

This hand hygiene self-assessment is for direct patient/client/resident care staff in clinical setting where direct observational hand hygiene audits cannot be done. It is intended to increase hand hygiene awareness and improve compliance.

Name: _____

Primary Role: _____

Primary Worksite: _____

1. Please tell us about the work you do:
 - I provide direct care I do not provide direct care
2. I have completed the PICNet – Provincial Hand Hygiene Basics course on LearningHub (required every 2 years for all VCH staff).
 - Yes No
3. My fingernails are clean and short (less than 3 mm) with no artificial nails, extenders, or nail polish.
 - Yes No
4. I remove hand and wrist accessories (e.g., watches, rings) prior to performing hand hygiene.
 - Yes No
5. I clean my hands (with alcohol-based hand rub or soap and water) before contact with the patient/client/resident or their environment – Hand Hygiene Moment 1.
 - Always Almost Always Seldom Never
6. I clean my hands before any aseptic procedure (i.e. wound care, injections, eye drop administration, oral care, etc.) – Hand Hygiene Moment 2.
 - Always Almost Always Seldom Never
7. I clean my hands after body fluid exposure – Hand Hygiene Moment 3.
 - Always Almost Always Seldom Never
8. I clean my hands after contact with the patient/client/resident or their environment – Hand Hygiene Moment 4.
 - Always Almost Always Seldom Never
9. I clean my hands with soap and water if they become visibly soiled.
 - Always Almost Always Seldom Never
10. I clean my hands before putting on and taking off gloves.
 - Always Almost Always Seldom Never
11. The most common barrier to hand hygiene I encounter in my job is:
 - None/no barriers
 - No time
 - No supplies
 - Physical barriers to hand washing (e.g. no sink)
 - Environmental barriers to hand washing (e.g. no clean water)
 - None of these choices

Comments: