

# POSH Update #15:

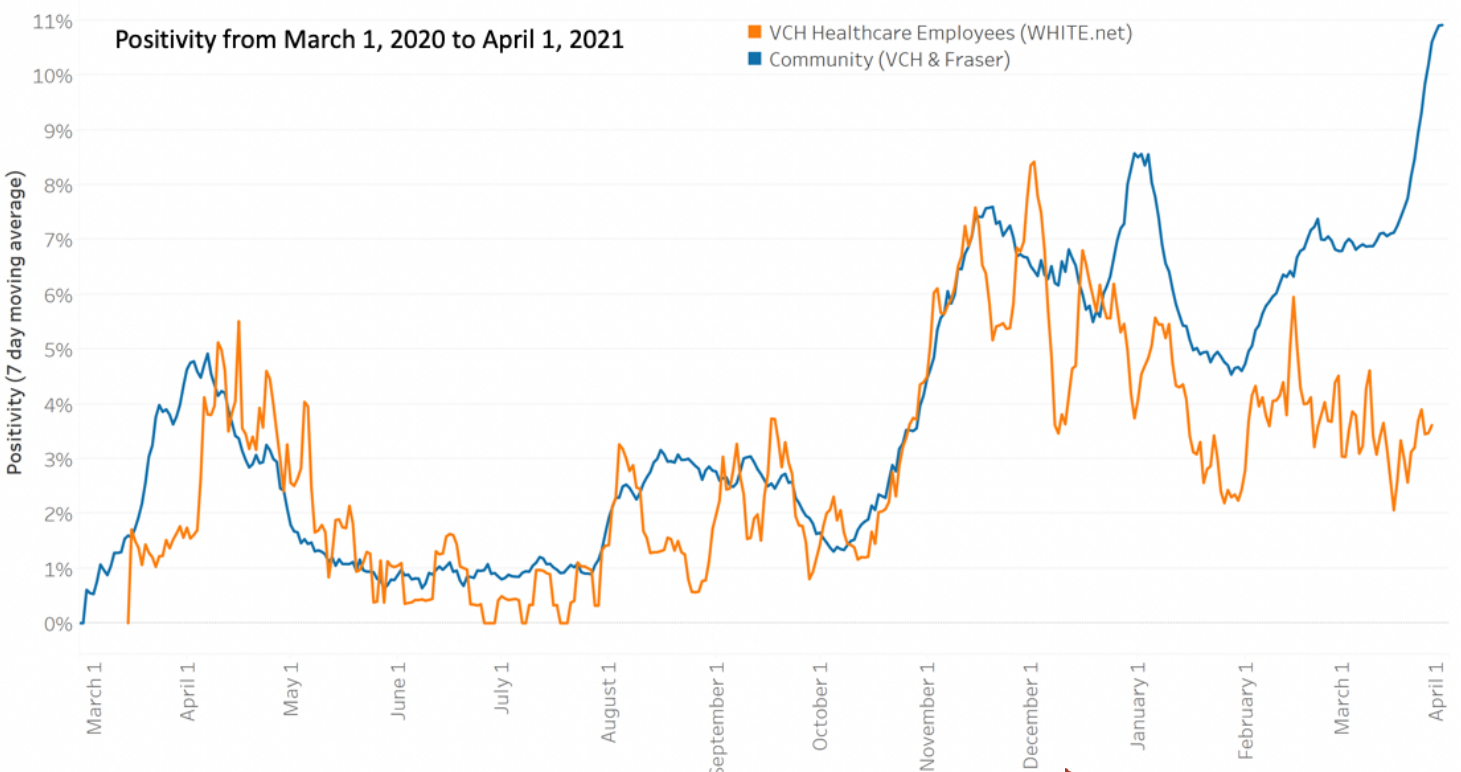
This information is accurate as of April 1, 2021

**VCH Healthcare Workers  
are Well-Protected:  
Keep up the Precautions!**



Vaccination of VCH staff has been tremendous – over **94% of medical staff** and over **75% of all employees** so far.

**Healthcare worker COVID-19 positivity is decreasing despite the surge, thanks to vaccinations.**



**"If I have been fully vaccinated;  
why do I still have to self-isolate after a  
COVID-19 exposure?"**



Unlike US CDC [guidelines](#) which allow flexibility for fully vaccinated people, the [recommendation](#) in BC and Canada have not changed: **vaccinated people are to continue taking the same precautions as before.** Why?

Fully vaccinated persons may still be able to acquire and transmit the virus to non-vaccinated people and may contribute to outbreaks.

Also, available vaccines may not be as effective against some variants of concern.

Active study on these issues is underway. **As more people become vaccinated, [restrictions](#) will likely be relaxed – but not yet.**

**Better safe than sorry. Your patience is appreciated.**

## REFERENCES & RESOURCES

- CDC. Public health recommendations for fully vaccinated people. March 8, 2021. <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html>.
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- Galanti M et al. The importance of continued non-pharmaceutical interventions during the upcoming SARS-COV-2 vaccination campaign medRxiv. medRxiv; 2020 [cited 2021 Mar 26]. p. 2020.12.23.20248784.: <https://doi.org/10.1101/2020.12.23.20248784>



Please feel free to contact **POSH.COVID@ubc.ca** for questions about vaccines, exposures, and protective measures.