

GUIDANCE DOCUMENT

Daily Enhanced Cleaning requirements for LTC facilities during COVID

Update: 21 May 2020

Purpose

To provide guidance on the requirements for the daily enhanced cleaning for the care homes during COVID.

Procedure

Enhanced daily clean is an initial daily clean of surfaces with an additional clean of high touch surfaces to twice daily

A daily clean of all areas of the care home, including the bathroom, using a two step cleaner/disinfectant is required

- Start by cleaning the doors, door handles, push plate and touched areas of frame
- Check walls for visible soiling and clean if required
- Clean light switches
- Check and remove fingerprints and soil from low level interior glass partitions, glass door panels, mirrors and windows with glass cleaner.
- Clean all furnishings and horizontal surfaces in the room including chairs, window sill, and other tables or desks. Lift items to clean the tables. Pay particular attention to high-touch surfaces.
- Clean waste bins.
- Clean bathroom/ (see bathroom procedure)
- Clean floors
- Remove gloves and perform hand hygiene.
- Replenish supplies with clean hands.
- Clean hands when leaving the room.

Sequence of bathroom cleaning

Follow routine daily clean sequence:

Clean:

- Bathroom, working from clean to dirty and high to low areas of the room
- Door handle, frame and light switch
- Chrome wall attachments
- Inside and outside of sink, sink faucet and mirror; wipe plumbing under sinks and dry fixtures
- All dispensers and frames
- Support railings, ledges/shelves
- Shower/tub faucet including walls and railings, scrubbing as required to remove soap scum, inspect grout for mold; rinse and wipe dry
- Waste can
- Handle then entire toilet including the seat riser and underside of flush rim

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- Remove gloves and perform hand hygiene
- Replenish supplies with clean hands
- Clean hands when leaving the room

Additional clean:

- An additional cleaning and disinfection of:
 - Affected rooms of residents/clients on additional precautions including the bathroom and shower facilities 6-8 hours following the initial cleaning and disinfection of the area.
- See list of High touch surfaces (appendix A)
- The cleaner/disinfectant used should be effective for enveloped viruses.

When cleaning staff area ensure to include the following for daily cleaning requirements:

Medication carts	Charting desks/tables
Touch screens	Chairs
White boards	Outside of sharps container

Dedicate housekeeping cart and mop bucket/mop to the COVID-19 unit whenever possible. When not possible, decant cleaning supplies to another cart.

Clean and disinfect mop bucket, carts and any reusable item before leaving the unit.

Change mop solution between rooms.

References

1. Public Health Agency of Canada. (April, 2020) Infection Prevention and Control for COVID-19. Second Interim Guidance for Acute Healthcare Settings
2. VCH. (April 8, 2020) IPAC BEST PRACTICES GUIDELINE Environmental Cleaning on COVID-19 Cohort Units
3. Provincial Infection Control Network of British Columbia (PICNet). British Columbia Best Practices for Environmental Cleaning for Prevention and Control of Infections in all Healthcare Settings and Programs. September 2016.

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Appendix A

High Touch Surfaces

Nursing area	
Counters	Telephone(s)
Chairs	Keyboard(s)
Light Switches	Pager or cell phone, keys
Hand washing sink	Computer charts/ screens
Staff Room (s)	
Door and knob on entry and exit	Telephone
Resident Common Areas	
Chairs and end tables	Kitchenette
Hallways	
Doors and Handles	Elevator buttons
Key pads	Handrails
Resident Room	
Light Switches	Bedside Chairs
Bedrails	Wheelchair and/or Walker
Bedside tables	TV Controller
Over-bed light	Call button/ pull chord
Over bed tables including framework	Telephone
Door handles	Hand washing sink
Resident bathrooms/ staff bathrooms	
Light Switch	Bathroom sink
grab bars	Floor
Faucets, sink, counter	Door handles
Commode/ toilet (lever/flush, horizontal surfaces, seat)	Shower faucet, shower chair, grab bars
Outside paper towel dispenser	
Other	
Shelves and items handled regularly	Garbage can
Dedicated Laundry Hamper	