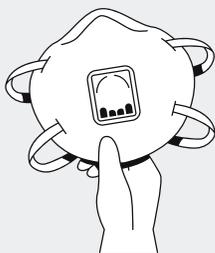


# Airborne Precautions

Information for Patients, Families, and Visitors

## Why am I receiving this pamphlet?

Everyone has germs. Most germs are harmless, some are helpful. However, a few germs can make people sick and spread easily in the hospital environment. Our goal is to protect our patients, their families, and visitors from those germs. Germs that can spread easily within the hospital environment and make other patients sick have been found on your body. Airborne Precautions are a way of stopping the spread of germs from one person to another.



## What are Airborne Precautions?

Airborne Precautions are a set of simple actions that work together to slow down or stop the spread of these germs. The simple actions are wearing a special face covering and keeping you separate from other patients.

## How to Prevent the Spread of Infection in Healthcare Facilities and Home



### HOSPITAL

#### The staff will:

- Place you in a single room with special air flow where the door must remain closed.
- Wear a special face cover called an N95 respirator.
- Place an Airborne Precaution sign on your door to remind others who enter your room about the special precautions.
- Clean and disinfect the room and the equipment used in the room regularly.
- Everyone who leaves your room must clean their hands well.

#### You should:

- Wear a regular mask to leave the room.
- Only leave the room with permission.
- Clean your hands before you leave your room.

#### Family and Visitors should:

- Not visit other patients as this may cause germs to spread.
- Wear a special face covering when they enter your room.
- Clean their hands and remove their special mask after leaving the room.



### OUTPATIENT CLINIC

#### Your healthcare provider will:

- Clean their hands well and frequently.
- Wear a special face cover called an N95 respirator

#### You should:

- Call before attending appointment to ensure they are aware of your symptoms.
- Be ready to rebook if necessary.
- Wear a mask if you are given the okay to attend.
- Do hand hygiene using alcohol based hand rub when you enter and leave.
- Use tissue in the clinic setting to cover your cough and/or sneeze and discard tissues in available waste bins. Clean your hands after discarding the tissue.



### LONG-TERM CARE

#### Healthcare staff will:

- Place a sign on your door to remind others who enter your room about the special precautions.
- Wear a special face cover called an N95 respirator.
- Clean their hands well and often.

#### You will:

- Wear a mask and clean your hands if you have to leave your room.
- Not be able to leave your room or participate in activities until you are instructed to.

#### Family and visitors will:

- Clean their hand before entering and when leaving.
- May wear a special face cover called an N95 respirator.



### HOME

#### Healthcare staff will:

- Wear a special face cover called an N95 respirator.
- Clean their hands well and often.

#### You and/or your family should:

- Ensure staff have access to a clean sink with warm running water if needed.
- Have a garbage bin available for the staff to discard their personal protective equipment. Put the waste in your regular household garbage.
- Clean your hands before you make any food, before you eat, after using the toilet, and after sneezing, coughing, or blowing your nose.
- Launder clothing and linens in the same manner as the rest of the household laundry.
- Do routine cleaning using common household disinfectants.

#### In addition, you should:

- Attend all appointments and take your medication as instructed.
- Wear a mask around others until you are instructed to.
- Eat your meals in a separate area until you are instructed not to.