removal and disposal of gowns.</p>

<sup>1</sup> Patients are all persons who receive or have requested health care or services. The terms “client” or resident” may also be used, depending on the health care setting.

	<h3>Personal Protective Equipment: Gloves</h3> <ul style="list-style-type: none"> <li>➤ Wear non-sterile gloves to enter patient room or bed space.</li> <li>➤ Put on <b>gown first and gloves after</b>; gloves should cover gown cuffs.</li> <li>➤ Gloves are single use. Use only once, then dispose of them immediately after use.</li> <li>➤ Change gloves between care activities for the same patient (i.e. work from clean to dirty sites; change gloves after working on a contaminated body site).</li> <li>➤ Sterile gloves are for sterile procedures.</li> <li>➤ <b>Never wear gloves outside a patient room or bed space unless transporting contaminated items.</b></li> <li>➤ Remove damaged gloves and perform hand hygiene.</li> <li>➤ Never wash gloves or use ABHR while wearing gloves.</li> <li>➤ Take off gloves and discard in waste container, remove gown, and then perform hand hygiene.</li> </ul> <p>Refer to: VCH <a href="#">Donning (put on) Personal Protective Equipment</a> and <a href="#">Doffing (take off) Personal Protective Equipment</a> posters for details on careful removal and disposal of gloves.</p>
 	<h3>Personal Protective Equipment: Mask and Eye Protection</h3> <ul style="list-style-type: none"> <li>➤ Wear a mask and eye protection according to the Point of Care Risk Assessment when there is a risk of splash or spray as described in <a href="#">Routine Practices</a>.</li> <li>➤ Add Droplet Precautions for patients with: <ul style="list-style-type: none"> <li>• respiratory symptoms, and</li> <li>• Antibiotic Resistant Organisms (AROs) found in their sputum.</li> </ul> </li> <li>➤ Change signage and follow guidelines for <b>Droplet &amp; Contact Precautions</b>.</li> </ul> <p>Refer to: VCH <a href="#">Donning (put on) Personal Protective Equipment</a> and <a href="#">Doffing (take off) Personal Protective Equipment</a> posters for details on careful removal and disposal of mask and eye protection.</p>
 	<h3>Handling Patient Care Items and Equipment</h3> <ul style="list-style-type: none"> <li>➤ Use disposable patient equipment when possible.</li> <li>➤ Minimize quantity of supplies and belongings brought into the patient's room.</li> <li>➤ Dedicate reusable equipment to a single isolation patient, until discharge (i.e. blood pressure cuff, commode); clean and disinfect equipment between uses.</li> <li>➤ If reusable equipment cannot be dedicated to a single isolation patient, clean and disinfect thoroughly between patients.</li> <li>➤ Contact Precautions rooms should contain a dedicated soiled linen hamper.</li> <li>➤ Do not share any items between patients that cannot be cleaned or disinfected (i.e. electronic gaming devices, magazines).</li> <li>➤ Facility bathing tubs/showers can be used for patients on Contact Precautions ensuring the tub/shower is cleaned and disinfected after each patient use. Schedule patients on precautions at the end of the days' shower schedule when possible. Use hospital approved cleaning and disinfection products.</li> <li>➤ After patients are discharged, discard single-use supplies that remain and launder unused linens.</li> <li>➤ Meal trays and beverage dishes do not require special handling.</li> </ul>

	<h3>Patient Ambulation Outside Room, Bed Space or Transfer</h3> <ul style="list-style-type: none"> <li>➤ Notify the receiving area before departure of the need for Contact Precautions.</li> <li>➤ If Antibiotic Resistant Organism (ARO), include information on transfer documentation.</li> <li>➤ Patients may leave the room or bed space for necessary tests, rehabilitation, or ambulation.</li> <li>➤ Before patient leaves their room, educate or assist them to:             <ul style="list-style-type: none"> <li>● perform hand hygiene;</li> <li>● put on clean clothing or hospital gown/housecoat, or cover with clean blanket;</li> <li>● ensure dressings and incontinence products contain drainage.</li> </ul> </li> <li>➤ Hard surface medical chart covers should be wiped and stored to prevent soiling during transport (in plastic bag under stretcher or in wheelchair pocket).</li> <li>➤ Transport staff:             <ul style="list-style-type: none"> <li>● Use personal protective equipment (PPE) according to the Contact Precautions sign on entry to the patient room. Remove PPE, perform hand hygiene and use a wipe to clean and disinfect the handles of the wheelchair/stretcher on exit from the room.</li> <li>● Use a point of care risk assessment to assess the risk of patient contact during transport and choose to carry clean personal protective equipment if indicated. If used on transport, PPE is to be removed when patient handling is complete. PPE must be removed and hand hygiene performed between contact with the patient and contact with the healthcare environment (e.g., elevator buttons)</li> <li>● At destination, don PPE on entry to patient room if patient handling is required and remove on exit followed by hand hygiene.</li> </ul> </li> <li>➤ Clean and disinfect transport wheelchair/stretcher between patients.</li> </ul>
	<h3>Patient Hygiene</h3> <ul style="list-style-type: none"> <li>➤ Daily access to or assistance with:             <ul style="list-style-type: none"> <li>● Clean gown/clothes (additionally when soiled)</li> <li>● Linen change (sheets, pillowcase, towels, face cloth) (additionally when soiled)</li> <li>● Oral care</li> <li>● Bathing (includes use of cleaning wipes and/or bath basin)</li> </ul> </li> </ul>
	<h3>Family and Visitors</h3> <ul style="list-style-type: none"> <li>➤ Encourage family and visitors to perform hand hygiene.</li> <li>➤ Instruct family and visitors to:             <ul style="list-style-type: none"> <li>● Put on and take off gown and gloves, and perform hand hygiene if participating in the care of the patient</li> <li>● Keep the visitors to a minimum.</li> </ul> </li> </ul>
	<h3>Environmental Cleaning</h3> <ul style="list-style-type: none"> <li>➤ Room surfaces and equipment cleaning/disinfection is required on a daily basis or more frequently if directed by Infection Prevention and Control, using VCH approved cleaning and disinfection products and procedures for Contact Precautions.</li> <li>➤ After patient discharge or transfer, clean room as per current environmental services cleaning guidelines.             <ul style="list-style-type: none"> <li>● Do not remove Contact Precautions sign until cleaning is complete.</li> <li>● Replace privacy curtains.</li> </ul> </li> </ul>